



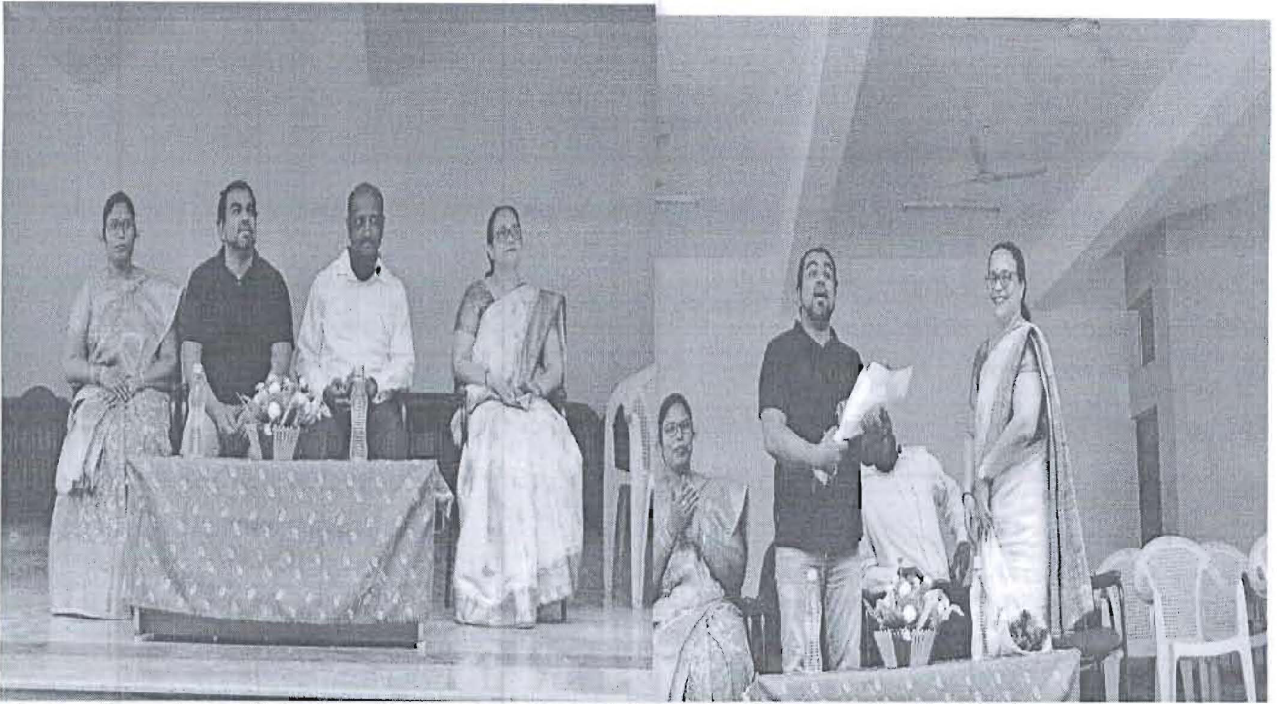
RASI ITRCEYA SIKSHANA SAMITHI TRUST  
**R V INSTITUTE OF MANAGEMENT**  
CA 17, 26 Main, 36th Cross, 4th T Block, Jayanagar  
Bengaluru, Karnataka 560 041

<b>INTERNATIONAL WOMENS DAY</b>	
<b>Date: 8-3-2022</b>	<b>Venue:SSMRV Basement</b>
<b>Time: 9.00am to 10.00am</b>	<b>Semester &amp; Section : I Semester A, B &amp; C</b>
<b>No. of Participant: 133</b>	<b>Event Coordinator: Prof. Anitha B.M.Dsilva</b>
<b>Trainers</b>	<b>Menkeyo Kaiden and Ramesh Jodige</b>
<b>Objectives</b> <ul style="list-style-type: none"><li>▪ To encourage students to take to take part in Self-defense activities organised at the Institute</li><li>▪ To empower women and enable them to defend against any type of physical assault.</li><li>▪ To build self-confidence so that they can contribute meaningfully to their own development, and capacity enhancement through Self-defense training.</li></ul>	
<b>Agenda/Flow of the Event</b> <ul style="list-style-type: none"><li>- Welcome and Introduction of the trainer</li><li>- Brief Achievements of the karate trainer</li><li>- Self-defense katas</li><li>- Demonstration of self-defense techniques for the girls</li><li>- Practices session</li><li>- Vote of thanks</li></ul>	

