



## SPORTS AND WELLNESS DEPARTMENT

Tug of War December 6, 2021

Number of students participated 98 from 3<sup>rd</sup> semester batch

The objective of the game is for each team to pull the rope along with the members of opposition team to their side. As soon as the second mark on the rope from the center red mark crosses over to center line, the team to pull the rope to their area wins the game.

### Objective:

1. To make staff members be part of extracurricular activities beside academics and participate voluntarily
2. To build up comradeship and increase the network among the staff.

### Participating teams:

All staff members from teaching, Non-teaching and group D staff participated in the event.

*Time: 3.30pm to 5.00pm*

Team A		Team B	
Sn	Name of the Staff	Sn	Name of the Staff
1	Noor Jahan (Captain)	1	Anupama K Malagi (Captain)
2	Anitha D'silva	2	Padmalini Singh
3	Rashmi Shetty	3	Sowmya D S
4	Jahnavi	4	Payal Jindal
5	Uma Sharma	5	Ramya S
6	Narmada	6	Anupama SM
7	Pooja	7	Lakshmi
8	Lalitha	8	Geetha
9	Reena	9	Mamatha L
10	Suvarna R	10	Rajamma
11	Devi	11	Laxmi

Team A		Team B	
Sn	Name of the Staff	Sn	Name of the Staff
1	Dileep (Captain)	1	Shivakumar H C (Captain)
2	Santhosh	2	N. Naga Subba Reddy
3	Manjunath S K	3	Chandran A
4	Rajkumar	4	Chetan Kumar
5	Manjunath L	5	Ashok Kumar B
6	Vamsi Krishna T	6	Manjunath N
7	Subbarayappa	7	Rajanna S C
8	Kumar	8	Puttaraju
9	Bhoranna	9	Ravi Kumar



# R V INSTITUTE OF MANAGEMENT

## ATTENDANCE LIST

3RD SEMESTER MBA

Sl.No	Name of the Student	Register Number
1	ABHISHEK KUMAR	MB207603
2	ABHISHEK SHANTINATH UPADHYE	MB207604
3	ADARSHA.K	MB207606
4	AIJAZ MUJAWAR	MB207609
5	AISHWARYA .K.M	MB207610
6	AISHWARYA S.K	MB207611
7	ANUSHA RAGHAVENDRA HEGDE	MB207621
8	APOORVA M	MB207623
9	ARAVIND RAJ .V	MB207626
10	ASHADEEP.M.HEGDE	MB207627
11	BHARATH.C	MB207628
12	C PRASANTH KUMAR	MB207630
13	C.PRANATHI	MB207631
14	CAROL SWETHA NORANHA	MB207632
15	CHAITHANYA.B.K	MB207633
16	CHAKRAVARTHY B.M	MB207634
17	CHANDAN N H	MB207635
18	DEEKSHA BOPAIAH	MB207642
19	DELSON GLAN D SILVA	MB207643
20	DRINYA .K. CHANDRAN	MB207648
21	ESHANYA .M	MB207649
22	ESHWARDARSHAN K M	MB207650
23	GAUTHAM M	MB207651
24	GOKUL NAYAK	MB207652
25	GURU RAGHAVENDRA S	MB207653
26	H.R.RITHESHA	MB207654
27	INDRANEEL DAS	MB207655
28	KARUNA V DIVATE	MB207661
29	KAUSHIK C B	MB207662
30	KAVYA GANAPATI HEGDE	MB207663
31	KOUNDINYA.R	MB207666
32	KRITIKA SHANTHARAM SHENOY	MB207667
33	M JANANI PRIYA	MB207669
34	MAHIMA HARISH BHAT	MB207671
35	MANU KIRAN H K	MB207675
36	MAYUR.K.S	MB207676
37	MEGHANA VINAYAK HEGDE	MB207677
38	MISHANA MOTESH DSOUZA	MB207678
39	MOHAMADASADIQ KAYUM MULLA	MB207679



