



RASHTREEYA SIKSHANA SAMITHI TRUST

R V INSTITUTE OF MANAGEMENT

CA 17, 26 Main, 36th Cross, 4th T Block, Jayanagar
Bengaluru, Karnataka 560 041



A Report on Outbound Activities conducted for I Semester MBA students in 3 batches

Date: 16th & 17th November 2019
23rd & 24th November 2019
21st & 22nd December 2019

Venue: Eagle Unbound ,Kaggalipura,
Off Kanakapura Main Road,
Benagaluru

Time: Full Day

Resource Person: Col. Romil Bhakuni Mr. Prakash

No. of Participant:163

Event Coordinator: Prof. Payal Jindal ,
Placement Officer-RVIM

Objectives:

- Fun
- Adventure
- Team Building
- Synergy

Agenda/Flow of the Event

a) Arrival and Breakfast

Orientation session was conducted by Col. Romil Bhakuni for the Staff & students and gave an overview of the outbound Activity .

The following activities were conducted :

Day 1

- ❖ Group Obstacle Race(Military Obstacles)
- ❖ Archery & Shooting
- ❖ High Rope Course
- ❖ Mind Games(Team building)
- ❖ Wall climbing
- ❖ **Lunch Break**
- ❖ Zip Line
- ❖ Rain dance
- ❖ **High Tea & Snacks**
- ❖ Tent pitching activity & relaxation
- ❖ Campfire, Music and Dinner

Day 2

- ❖ Trekking
- ❖ Breakfast
- ❖ High rope course
- ❖ Team building Games
- ❖ Lunch Break
- ❖ Departure

Session of the Outbound Training:

Day one: The event began with briefing session by the camp Director Col.Bhakuni. The brief began with the trainer's team introduction followed by the importance of the camp. The trainers began the session for RVIM team with Team building activity that were time –bound games , mix of mind games and physical strength test on zip line and wall climbing. The second part of the day was had leisure activity and fire camp.

Day two: The second day activity began with trekking through a hillock of About 4 kms. This was followed by mind games

Take away for participants

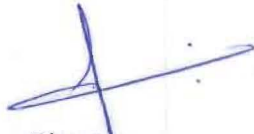
It encouraged several talents to be unearthed making every team member look beyond the routine. The outbound activities rated as excellent. The trip was a break very much required for students. They enjoyed every moment. Students requested for more and more outbound activities again and again.

Feedback of the students:

Students have given positive feedback about the usages of this programme.

- a) Team work
- b) Risk Management
- c) Co-ordination
- d) problem solving

- e) Co-operation
- f) Co-existence
- g) Positive Nature
- h) Self confidence
- i) Leadership



Director



Payal Khandel
Event- Co-coordinator



Rashtreeya Sikshana Samithi Trust

R.V. INSTITUTE OF MANAGEMENT

CA-17, 36TH CROSS, 26TH MAIN, 4TH T BLOCK, JAYANAGAR, BANGALORE -41

Ph: 080-26547048 Fax: 26654920; URL:rvim.edu.in; Email: contact@rvim.edu.in

Ref: 505 /RVIM/MBA/2019-20

Date: 11/11/2019

The Hon. Secretary

RSST Trust

II block, Jayanagar

Bangalore-560011



Respected Sir,

Sub: Proposal to organize Outbound Training for 1st Semester MBA Students of RVIM.

We through our Centre for Training and Placement department organize Outbound Training every year for the new batch. This year we would like to organize a two day Outbound Training for 1st Semester MBA Students of RVIM (Total 180 students into batch of 3 with 60 students each) as per the following schedule at Eagles Unbound- Kaggalipura, Off Kanakapura Road, South Bangalore as our recent experience for staff (during 26th and 27th of August 2019) was good.

1. 1st Batch of 60 students on 16th and 17th November 2019
2. 2nd Batch of 60 students on 23rd and 24th November 2019
3. 3rd Batch of 60 students on 30th November and 1st December 2019.

Objective of the program is to develop:

1. Life skills (Decision Making, Health Management, Stress Management, facing adverse situations etc.)
2. Soft skills (Team Building, Creativity, Time Management etc.)
3. Self-Discovery (Self-Regulation, Self-Motivation etc...)