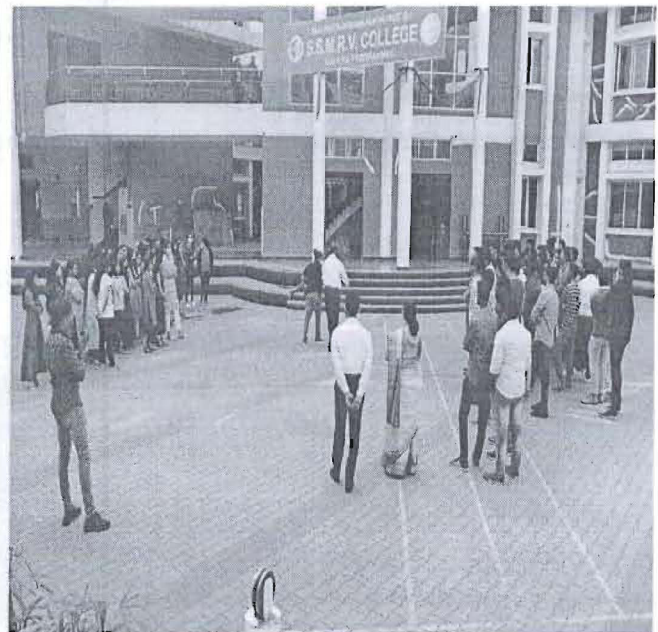
### Invitation For self Defense workshop

The poster features a background of bamboo stalks. At the top left is the RV Institute of Management logo. The text reads: "RV INSTITUTE OF MANAGEMENT", "International Women's Day", "Self Defense Workshop", "By Menkyo Kaiden and Ramesh Jodige", "8th March 2022 | 8:30 to 9:45 AM", and "Break the bias". A QR code is located in the bottom right corner.





Pic: Dr. Jhanavi, Mr. Menkeyo Kaiden, Mr. Ramesh Jodge and Prof. Anitha BM Dsilva on the dais during the inauguration



Pic: self-defense training session for the 1<sup>st</sup> semester students







**Pic: Self-defense techniques demonstrated during the session**



**Pic: Staff, students and trainers posing for a group photograph post the Self-defense workshop on the eve of International Women's day.**



**Feedback/ Coordinators Comment:**

The self-defense programme will improve self-confidence in a woman/Girl. The training program will keep the person safe when they are away from their homes. It will reduce the dependency on others. The training program will get you a healthy and fit lifestyle due to exercise and physical moves. The girl students can handle dangerous and emergency situations that are caused by strangers. They will be physically educated in terms of self-defence and to reduce discrimination.


As a part of the self defence technique our 1<sup>st</sup> semester students both boys and Girls had great interaction with the trainers. They were able to understand the importance to be physically strong, practice certain techniques which may be important in their life. Some of the techniques shown to students include;

1. The Girl students should have high level of confidence in them.
2. The course helps in training the mental health of the woman.
3. The woman who can defend herself against a potential criminal will have a high level of self-confidence.
4. Safety through Self-defence
5. The friends and family should motivate the Girl student she is learning the course/ techniques.
6. The techniques once learnt need to be practiced on regular intervals
7. Keeping healthy and fit is important in today's scenario

**Outcome achieved/ attained:**

The demonstration and techniques imparted during the session made the students realize the importance of being physically strong.

