



Orientation Session on Growth Mindset and Personal Ownership

Date: 28-10-2025

Venue: Seminar Hall, RVIM, Bangalore.

Time: 9.30 am to 11.30 pm

**Resource Person: Mr. RamG Vallath,
Resilience Coach, Bangalore**

No. of Participants: 100

**Event Coordinators: Dr. Rashmi Shetty &
Prof. Anitha BM D'Silva**

An insightful and reflective session was conducted for MBA students at RV College of Management, focusing on the importance of cultivating a growth mindset as a daily, conscious choice rather than a theoretical concept. The discussion emphasized how mindset plays a crucial role in navigating setbacks, challenges, and long-term career growth.

The objectives of the session were:

- To help students understand that a growth mindset is a deliberate daily practice.
- To reinforce the idea that abilities and skills can be developed through effort and persistence.
- To highlight the importance of taking total ownership of one's actions and outcomes.
- To reframe failure as a learning opportunity rather than a personal judgment.
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The Key Skills Discussed:

- Growth Mindset as a Daily Choice:
- The session emphasized that a growth mindset is not a one-time decision or motivational slogan, but a conscious choice individuals make every day—especially during moments of difficulty and failure.
- Learning Through Being a Beginner:
- Drawing from the speaker's personal journey, students learned that any ability can be developed through hard work, persistence, and the courage to start as a beginner.
- Total Ownership and Accountability:
- The importance of taking complete ownership of one's actions, decisions, and outcomes was discussed as a critical driver of both success and continuous learning.
- Redefining Failure:
- Failure was reframed as feedback rather than a reflection of personal worth. Students were encouraged to view setbacks as opportunities to learn, adapt, and course-correct.

Interaction and Engagement:

The students actively engaged in reflective discussions, sharing their own experiences with failure, self-doubt, and growth. Their thoughtful questions highlighted a strong desire to build resilience, take ownership of their learning journey, and develop a mindset that supports long-term success.

Conclusion

The session left students with a powerful takeaway: growth is a choice made every day. By embracing ownership, persistence, and a healthy relationship with failure, students are better equipped to navigate challenges and continuously evolve in their personal and professional lives.



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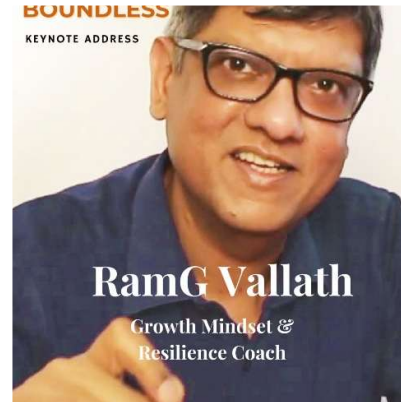
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PHOTO GALLERY:

Pic 1



Pic 2



Pic 3



Pic 4