40	MOHAMED SAIFUDDIN F	MB207680
41	N PRATHIBHA	MB207684
42	NAVANDHAR NIKHIL MANISH	MB207685
43	NEHA CHIDAMBAR KULKARNI	MB207686
44	NIKHIL .S.KOTIAN	MB207687
45	NIKITA	MB207688
46	NIRANJAN M	MB207689
47	PHALGUNI.P	MB207693
48	PRAJNA NAYAK	MB207694
49	PRARTHANA UPADHYAYA	MB207697
50	PRASHANTH Y G	MB207698
51	PRATEEK PRABHU RAMANNAVAR	MB207699
52	PRATEEKSHA R CHUNGANI	MB207700
53	PRATIK	MB207701
54	PRINSON DLIMA	MB207702
55	RACHANA KUMARI	MB207707
56	RAGHAVENDRA J P	MB207708
57	RAHUL MONDAL	MB207709
58	RAHUL YALAVATTI	MB207710
59	RAKESH	MB207711
60	RAKSHITH	MB207712
61	RAKSHITH HEGDE	MB207713
62	ROSHANI	MB207717
63	ROSHANI MUTHRAJ	MB207718
64	RUBINA AFREEN	MB207719
65	S.CHETHAN	MB207720
66	SACHITH KUMAR	MB207721
67	SAHANA .M.S	MB207722
68	SAMIKSHA .S.SHETTY	MB207724
69	SANDEEP H S	MB207725
70	SHARAN BANDRAD	MB207729
71	SHARVANI M S	MB207730
72	SHASHANK Y	MB207731
73	SHETTY LAVANYA SHEKHAR	MB207732
74	SIDDHANTH BAHRAAT MUCHAKANI	MB207740
75	SNEHA GOWDA R	MB207743
76	SOUBHAGYA BHAT	MB207744
77	SPARSHA.S	MB207745
78	SRILAXMI	MB207746
79	SRIPOORNA INDURKAR	MB207747
80	SRUSHTI B R	MB207748
81	SUBHASHINI K N	MB207749
82	SUHAS H	MB207750
83	SUJAYA BHAT	MB207754
84	SUKANNYA DALAL	MB207755

85	SUMIT NAGANATH	MB207756
86	SUPREETH.S	MB207757
87	SURAJ.G.S	MB207758
88	SURAJ.H.S	MB207759
89	SURAJ S P	MB207760
90	SWATI VINAYAK HEGDE	MB207761
91	TALWAR PRAVEEN GUDDAPPA	MB207762
92	TEJAS ROHIDAS BHANDARI	MB207763
93	TEJASHREE.R	MB207764
94	TRIPURESH TIWARI	MB207769
95	TRIVADAN M HEGDE	MB207770
96	VARSHA BIRADAR	MB207773
97	VARSHA.K	MB207774
98	YASHASWINI V	MB207780

### OUTCOMES ACHIEVED:

Most Tug of War matches are completed in a best of three formats, and the objective is to beat the competition and win the match by winning at least two of the three pulls in the match. Within each pull, the objective is to win by pulling the opposition and the opposition's 4m marker towards the centre so that the mark passes the centre line, resulting in a win. The Tug of War routine helps learners to: **understand the complex forces that 'tug' at either side of a fairness dilemma.**

### FACULTY FEEDBACK:

**Teamwork** is an essential part of this game. Apart from rope-handling skills and fitness, tug of war is the best game in proving coordination and synchronizing movements. Teamwork allows tuggers to adjust physical weaknesses of everyone and to combine individual strengths in favor of the team.

**Coordination** among faculty members, understanding the strength of each individual is important for the game.

**Spirit of the game** without fuss is the need of the hour.







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## SPORTS AND WELLNESS DEPARTMENT

### Report on Tug of War

As a part of sports event- Tug of war was organized for the faculty members on December 6<sup>th</sup> 2021. All staff members participated in the event.



Tug of war was organised for Men and Women Staff members.



Winners of Tug of War





Runners up team



III semester students cheering and encouraging the staff members during the tug of war match.

Women tug of War

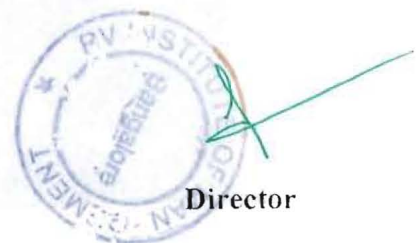


Winning Team



Runners up team

Report prepared by *Anitha*  
Prof Anitha BM Dsilva



Director