- Sessions are being planned for the girl students every month 1 programme will be initiated.
- Girl students have gone ahead to enroll in Karate classes after the class hours.
- Few students have initiated to create awareness in their schools and colleges where they have studied.

  
Prof. Anitha BM Dsilva  
Event Coordinator





## R V INSTITUTE OF MANAGEMENT

## INTERNATIONAL WOMENS DAY MARCH 8TH, 2022

Sl. No	Name	Sec A	Signature
1	ABHISHEK SHENOY	A	<i>Abhishek Sheno</i>
2	ABHITHA K	A	<i>Abhitha</i>
3	ADITYA UDAY HEGDE	A	<i>AB</i>
4	AKANKSH K G	A	<i>#B</i>
5	AKASH RACHAPPA KHANAGAVI	A	<i>AB</i>
6	AMIT KAMADOLLISHETTARU	A	<i>AB</i>
7	ANIKET SANJAY REVANKAR	A	<i>Aniket</i>
8	ANKITA GAJANAN NAIK	A	<i>Ankita</i>
9	ANUSHA	A	<i>Anusha</i>
10	ANVITH KUMAR	A	
11	ASHUTOSH KUMAR	A	
12	BASAVARAJ	A	
13	BERNARD FERNANDES	A	
14	BHASKARA PRABHU	A	
15	BHUVANES P	A	
16	CHAITANYA KAMATAGI B	A	<i>Chaitanya</i>
17	CHETAN SINGH M	A	<i>Chetan</i>
18	D SURIYA PRIYASREE	A	<i>D. Suriya</i>
19	DEEPAK GIRISH KALYANI	A	
20	DINAH NEETHA NORONHA	A	<i>Dinah</i>
21	GAGANDEEP V N	A	<i>Gagandeep</i>
22	GIRISH N NASHI	A	
23	GURUBASAVARAJ K M	A	<i>Gurub</i>
24	HARSHITHA SRINIVAS	A	<i>Harshitha</i>
25	HEMA S	A	<i>Hema</i>
26	ISAAC JESSE K	A	
27	JATIN ARUN DESAI	A	
28	KALAVALA ABHISHTA	A	<i>Abhishta</i>
29	KAPARTHI BHAVANA	A	<i>Bhavana</i>
30	KAUSTUBH LACHAPPANAVAR	A	<i>Kaustubh</i>
31	KAVYAPRIYA J	A	<i>Kavyapriya</i>
32	KOKILA KULKARNI	A	
33	KSHITIJ.P.L	A	<i>Kshitij</i>

Sl. No	Name	Sec A	Signature
34	LIKHITHA L	A	
35	LILIMA DASH	A	Lilima D
36	M LUQMAN NAWAZ	A	M Luqman Nawaz
37	M M JABEZ	A	
38	MADHURA A	A	
39	NAYAN KUMAR	A	Nayan
40	NEETHA KAMATH	A	Neetha Kamath
41	PAULOMEE BARUAH	A	
42	POOJARANI TALAWAR	A	Poojara
43	PRAJWAL S N	A	Prajwal S N
44	PRAKASH	A	
45	RAHUL RAM BHAT	A	
46	RAHUL S SANGOLLI	A	
47	RAMANABOINA ANAND KUMAR	A	
48	SAGI SAMPI	A	Sampi
49	SANKET SURESH SHIRSAT	A	
50	SHREEVATSA.H.V	A	
51	SHREYAS G A	A	Shreyas G A
52	SNEHA U	A	Sneha
53	SRUJANA S	A	Srujana S
54	SUCHITRA G	A	
55	SUTOPA DEB	A	
56	TEJAS N	A	
57	TRUPTHI CHANDRAHAS SHETTY	A	Trupthi
58	VARSHA	A	Varsha
59	VINAYAK RAO GAIKWAD	A	Vinayak Rao
60	VIOLA PINTO	A	Viola

