



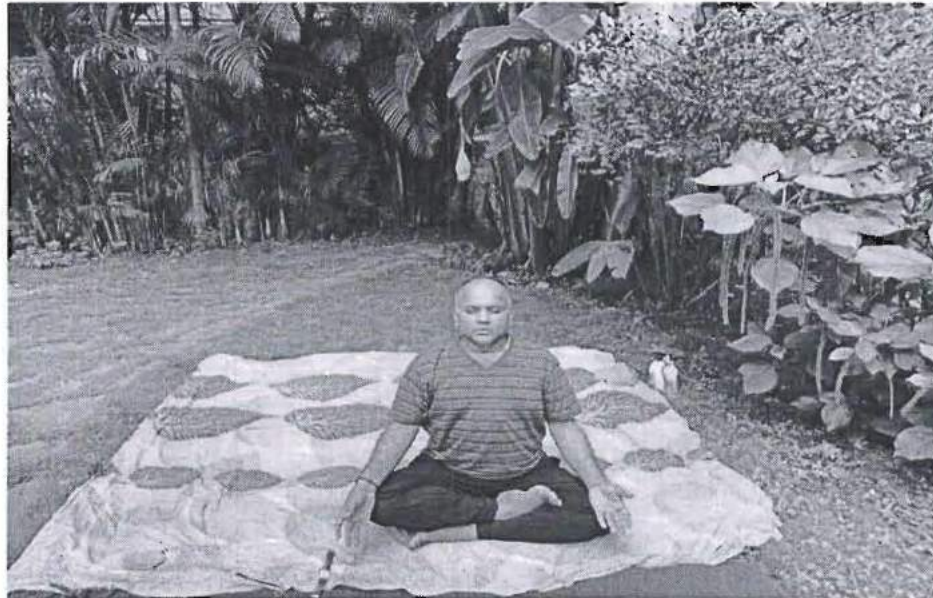
RASHTREEYA SIKSHANA SAMITHI TRUST  
**R V INSTITUTE OF MANAGEMENT**  
CA 17, 26 Main, 36th Cross, 4th T Block, Jayanagar  
Bengaluru, Karnataka 560 041



## INTERNATIONAL YOGA 2020 CELEBRATIONS

**June 16-21, 2020**

Motivational push to all youngsters in India and World Over to remain Fit. There is no age for any beginning fitness. RVIM is conducted a week long Yoga Session Online with Certificate. Sessions were conducted from June 16 to June 21, 2020 by Dr. Purushottam Bung, Director, RVIM, Mr. Nayeem M Shaikh, Yoga Instructor, MLIRC Camp, Belgaum and Ms. Ankitha Pandey Yoga Practitioner, Cardio workout and Nutritionist from Delhi. Most of the participants were young and children also participated and performed yoga. The sessions were interesting and the enthusiastic participants logged into Zoom platform for a week. Prof. Chandran A, Assitant Professor, RVIM coordinated the entire session along with the support of technical staff of RVIM



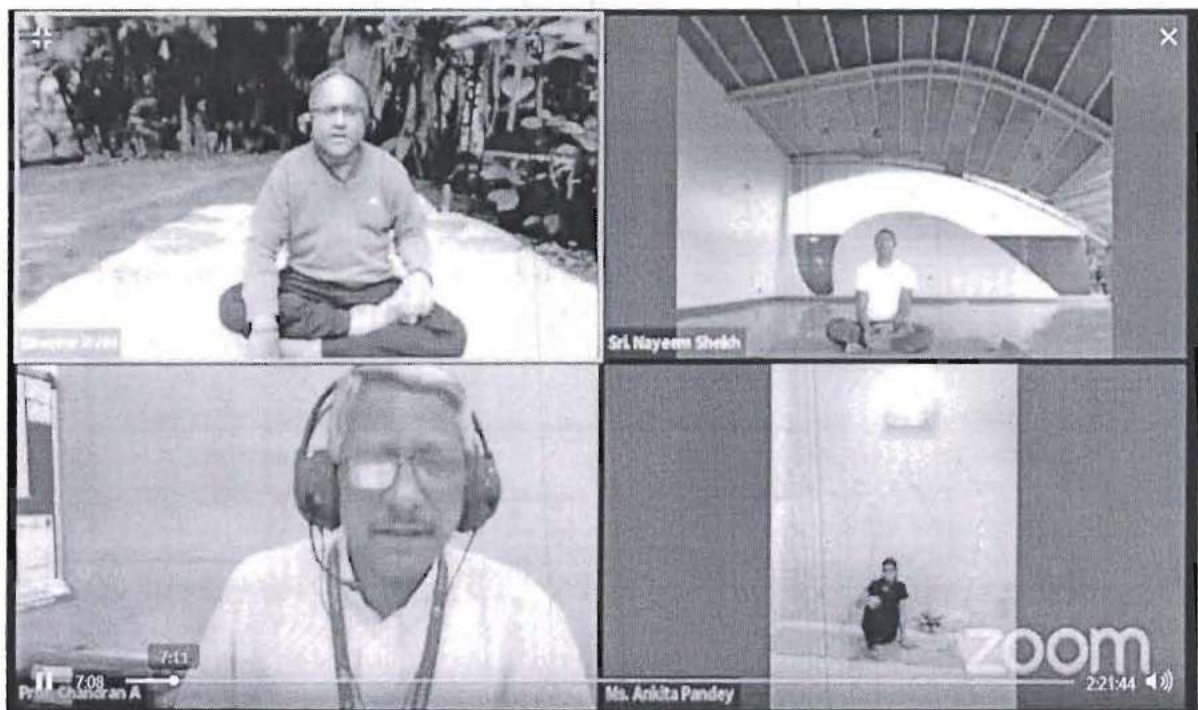
Dr. Purushottam Bung, Director, RVIM conducting Yoga session



Mr. Nayeem M Shaikh, Yoga Instructor, MLIRC Camp, Belgaum and Ms. Ankitha Pandey Yoga Practitioner, Cardio workout and Nutritionist from Delhi.