Total expenditure involved in organizing is as follows:

180 students at Rs.1, 400	= Rs. 2, 52,000
GST @ 5%	= Rs. 12,600
Miscellaneous Expenditure	= Rs. 10,000
Total	= <u>Rs. 2, 74,600</u>

The itinerary is enclosed for your reference.

For your kind consideration and approval.

Thanking you

Truly yours

A. Purushottam
11.11.2019

(Dr. Purushottam Bung)
Professor and Director

Approved
[Signature]
11/11



Alc + Payal

[Signature]
12/11









Ref: /RVIM/MBA/2019-20

Date: 13-11-2019

Circular

This is to inform all the I semester MBA students that Centre for Training and Placement has arranged outbound training at Eagles Unbound, Kaggalipura.

Sl.No	Date	Section
1	16 th & 17 th November 2019	A
2	23 rd & 24 th November 2019	C
3	30 th November & 1 st December 2019	B

All I semester MBA students are requested to assemble in the college by 7.30am.

Kindly carry comfortable clothing and shoes (sports) for trekking and other activities.

Also please carry mosquito repellent cream (Odomos & strips) two bed spread, waterbottle, medicines and other required materials and personal necessities.

Enclosed is the itinerary for your reference and same has been sent through mail. All are requested to attend the same. Attendance is compulsory.

Director

1st Sem MBA

Sec 'A' -

Sec 'B' -

Sec 'C' -

Eagles Unbound

Objective of the Program:

- Fun
- Adventure
- Team Building
- Synergy

Itinerary:

Time	Activity
0900 hours	Arrival
0900 to 1000 hours	Breakfast & Orientation / Safety Briefing
1000 to 1300 hours	<ul style="list-style-type: none"> • Group Obstacle Race (Military Obstacles) • Archery & Shooting • High Rope Course (1 obstacle) in day program; will be replaced by team building games in overnight program • Mind Games (Team Building) • Wall Climbing
1300 to 1400 hours	Lunch
1400 to 1600 hours	<ul style="list-style-type: none"> • Zip line • Rain dance
1600 to 1700 hours	High-Tea & Snacks
1700 to 1900 hours	Tent pitching activity & relaxation
1900 to 2200 hours	Campfire, music and dinner
Day 2	
0630 to 0900 hours	Trekking (please note that the starting point of the trek is 7 km from our campsite for which the client will use their own transport)
0900 to 1000 hours	Breakfast
1000 to 1300 hours	<ul style="list-style-type: none"> • High rope course • Team Building Games
1300 to 1400 hours	Lunch
1400 hours	Departure

- All activities are challenge by choice. Some of the activities are physically challenging. Anyone having any medical conditions must be intimated to Eagles Unbound facilitators.

**Please note that the activities may be rescheduled depending on the weather conditions and group dynamics.

Overnight Program Price (veg): Rs. 1400 + GST



Payal Jindal <payaljindal1@gmail.com>

Day & Overnight Itinerary @ Eagles Unbound

Romil Bhakuni <romil@eaglesunbound.com>
To: Payal Jindal <payaljindal1@gmail.com>
Cc: music madhu <kamplimadhu1965@gmail.com>

5 November 2019 at 14:52

Dear Ma'am,

As discussed, please find the modified menu below:

Breakfast Menu:

Idli, vada, sambhar, chutney, bread, butter/jam, cut fruits, boiled eggs, tea/coffee and badam milk.

Lunch Menu:

Puri, white rice, jeera rice, veg curry, matar paneer, rasam, raita, salad, papad, pickle and gajar halwa.

High-Tea Menu:

Coffee, tea, badam milk and aloo bhonda.

Dinner Menu:

Veg soup, roti, veg curry (with paneer and other vegetables), veg manchurian, veg fried rice, veg noodles, salad, papad, custard and pickle.

- *Day 2*

Breakfast Menu:

Set dosa, pongal, sambhar, chutney, bread, butter/jam, cut fruits, boiled eggs, tea/coffee and badam milk.

Lunch Menu:

Veg biriyani, Mix veg curry, puri, white rice, rasam, raita, salad, papad, pickle and gulab jamun.

After having a word with General, we have agreed to offer a price of Rs. 1400 + 5% GST for an overnight program. It would be great if you could confirm the dates at the earliest and transfer some advance amount. Do let me know if you require any other information.