## R V INSTITUTE OF MANAGEMENT

### INTERNATIONAL WOMENS DAY MARCH 8TH, 2022

1	ADITI RANI	B	
2	AISHWARYA.G	B	
3	AISHWARYA.P	B	
4	AMITH BHAT	B	
5	ANIRUDH.K	B	
6	ANJANA KSHIRASAGAR	B	



Sl. No	Name	Sec B	Signature
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1	ADITI RANI	B	
2	AISHWARYA.G	B	
3	AISHWARYA.P	B	
4	AMITH BHAT	B	
5	ANIRUDH.K	B	
6	ANJANA KSHIRASAGAR	B	
7	ANNASAGARAM RAGHAVENDRA	B	
8	B SHASHANK	B	
9	CHAVI JAGADEESH	B	
10	CETHAN KUMAR V A	B	
11	CHIDRI BALAJI	B	
12	DEEPAK GOPALAKRISHNAN	B	
13	DHIRAJKUMAR BELVADI	B	
14	GURU VARUN G	B	
15	HEGDE PAVANA GANAPATHI	B	
16	JENISHA MENEZES	B	
17	LOYSTON CRASTA	B	
18	M RITISH	B	
19	MADHUSUDAN G	B	
20	MAHANTH GOWDA K C	B	
21	MALLESH S	B	
22	MEGHA U JOSHI	B	
23	MUCHELI SUBBARAJU	B	
24	NAGARAJ GAJANAN HEGDE	B	
25	NAMRATHA.N	B	
26	NANDAGOPAL.B.R	B	
27	NAVEEN C	B	
28	NAVEEN SETTY N A	B	
29	NEELAMMA M K	B	
30	NIRANJAN JANARDHAN HEGDE	B	
31	NITESH RAJPOOT	B	
32	NUTHANA.U	B	
33	OLETI SAI SREENITHYA	B	

## Section Wise Student List 2021-2023 Batch

Sl. No	Name	Sec	Signature
34	PAVAN KUMAR M	B	Pavan
35	POOJA VALLUR	B	P.R. Vallur
36	POORNAPRAJNYA.K.M	B	Pragna
37	POORNIMA L	B	Poornima
38	PRAJWALA	B	Prajwal
39	PREETHAM.D.VARMA	B	Preetham
40	RAKSHITH R T	B	Rakshith
41	RAMANUJAM .H.J	B	Ramaji
42	RAVISHA RAMACHANDRA HEGDE	B	Ravish
43	REHAN FAISAL QADRI	B	Rehan
44	RICHA FLORINADA FERNANDES	B	Richa
45	SALMAN FAISAL QADRI	B	Salman
46	SAMEEKSHA.M.P	B	Sameeksha M.P.
47	SHASHI KUMAR R	B	Shashi
48	SHUBHA R	B	Shubha
49	SMITHA M	B	Smitha
50	SRAVANI SUNIL MHALSEKAR	B	Sravani
51	SRINIDHI KOMMULA	B	Srinidhi
52	SUPRIYA GOVIND BELSARE	B	Supriya
53	SYED MUSSAVEERULLA.A	B	Syed
54	SYED SAMEER	B	Syed
55	TANUSHREE R	B	Tanushree
56	TEJAS H P	B	Tejas
57	VINIT SIDDHARTH SHAH	B	Vinit
58	VISHAL	B	Vishal
59	YASHASWINI.P	B	Yashaswini
60	YASHWANTH R	B	Yashwanth












Sl. No	Name	Sec C	Signature
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## R V INSTITUTE OF MANAGEMENT

