



workshop was organized by Centre for Career Development for 1<sup>st</sup> semester MBA (2020-2022) students on the topic Goal Setting and the 2XP growth challenge (Passion, purpose, Persistence, profits) by Mr. Gurudath Kamath on 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, and 27<sup>th</sup> March 2021

<b>Workshop for First year MBA students</b>	
<b>Date:</b> 5 <sup>th</sup> , 12 <sup>th</sup> 19 <sup>th</sup> 26 <sup>th</sup> h March 2021	<b>Venue:</b> Conference Hall
<b>Time:</b> 10.30 am to 1.00 pm	<b>Resource Person:</b> Mr. Gurudath Kamath
<b>No. of Participant:</b> 180	<b>Event Coordinator:</b> Prof. Payal Jindal and Prof. Uma Sharma
<b>Objectives:</b> <ol style="list-style-type: none"><li>1.To build rapport with students so that they open up.<ol style="list-style-type: none"><li>a) Introduction of the speaker</li><li>b) Life story of the speaker</li></ol></li><li>2. To help students use breathe to overcome stress, anxiety and bring in more and awareness towards the present moment.</li><li>3.Games and activities to in groups to build their connection, confidence and to promote the habit of participation</li><li>4.Help students build their character to reach their goals</li><li>5. To help students loosen up their identity and be more fun loving. Also express better with their emotions and actions.</li><li>6.The students will have the opportunity to address any queries on their life and career to find reasonable action plans to overcome challenges</li></ol>	
<b>Agenda/Flow of the Event</b> <ol style="list-style-type: none"><li>1.Introduction</li><li>2. The power of breath</li><li>3.Team building activity</li><li>4.Writing and discussion activity</li><li>5. Fun Activity</li><li>6.Question &amp; answer</li></ol>	
<b>Brief Profile of the Resources Person:</b> <ul style="list-style-type: none"><li>• Mr. Gurudath , Proprietor of Creative Head in terms of stage designing and planning. Started Sangachadwam Décor and Events in February 2013 and conducting workshop and public speaking courses. Mr. Gurudath Kamath , Alumni of RVIM, certified life transformation coach and a speaker who is trained under world renowned life and business coach Mr. Arfeen Khan, entrepreneur&amp; Disc Jockey by profession.</li></ul>	

R.V.Institute of Management organized training workshop for the 1st semester MBA students.. The workshop was conducted on **Goal Setting and the 2XP growth challenge (Passion, purpose, Persistence, profits)** by Mr. Gurudath Kamath on 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, and 27<sup>th</sup> March 2021

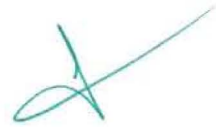
**Take away from the session:** The Resource Person conveyed students how to define passion, how to have healthy work life with the help of Mind, Body, Heart and Spirit How one can achieve peace by various ways such as meditation, yoga etc.'

**Feedback of Students:**

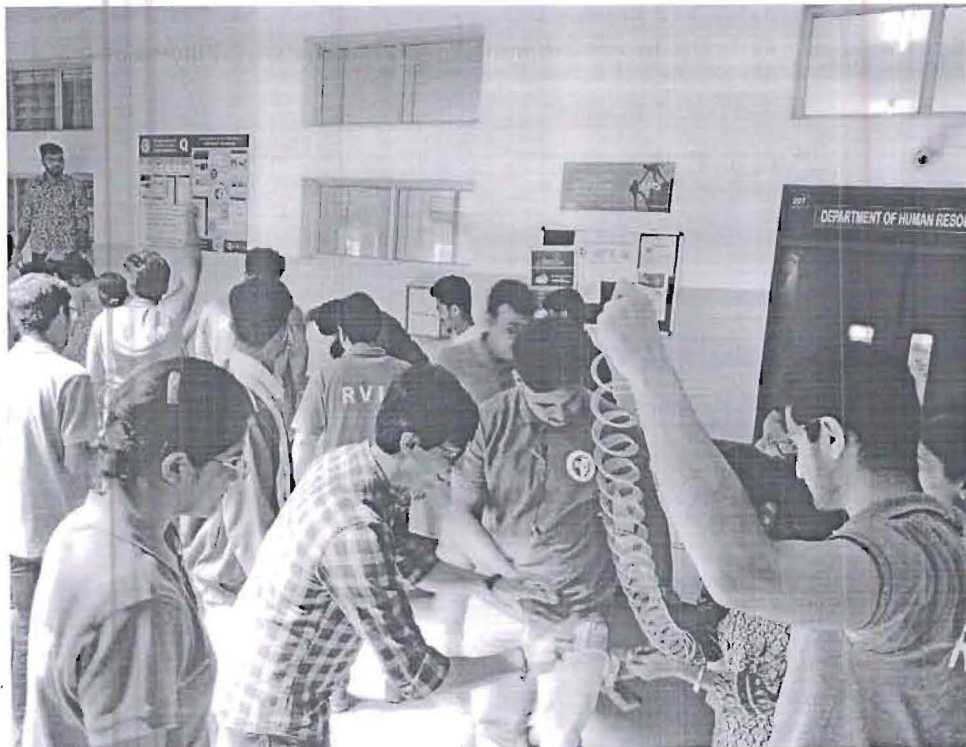
Those students participated in the workshop have appreciated the Workshop. They wished to have more and more practical & productive workshops like this to improve their Skill development. Students feel it was very informative and entertainment