Best regards,

Romil

[Quoted text hidden]



RULES TO BE FOLLOWED DURING THE OUTBOUND TRAINING PROGRAMME

1. ID-card is to be carried at all times during in the outbound activity.
2. All students are requested to maintain absolute discipline at all times keeping in mind the reputation of the institute.
3. Kindly carry comfortable clothing and shoes (sports) for trekking and other activities during outbound activity. Also please carry mosquito repellent cream (Odomos & strips) two bed spread, waterbottle, medicines and other required materials and personal necessities.
4. Everyone make sure you care of all your valuables at all times during the visit.
5. Smoking or consumption of alcohol is strictly prohibited. Smoking or consumption of alcohol by any member during the outbound activity will lead to severe consequences.
6. Students should carry a scribbling pad and a pen and make sure you submit a report to the placement department about your learning and experience during the training.

RV.Institute of Management-Outbound Training on 23rd and 24th November 2019

S/no.	Name of Student	Phone Number	Signature	Signature
1	ABHISHEK JAGADISH JOSHI	9742368988	A. J. Joshi	A. J. Joshi
2	Akshay Kumar	8660639327	Amarabgi	Amarabgi
3	ANJALI T.M	-	-	-
4	AYUSHI ANAND	7019841459	AA	AN
5	BALAJI RAJ VT	9980583536	Balaji	Balaji P.
6	Bharath Gowda M.R	8553217682	Bharath	Bharath
7	CHANDAN.S	8073826728	Chandhan	Chandhan
8	CLINTAN JOYAN ROCHE	9844630217	Clintan	Clintan
9	Guruprasad. R	8050778802	Guruprasad	Guruprasad
10	KEERTI.R.PATIL	9742473397	Keerti	Keerti
11	KUBERANAND N	9945464533	Kuberanand	Kuberanand
12	LALITHA.T.V	8906444178	Lalitha	Lalitha
13	LAVANYA.H	8618069249	Lavanya	Lavanya
14	LINGRAJ PATIL	7892638260	Lingraj	Lingraj
15	MOHAN.R	9964261700	Mohan	Mohan
16	Muzammil	8073626891	Muzammil	Muzammil
17	N.B. Gowtami	8861891518	N.B. Gowtami	N.B. Gowtami
18	NIKITA M	8277076981	Nikita	Nikita R
19	Pooja Mallappa Patil	9663012603	Pooja	Pooja

20	PRIYANKA V MURTHY	-	-	
21	Ramya. R	9742589513	Ramya	Ramya
22	Ranjith M. N	9686278323	Ranjith m.n.	Ranjith m.n.
23	SAHANA S GAONKAR	9483132313	Saha	
24	SALMAN PASHA	8618774474	Saha	Saha
25	Samarth M	9113986023	Samarth	Samarth
26	Sandesh Shridhar Shet	9743857897	Sandesh	Sandesh
27	SANDESHA TIMMAYYA BHAT	9008811647	Sandesh	Sandesh
28	Sathish Kumar .Y	8531051012	Sathish	Sathish
29	Satish Reddy	8904838006	Satish	Satish
30	Sheshank B T	9686318580	Sheshank B.T.	Sheshank .B.T.
31	Shashank Kharvi	8277721880	Shashank	Shashank
32	Shashi Kiran	9632808787	Shashi Kiran	Shashi Kiran
33	Shashinaga. C	9886457389	Shashinaga	Shashinaga
34	SHREYA ANIL DESHPANDAE	-	-	
35	Shubham Basavaraj Beesankoppa	9482351864	Shubham	Shubham
36	Sindhu Narasimha Hegde	8971101456	Sindhu Hegde	Sindhu Hegde
37	Sneha.M	9743103334	Sneha.M.	Sneha.M.
38	Srihari V	9741534648	Srihari	Srihari
39	Srivalli .N. Gupta	-	-	
40	Subhashini .D	8050173847	Subhashini	Subhashini

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OUTBOUND TRAINING ON 15TH AND 17TH NOVEMBER 2019