### INTERNATIONAL WOMENS DAY MARCH 8TH, 2022

1	ABHIJEETH MASHETTY	C	
2	AKANKSH P	C	
3	AKHILA H	C	
4	AMITH C	C	
5	AMOGHA.Y.G	C	
6	ANANYA.P.HEGDE	C	
7	ANUSHA PRAKASH	C	
8	B.S.SUSHEN	C	
9	BHARATH.K.S	C	
10	BHOOMIKA BHAT	C	
11	CHARANA.T.U	C	
12	DHANUSH.K V	C	
13	DHANYA SHARMA	C	
14	DIVYASHREE.M	C	
15	GANESH HEGDE	C	
16	JAGADISH SHENOY.R	C	
17	KARTHIK P SHETTY	C	
18	KARTHIK S	C	
19	KOTHA KEERTHANA	C	
20	LIKITHA.A	C	
21	M PRANEETH KUMAR REDDY	C	
22	M.S.SUKRUT	C	
23	MADHAN KUMAR C S	C	
24	MANOJ .N.S	C	
25	MANOJ RAKSHATH	C	
26	MEHUL .V . BHASKAR	C	
27	NALASANI VARSHITHA	C	
28	NEHA.H.V	C	
29	NIKHIL S ANJANALLI	C	
30	NIKITHA.J.SHANBHOG	C	
31	NISHANTH KRISHNA	C	
32	NIVEDITHA K SWAMY	C	
33	P.T.KIRTI	C	

## Section Wise Student List 2021-2023 Batch:

Sl. No	Name	Sec	Signature
34	PRAJWALA.H	C	Prajwala.H.
35	PRAMOD K L	C	
36	PRANITH KUMAR.S	C	
37	S SHREYAS	C	Shreyas
38	SAAHIL SRIKANT KULLOLI	C	
39	SACHITH B K	C	sachith
40	SANKALP.V	C	
41	SATHYA B NAYAKA	C	
42	SAURABH BHUPALI	C	
43	SHEEBAL M S	C	Sheebal M S -
44	SHIVAM ANVEKAR	C	
45	SHREEKRISHNA	C	
46	SHRI HARI L	C	Shri Hari
47	SHUBHAM RAJENDRA REVENKAR	C	
48	SHUBHAM SINGH	C	
49	SHUBIKSHA S	C	Shubiksha
50	SIMRANJIT KAUR	C	
51	SOUMYA GANAPATI HEGDE	C	
52	SOURAV SADANAND SWAR	C	
53	SWAMI SAMIKSHA PUSHPARAJ	C	Samiksha
54	SYED RAIHAN	C	
55	VAISHNAVI N	C	
56	VARUN.S.BHARADWAJ	C	Varun
57	VIPUL VILAS NAIK	C	
58	VISHNU KUMAR	C	
59	YASHWANTH.A	C	
60	YOGASHREE.C.N	C	





Rashtriya Sikshana Samithi Trust

**R.V.INSTITUTE OF MANAGEMENT**

CA-17, 36<sup>TH</sup> CROSS, 26<sup>TH</sup> MAIN, 4<sup>TH</sup> T BLOCK, JAYANAGAR, BANGALORE - 41  
Ph: 080-26547048 Fax: 26654920; URL: [rvim.edu.in](http://rvim.edu.in); Email: [contact@rvim.edu.in](mailto:contact@rvim.edu.in)

**INTERNATIONAL WOMEN'S DAY**  
**TUESDAY, MARCH 8<sup>TH</sup>, 2022**  
**DRAMA COMPETITION**

**Women Empowerment- Break the Bias**  
**Judgment Sheet**

Section	Theme of the day	Presentation , Costume, Dialogues	Coordination and time Management	Total Marks
	10 marks	10 marks	5 marks	25 Marks
I Sem A	7	9	4	15
I Sem c	7	8	5	20
I Sem B	7	8	2	17

Signature of the judge:

Name of the judge:

Alumni batch:

Mr. Vikas VB

2016-2018



Rashtreeya Sikshana Samithi Trust

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Ph: 080-26547048 Fax: 26654920; URL: [rvim.edu.in](http://rvim.edu.in); Email: [contact@rvim.edu.in](mailto:contact@rvim.edu.in)

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Signature of the judge:

Name of the judge:

Alumni batch:

  
Ms. Supradha

2016-2018