*Payal Hindal*

**Event Coordinator**



**Director-RVIM**







# GURUDATH KAMATH

|| Life Transformation Coach ||

|| Entrepreneur || Author ||

## BACKGROUND

- Certified life transformation coach and a speaker trained under world-renowned life and business coach Mr. Arfeen Khan.
- Author of the book THE INNER GURU

## ACHIEVEMENTS

- Author of the book "THE INNER GURU" a book on finding the answers to your life which is available on Amazon
- Presented paper on "Spiritual Leadership" at National level Student Paper Presentation competition at RVIM, Bangalore.
- Awarded as the Best Outgoing Sportsman during the graduation course at Canara College, Mangalore.
- Represented Mangalore University Basketball Team and also Mangalore Senior Basketball Club in various state and national level competitions.
- Won several prizes in Quiz, Management Fests and Sports both as an individual and team member at school and college.

## WORK EXPERIENCE

### Propreitor

*Sangachadwam Decor & Events.*  
*Feb 2013 till Dec 2020*

- Managing events and production for various events across India
- Creative head in terms of stage designing and planning
- Managing client relationships

### Life Transformation Coach | Speaker

*Peak Performance Coaching.*  
*Jan 2019 till Dec 2019*

- Conducting workshop.
- Co-ordinating with Participants
- One to one & Group Coaching with clients

### Social Media Manager

*Digital Om Productions | Jan 2015 till Dec 2018*  
Handle Social media accounts and advertising

## EDUCATION QUALIFIFCATION

### R V Institute of Management, Bangalore

*Master in Business Administration*  
Majored in Finance and Marketing

### Canara College, Mangalore

*Bachelor in Commerce*

## MY STORY

I had to overcome several challenges in life, beginning with growing up away from parents my entire childhood, overcoming addiction to alcohol and drugs, failed business attempts and going into bankruptcy. After hitting rock bottom, I began my spiritual journey and travelled to various ashrams across South India in pursuit of the meaning of life.

My whole life changed when i decided to attend coaching programs and workshop by well known business and life coaches like Tony Robbins, Arfeen Khan, Louise Hay, Dr Wayne Dyer where I learned secrets to develop a life to follow my passion and purpose.

## ADDITIONAL SKILLS

- Content writing.
- Video, audio and image editing
- Running social media ad campaigns.
- Creating landing pages on word-press and click-funnels.
- Email marketing

## CONTACT INFO

Cell: +91 8296815843

Email:

[gurudathkamath14@gmail.com](mailto:gurudathkamath14@gmail.com)

Facebook: @guruwithinus

Instagram: @guruwithinus

## VISION & MISSION

Enable any client to find a clear passion & purpose in their life, release the true power within them, reach their goals and fulfil their life long dreams.

- Help clients discover their true self which will help them to make right decisions.
- Code their mindset to achieve success and greatness.
- Help clients achieve targets by setting proper outcome with deadlines.
- Identify hurdles or obstacles which will stop them from achieving high level of potential.
- Introduce clients to a growth system that will help them achieve their goals.