Sl No.	Name of Student	Ph. No.	Signature	Signature
1	ABHAY PAI	7483898039		
2	AAKANKSHA RAO B S	9880211899		
3	ABHISHEK HATTI	7022827826		
4	Abhishek Vijaykumar Lakkundi	8867919357		
5	Aishwarya R.K.	9071503805		
6	AKASH ROSARIO	9663508289		
7	Aishwarya Peratah M	8105066191		
8	Archana K.M	9611860735		
9	Akshatha M L	9739071231		
10	Alok Vishwa Hegde	9482707354		
11	Aravind P M	8499957729		
12	AMOL ASHOK NIBARGI	9669281604		
X 13	Anant Rajpai	ABSENT	ABSENT	ABSENT
14	Anirudh Y S	7338303252		
15	Archana V	8553191942		
16	ARUN RAVEENDRA BHAT	8277612604		
17	Athri D A	9280509409		
X 18	Balachandra Adiga	ABSENT	ABSENT	ABSENT
19	BHARATH KIRAN D V	9676423466		
20	BHARATH P	9489931929		
21	Bhargavi	9035625565		
22	Bhumika S J	ABSENT	ABSENT	ABSENT
23	BINDU PRIYA	8123337714		
24	C. Ravikumar	9945829758		
X 25	CHAITRA HIREGOWDARA	ABSENT	ABSENT	ABSENT
26	Cherukuri Triveni	9505294195		
27	Chetan Vijay	8884067776		
X 28	CHIRAAG M	ABSENT	ABSENT	ABSENT

29	Darshan G	7892749873	lots	TV
30	Darshan Toolahalli	8762708874	Dar	DE
31	DEEKSHA G	9742818015	Deeksha	Deeksha
32	Deeksha.K	9731549911	Deeksha	Deeksha
33	Deena K	9844245971	Deena	Deena
34	DEEPAK DESAI	7795784815	Deepak	Deepak
35	Deepika. M	8547793063	Deepika	Deepika
36	Dileep Satish Hegde	8105923488	Dileep	Dileep
X 37	DIVYA MUGADUR	-----	ABSENT	-----
38	DIVYASHREE R	7899919317	Divyashree. R	Divyashree. R
X 39	Ganapati Janardhan Bhat	-----	ABSENT	-----
40	Cowtham S.M	9482444773	Cowtham S.M	Cowtham S.M
41	Greechma G.M	8549801961	Greechma G.M	Greechma G.M
42	Gunjan Raj	7991143715	Gunjan	Gunjan
43	HARSHA N DAS	9972599305	Harsha	Harsha
44	K.Krishnaprasad	9980142634	K.Krishna	K.Krishna
45	Kambham Harshitha	8639161263	K.Harshitha	K.Harshitha
46	KARTHIK AV	9740473924	Karthik	Karthik
47	KARTHIK N D	7259129933	Karthik	Karthik
48	Kriti Shukla	7905746744	Kriti	Kriti
49	LATHASHREE S	9741354577	Lathashree.S.	Lathashree.S.
50	LEENA PARIK	9113888988	Leena	Leena
51	LOKESH MG	8217036546	Lokesh	Lokesh
52	MALAPATI JAIPAL REDDY	8971312130	Jaipal Reddy.M	Jaipal Reddy.M
53	MAMATHA	8549049680	Mamatha	Mamatha
OFT 54	Mamatha Bhaskar Gaonkar	708	ABSENT	-----
55	MEGHANA R T	7353995851	Meghana	Meghana
56	Nagashree Umesh K	9964821584	Nagashree Umesh K	Nagashree Umesh K
57	Narurata .S. Kotur	9035787315	Narurata	Narurata
58	PRAJNA CHIETTY	8497031583	Prajna	Prajna
59	RAHUL JADHAV M	9740600736	Rahul	Rahul
60	RAIATH S	9538362558	Raiath S	Raiath S