Prof. A. Chandran Coordinating the yoga session

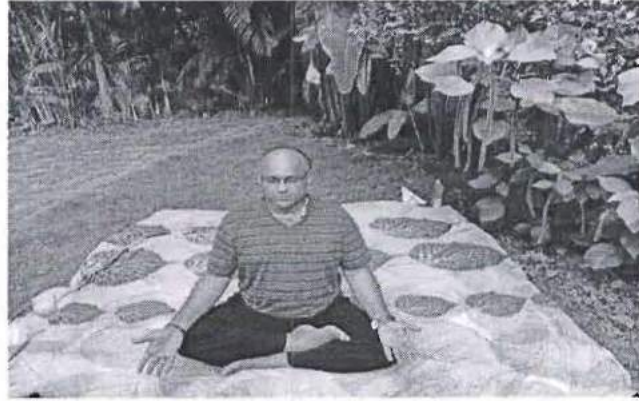






*Perth*  
UNIVERSITY OF MANKY  
Singapore





RVIM teaching and non teaching staff performing yoga at the venue.

*Anitha BM Dsilva*

Report prepared by  
Prof. Anitha BM Dsilva





## International Yoga Day 2020

Date: 21-06-2020

Sl. No	Name of the student	Reg. No
1	Abhishek Jagadish Joshi	MB197604
2	Akshatha Bopaiah M	MB197608
3	Akshatha K.M	MB197609
4	Akshatha M.L	MB197610
5	Akshay Kumar	MB197611
6	Alok Krishna Hegde	MB197612
7	Amogh Ashok Nimbargi	MB197613
8	Anant Bajpai	MB197614
9	Arun Raveendra Bhat	MB197618
10	Ashwathi Sundaram	MB197619
11	Athri D A	MB197620
12	Ayushi Anand	MB197621
13	Balachandra Adiga	MB197623
14	Balaji Raj V T	MB197624
15	Bharath Gowda M.R	MB197625
16	Bhumika S J	MB197629
17	Bindu Priya	MB197630
18	C. Ravikumar	MB197631
19	Chaitra Hiregowdara	MB197632
20	Chandan.S	MB197633
21	Cherukuri Triveni	MB197634
22	Chetan Vijay	MB197635
23	Chiraag M	MB197636
24	Clinton Joyan Roche	MB197637
25	Deeksha.K	MB197641
26	Deena K	MB197642
27	Deepak Desai	MB197643
28	Deepika. M	MB197644
29	Divyashree R	MB197647
30	Gunjan Raj	MB197651
31	Guruprasad. R	MB197652
32	Harsha N Das	MB197653
33	K.Krishnaprasad	MB197654
34	K.R. Akshay	MB197655
35	Keerthan Kamath	MB197660
36	Keerti.R.Patil	MB197661
37	Keshav Aditya	MB197662

38	Lavanya.H	MB197667
39	Leelavathi .B. Thite	MB197668
40	Leena Parik	MB197669
41	Mahesha S	MB197672
42	Mallikarjun J	MB197674
43	N.B. Gowtami	MB197682
44	Nagashree Uimesh K	MB197683
45	Namrata .S. Kotur	MB197684
46	Narahari K.K	MB197685
47	Nikhil .K	MB197686
48	Nikita L	MB197687
49	Nikita M	MB197688
50	Poornima D Patil	MB197694
51	Prajeeth A Goutham	MB197695
52	Prajna Pramanik	MB197696
53	Prajna Shetty	MB197697
54	RAKSHITH P S	MB197709
55	Ramya. R	MB197710
56	Ranjith M. N	MB197711
57	Rashmi	MB197712
58	Reshma Subray Hegde	MB197713
59	Sahana S Gaonkar	MB197717
60	Sainath Vinayak Kulkarni	MB197718
61	Salman Pasha	MB197719
62	Samarth M	MB197720
63	Sandesh Shridhar Shet	MB197722
64	Shashank B T	MB197728
65	Shashank Kharvi	MB197729
66	Shashi Kiran	MB197730
67	Shivaprasad D R	MB197734
68	Shreya Anil Deshpandae	MB197735
69	Shreya S	MB197736
70	Shreya Shahapurkar	MB197737
71	Shruthi B	MB197740
72	Shubham Basavaraj Beesankoppa	MB197741
73	Sindhu Narasimha Hegde	MB197742
74	Smeera Patil	MB197743
75	Sneha.M	MB197744
76	Suprita S. Chatni	MB197754
77	Suraj Muthu	MB197755
78	Sushma	MB197756
79	Sushma Bhar K	MB197757
80	SWETHA T R	MB197761
81	Syed Asif Pasha	MB197762
82	Thejasvi N	MB197770
83	T Hima Varsha Tharaga	MB197771
84	Udayaravikanth KV	MB197772
85	Vandana Beejadi Venkatesha	MB197773
86	Vidya VT	MB197776