## KEY QUALITIES

- Proficient in motivating and inspiring clients and teams.
- Strong motivation to help others succeed and do well.
- Sympathetic, empathetic, and patient attitude with positive thinking.
- Ability to engage and motivate people in taking up and overcoming challenges

## ADDITIONAL RESPONSIBILITIES:

- Performing regular event reviews in order to tune monitoring to ensure effective event management process
- Being the single point of contact for event manager and holding the responsibility for effective event Management process
- Effectively communicate status of high priority issues across all of the impacted teams and management structures.
- Acting as a focal point and escalation contact for high priority platform issues related to event management.
- Sharing information and communicates clearly with team members to improve team effectiveness.

I hereby declare that the information furnished above is true to the best of my knowledge.  
References will be made available on request.



To  
Director-MBA  
R.V. Institute of Management  
Bangalore-560011

Date: 02 /03/21

Respected Sir,

**Sub: Proposal to organize training workshop on 'Goal Setting and the 2XP growth Challenge (Passion, Purpose, Persistence, Profits)'**.

Center for Career Development RVIM forwards the proposal to organize half day workshop Program on 'Goal Setting and the 2XP growth Challenge (Passion, Purpose, Persistence, Profits)' for first semester Batch -2020-22 by the resource person will be Mr. Gurudath Kamath (Alumni).

The workshop will be conducted for four consecutive Saturday 6<sup>th</sup>, 13<sup>th</sup> 20<sup>th</sup> and 27<sup>th</sup> March'21.

The workshop will be conducted between 10.00 am to 2.00 p.m.

Requesting your approval for conducting the workshop.

The payment of Rs. 5000/day as remuneration to resource person.

Enclosed is the CV of the resource person.

Thanking you

Yours Faithfully

*Payal Jindal*  
Payal Jindal

Center for Career Development

*Approved*

*2/3*

®Rashtreeya Sikshana Samithi Trust

**R.V.INSTITUTE OF MANAGEMENT**

CA-17, 36<sup>TH</sup> CROSS, 26<sup>TH</sup> MAIN, 4<sup>TH</sup> T BLOCK, JAYANAGAR, BANGALORE - 41  
Ph: 080-26547048 Fax: 26654920; URL: [rvim.edu.in](http://rvim.edu.in); Email: [contact@rvim.edu.in](mailto:contact@rvim.edu.in)

To  
Director-MBA  
R.V. Institute of Management  
Bangalore-560011

Date: 02 /03/21

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*Payal Jindal*  
Payal Jindal

Center for Career Development

Mr. Giridhar Kamath.


5.

Topic - Goals, Passion.

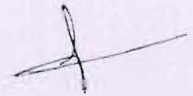
SL No	Date	Section	Topic	Duration	Signature	Coord Rate
1	5/3/21	A, B, C	Passion and Purpose Building	3hr.	MGPBey	4
2	12/3/21	A, B, C	Advance - Vision and Mission	3hr	MGPBey	4
3	19/3/21	A, B, C	Imagination Building, how to overcome challenges, obstacles	3hr.	MGPBey	4
4	26/3/21	A, B, C	Goal plans, Action Plan Routine Building	3hr	MGPBey	4