61. Swati. (Sec 'B')

8880311183

~~Swati~~

~~Swati~~

RSST

R V INSTITUTE OF MANAGAMENET

OUTBOUND TRAINING AT EAGEL'S UNBOUND ON 21ST AND 22ND DECEMBER 2019

Sl.No	Students Name	Mobile No	Signature (In)	Signature (Out)
1	Ashwathi Sundaram	—	—	
2	Hima Varsha Tharaga. T	9566009176	Hima	Hima
3	K.R. Akshay	9817033661	Akshay	Akshay
4	Karan S.K.	8660199195	Karan	Karan
5	Keerthan Kamath	6362893935	Keerthan	Keerthan
6	Keshav Aditya	9620794333	Keshav Aditya	Keshav Aditya
7	Leelavathi .B. Thite	Present	—	
8	Mahesha S	8861573232	S. Mahesha	S. Mahesha
9	Mallikarjun J	8884544018	Mallikarjun	Mallikarjun
10	Manoj Basappa Katti	8147668098	Manoj	Manoj
11	Mohd Zeeshan Athani	9732268924	Zeeshan	Zeeshan
12	Narahari K.K	9901730946	Narahari	Narahari
13	Nikhil .K	9739413285	Nikhil .K	Nikhil .K
14	Nikita L	8762568272	Nikita	Nikita
15	Nithin Shashindran	—	—	
16	Nithin Varma M	8123698689	Nithin	Nithin
17	Pooja Billava .L	9900712515	Pooja .L	Pooja .L
18	Poornima D Patil	8971575309	Patil	Patil
19	Prajeeth A Goutham	9738309068	Prajeeth	Prajeeth
20	Prajna Pramanik	8402017955	P.Pramanik	P.Pramanik

21	Pramod Parashar M P			
22	Pranav Pramod Kumar	9740412804	Pranav Kumar	Pranav Kumar
23	Prateek Bhat	8431925053		
24	Prathiksha Pawar	8884383356	Prathiksha	Prathiksha
25	Prithvi Shankaranarayana Hegde	9483601872	Prithvi	Prithvi
26	Priyashree. S	8296766511	Priyashree	Priyashree
27	Pushpa Pranitha T	8309424799		
28	R N Rohit	8861306966	Rohit	Rohit
29	Rahul Nair .H	8947960409	Rahul	Rahul
30	Rajashree .S	8826183023	S. Rajashree	S. Rajashree
31	Rakshith P.S	9611293249	Rakshith	Rakshith
32	Rashmi	Rashmi		
33	Reshma Subray Hegde	9481940957	R	R
34	S. Pavan Kumar	9972413517	S. Pavan	S. Pavan
35	Sagar Murlidhar Desai	9972995909	Sagar	Sagar
36	Sainath Vinayak Kulkarni	9611964405	Sainath	Sainath
37	Sandeshsavak S	9900276843	Sandesh	Sandesh
38	Shahista Parveen	9903563922	Shahista	Shahista
39	Sheela Ravish Hegde	9663695543	Sheela	Sheela
40	Shivaprasad D R	8105885854	Shivaprasad	Shivaprasad
41	Shravya Sunder Shetty	9867151007	Shravya	Shravya
42	Shreya S	9538298843	Shreya	Shreya
43	Shreya Satish Deshpande	8867220512	Shreya	Shreya

44	Shreya Shahapurkar	8867145075	<u>Shreya</u>	<u>Shreya</u>
45	Shruthi B	9036438421	<u>Shruthi</u>	<u>Shruthi</u>
46	Smeeta Patil	7259816967	<u>Smeeta</u>	<u>Smeeta</u>
47	Spoorthy M S	—	—	—
48	Sravanthi T	9632889669	<u>Sravanthi</u>	<u>Sravanthi</u>
49	Srinidhi B K	9900816573	<u>Srinidhi</u>	<u>Srinidhi</u>
50	Sumanth O R	8618399314	<u>Sumanth</u>	<u>Sumanth</u>
51	Suraj Muthu	6361333581	<u>Suraj</u>	<u>Suraj</u>
52	Sushma Bhat K	8884407301	<u>Sushma</u>	<u>Sushma</u>
53	Sushmitha P	8147564537	<u>Sushmitha</u>	<u>Sushmitha</u>
54	Swati Kumari	<u>Present</u>	—	—
55	Syed Asif Pasha	7019048592	<u>Asif</u>	<u>Asif</u>
56	Tejashwini S	9945727583	<u>Tejashwini</u>	<u>Tejashwini</u>
57	Thanika Devi	8637476471	<u>Thanika</u>	<u>Thanika</u>
58	Thejasvi N	9738663055	<u>Thejasvi</u>	<u>Thejasvi</u>
59	Vandana Beejadi Venkatesha	7349473996	<u>Vandana</u>	<u>Vandana</u>
60	Vikram Rathod	7200300859	<u>Vikram</u>	<u>Vikram</u>