Total no. of hours - 12hrs

Total no of offline classes - 12hrs

  
Prayal Prasad  
Coordinator







**FEEDBACK OF GURUDUTT KAMATH**

Timestamp	Name of the student	Section	The course contents met with your expectations	The content was illustrated with	The course exposed you to new knowledge and practices	The examples solved were easy to understand	Expertise, command over the subject, communication skills, content delivery of the resource person on the scale of 5 [Expertise]	Expertise, command over the subject, communication skills, content delivery of the resource person on the scale of 5 [Command over subject]	Expertise, command over the subject, communication skills, content delivery of the resource person on the scale of 5 [Communication skills]	Expertise, command over the subject, communication skills, content delivery of the resource person on the scale of 5 [Content delivery]	Please give an overall rating of the faculty
3/31/2021 16:32:38	Mohammed Mohasin Yarnal	C	4	4	4	4	4	4	4	4	4
3/31/2021 16:33:08	Rakshith Hegde	C	5	4	5	5	2	3	3	2	4
3/31/2021 16:34:50	Prinson Dlima	A	3	3	4	3	2	3	3	2	3
3/31/2021 16:35:39	Soubhagya Bhat	A	2	2	2	2	1	1	2	1	3
3/31/2021 16:35:39	Kavya Ganapati Hegde	A	3	4	3	3	2	2	3	2	4
3/31/2021 16:38:08	MOHAMED SAIFUDDIN F	C	5	5	5	5	5	5	5	5	5
3/31/2021 16:40:44	Vinay Kumar G S	C	4	4	4	4	5	5	5	5	5
3/31/2021 16:45:43	Suhas NK	B	5	5	4	5	3	3	3	3	5
3/31/2021 16:49:50	PUNITHA K	B	5	4	4	4	2	3	2	2	5
3/31/2021 16:52:35	Karthik M S	A	3	3	3	2	2	2	1	2	4
3/31/2021 16:55:18	Chandana T	C	4	4	4	4	3	3	3	3	4
3/31/2021 16:57:23	Phalguni P	B	5	5	5	5	3	3	3	3	5
3/31/2021 16:58:56	Sujay Shah	A	4	4	4	4	4	4	4	4	4
3/31/2021 16:59:11	Vinayak Subray Bhat	C	5	5	5	5	3	3	3	3	5
3/31/2021 17:06:04	Swati Hegde	C	5	5	5	5	3	2	3	3	4
3/31/2021 17:12:19	Pranathi C	C	3	4	4	3	3	3	4	3	4
3/31/2021 17:13:30	Sirisha K J	C	3	4	4	4	3	3	3	3	4
3/31/2021 17:13:40	Disha Naik	C	4	4	5	5	3	3	3	3	4
3/31/2021 17:16:10	Sindhu L Dabeer	C	2	4	5	5	4	5	5	5	4
3/31/2021 17:25:11	Tejashwini Lokapuramath	C	5	5	5	4	3	3	3	3	5



3/31/2021 17:44:35	A B Ganapathy	C	4	5	5	5	5	5	5	5	5	5
3/31/2021 17:44:35	Divesh	B	4	4	3	4	2	2	2	2	3	4
3/31/2021 17:48:48	Delson Glan D Silva	A	4	3	4	4	4	4	4	4	3	4
3/31/2021 17:54:46	Aishwarya K.M	B	5	5	5	5	4	4	4	4	4	4
3/31/2021 18:02:51	Shresta	A	4	4	5	4	3	4	3	3	3	4
3/31/2021 18:07:23	Bharath.C	B	4	3	3	4	4	3	4	4	3	4
3/31/2021 18:19:24	Monisha M	C	5	5	5	5	5	5	5	5	5	5
3/31/2021 18:28:58	S.CHETHAN	A	3	3	4	4	4	4	3	3	3	3
3/31/2021 18:29:16	AJEY M	A	5	5	4	4	3	2	2	2	2	5
3/31/2021 18:35:41	Chaithanya BK	C	4	4	4	4	3	3	3	3	3	5
3/31/2021 18:36:39	Mrutyunjaya Sangresakoppa	C	4	4	5	5	3	3	3	3	3	4
3/31/2021 18:38:16	Subhashini K N	B	5	5	5	5	5	5	5	5	5	5
3/31/2021 18:44:05	Amulya HR	A	5	5	5	5	3	3	3	3	3	5
3/31/2021 19:16:46	Ashadeep Hegde	A	4	4	5	5	4	5	4	4	4	4
3/31/2021 19:45:16	Apoorva M	C	5	5	5	5	4	4	4	4	4	5
3/31/2021 19:46:06	Kaushik C B	A	5	5	5	5	5	5	5	5	5	5
3/31/2021 19:57:17	Dhanashri	A	5	4	4	5	5	5	5	5	4	4
3/31/2021 22:09:11	Shivasubramanyam S Patangi	C	4	4	4	4	4	4	4	4	4	4
4/1/2021 7:08:08	Karuna V Divate	A	4	4	4	5	3	3	3	3	3	4
4/1/2021 7:32:47	Supreeth. S	A	5	4	5	4	3	4	3	4	4	4
4/1/2021 7:44:40	Kaushik C B	A	5	5	5	5	5	5	5	5	5	5
4/1/2021 9:54:45	VARSHA K	A	5	4	4	3	5	5	5	5	5	4
4/1/2021 9:57:21	INDRANEEL DAS	A	5	4	4	4	2	3	3	2	2	4
4/1/2021 12:24:22	Eshanya M	A	5	5	5	4	3	3	3	2	2	4
4/1/2021 12:25:19	RAKSHITH	A	5	4	5	4	2	2	3	2	2	4
4/1/2021 12:25:39	Manoj M	B	4	5	5	4	4	5	5	5	5	4
4/1/2021 12:25:39	Likhith	A	5	5	5	5	5	5	5	5	5	5
4/1/2021 12:26:39	Prarthana singri	C	5	5	5	5	4	3	4	4	4	5
4/1/2021 12:26:50	Raghavendra JP	B	4	5	4	4	3	4	4	4	3	4
4/1/2021 12:27:28	Akhilshyam KB	C	5	5	5	5	3	3	3	3	3	5
4/1/2021 12:30:15	Abhishek Upadhye	A	3	4	3	2	3	2	3	1	3	3







4/1/2021 13:10:18	Amogha Hegde	C	3	3	2	4	3	2	3	3	4
4/1/2021 13:10:56	Rachana kumari	B	5	5	5	5	4	4	4	4	5
4/1/2021 13:11:54	Dhananjay	C	5	5	5	5	3	3	3	3	5
4/1/2021 13:13:53	Chethan S	C	4	3	4	3	2	2	3	3	3
4/1/2021 13:15:03	Lavanya shetty	B	5	5	5	5	5	5	5	5	5
4/1/2021 13:15:42	Suraj hs	C	5	4	5	4	5	5	5	5	5
4/1/2021 13:17:52	Aijaz Mujawar	C	5	4	5	5	4	5	4	5	5
4/1/2021 13:23:50	Abhilash K	A	5	4	5	4	3	3	2	4	4
4/1/2021 13:24:10	Suraj SP	C	5	5	5	5	5	5	5	5	5
4/1/2021 13:25:46	Sumit Naganath	B	4	4	4	5	3	3	3	3	4
4/1/2021 13:26:13	Shashank.Y	C	4	3	3	4	4	4	4	4	4
4/1/2021 13:26:29	Mohamadasadi q Mulla	B	5	5	5	5	5	5	5	5	5
4/1/2021 13:41:46	Anusha Hegde	B	5	4	5	4	3	3	4	4	4
4/1/2021 13:47:41	Meghana hegde	B	5	4	4	5	4	4	4	3	4
4/1/2021 14:59:54	N Prathibha	C	5	5	4	5	2	3	3	3	4
4/1/2021 15:54:33	Aishwarya K.M	B	5	5	5	5	4	4	4	4	4
4/1/2021 16:12:57	Rakshith s	B	5	4	4	4	2	3	2	2	4
4/1/2021 16:41:46	Rahul Yalavatti	B	4	5	4	4	4	4	4	4	4
4/1/2021 18:14:31	Sparsha	A	5	5	5	5	3	3	3	2	5
4/1/2021 18:53:36	Ullas shet	C	4	2	4	3	2	3	2	2	3
4/1/2021 19:14:56	Eshwar Darshan K M	A	4	5	4	4	4	4	4	4	4
4/1/2021 19:46:42	Deeksha Bopaiah	A	5	5	5	5	3	3	3	3	5
4/1/2021 20:11:53	C. Prasanth kumar	A	4	4	4	4	4	4	4	4	4
4/1/2021 20:32:50	Sharvani M S	B	5	4	5	5	5	5	5	5	5
4/1/2021 21:08:04	Tejashree R	C	4	4	5	4	2	2	2	2	4
4/1/2021 21:58:16	Abhishek kumar	B	4	5	5	5	3	3	3	3	5
4/1/2021 23:26:32	Shishir	C	4	5	5	5	4	4	4	4	5
4/1/2021 23:34:24	Niranjan m	B	4	4	4	4	4	4	4	3	4
4/1/2021 23:39:58	Prajna	A	5	5	4	4	2	2	2	3	4
4/2/2021 14:53:43	AKSHAY H S	A	5	5	5	5	3	3	3	3	5