

RashtreeyaSikshanaSamithi Trust

R.V. Institute of Management

CA-17, 26th Main, 36th Cross, 4th "T" Block, Jayanagar, Bangalore-560041

Training Workshop Session –on Life Skills - for Batch 2020-22 –First Semester	
Date: 29 th July'2020	Venue: Seminar Hall
Time: 9.00 to 11.00	State level / PG Dept. Faculty
No. of Participant: 180	Event Coordinator: Prof. Payal Jindal and Prof. Uma Sharma
Objectives: <ul style="list-style-type: none">▪ The session on Make it or Break It By expert trainers from Touch stone Foundation –ISCKON Bengaluru.	
Agenda/Flow of the Event <ul style="list-style-type: none">- Introduction session Mr.Vallabha Chaithanya Das - addressed the students on –Make it or Break it.- The training session explained the need to prepare oneself for unforeseen contingencies in Life and the habits to be adopted that can transform Life.	
Brief Profile of the Resources Person: <ul style="list-style-type: none">• Mr.Vallabha Chaithanya Das -Volunteer and trainer from Touch stone Foundation-ISKCON, Bengaluru.	

R.V. Institute of Management organized training session for the first year first semester MBA students. It was a session on the Topic Make it or Break It. back the session was conducted on 29th July'2020 at RVIM campus.

Objective of the Training Session:

Session on set back to Comeback – **Mr.Vallabha Chaithanya Das** onducted to build practise habits that can transform the personality oof the individual and build a life that has a role hat others admire.

Training Session on –Make it or Break it –Life Skills

– Set back to Comeback - Sessions

The session began by the expert trainer giving a look into all the habits of important and successful personalities. In the session the trainer informed the students to adapt to habits in life that inculcates in them those skills that bring in acceptance among their peers and society.

Take away from the session:

- This session is aimed at identifying the skill gap with the students .At the end of the session students should be able to map their skill and identify the gap –so indicating that particular skill they need to acquire so that they geared up for corporate LIFE.

Feedback of Students:

All students enrolled and participated have appreciated the training session as a learning session.

Students Feedback:

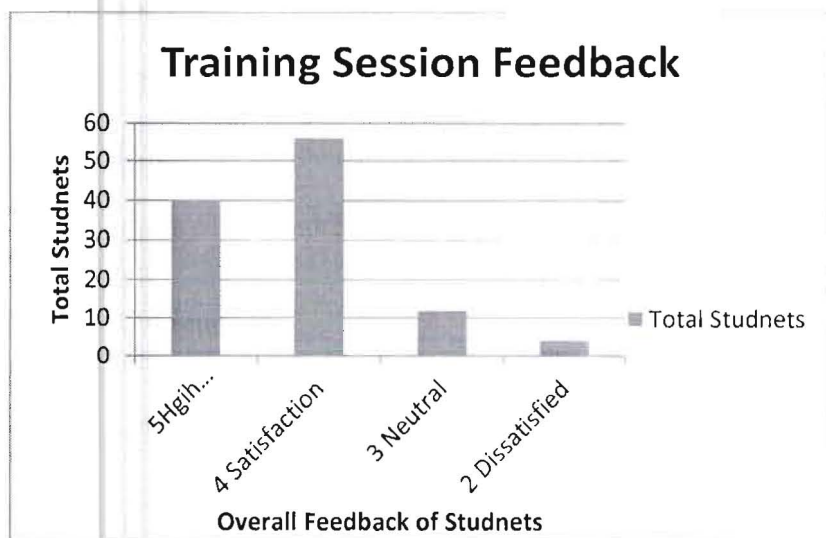
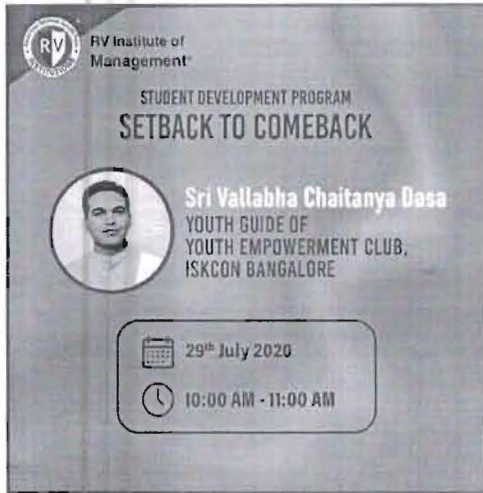


Photo Creative of the Session:



Payal Haldal
Event -Coordinator


Director-RVIM



payal jindal <payaljindal.rvim@rvei.edu.in>

Free Personality Enrichment Webinar for Students

Praveen Krishna <praveen.krishna@hkm-group.org>
To: "payaljindal.rvim@rvei.edu.in" <payaljindal.rvim@rvei.edu.in>

13 July 2020 at 15:12

Respected Ms. Payal Jindal Ma'am,

Warm Greetings from Touchstone Foundation!

As discussed below are the details with regard to students' online program, Kindly review the same and let us the dates when we can schedule the session.

Touchstone Foundation, a charitable Trust of ISKCON Bangalore, runs a Youth Empowerment Club aimed at crystallizing the formative phase of the younger generation with key values that guide them throughout their lives. Some of the vital and practical knowledge has been inherited from the time tested Vedic wisdom and is woven into methodic workshops.

In the last 20 years, the Club has organized many workshops and seminars assisting youngsters to apply Vedic wisdom to current world realities. Solutions are provided to difficult problems that youth encounter in their daily lives, such as how to manage stress, how to improve memory and concentration, how to get rid of bad habits, how to excel in life, etc. The youngsters are also taken through personality enrichment courses to explore their deeper selves and encourage them to become more reflective and introspective—a real need in today's chaotic times.

To help students in this difficult situation, our experts have designed 2 very informative and transformative programs, the details are as follows, and College can choose either of the programs;

1. **“Setback to Comeback”** - To assist the students to lift their morale and boost their confidence in the current situation of crises and setbacks, to mould their mindset and perspective towards a new style of learning, inspire to reflect on failures and see opportunity in the setbacks and progress towards purpose-oriented life.

45 mins session.

2. **“Make it or Break It”** – As it is rightly said “Idle Mind is a devil's workshop”, this current crisis has blessed everyone with enough time, and students should ideally utilize this opportunity to work on the action which would bring in great transformation. “Make it or Break it” Workshop offers some of the most powerful & practical tools and techniques to acquire and inculcate productive habits that can transform one's life and bring out the best version of an individual

Series of 5 Session of 15 Mins each.

Experts from the industries and academics would be presenting this session to students.

After the successful completion of the session, students would be rewarded with an E-certificate that carries a lot of value as it's from an international organisation.

We request you to help us organise this session so that students can be immensely benefited.

Regards

Praveen Krishna

Touchstone Foundation

ISKCON Bangalore

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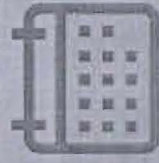
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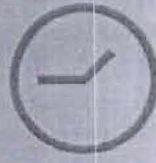
STUDENT DEVELOPMENT PROGRAM
SETBACK TO COMEBACK



Sri Vallabha Chaitanya Dasa
YOUTH GUIDE OF
YOUTH EMPOWERMENT CLUB,
ISKCON BANGALORE



29th July 2020

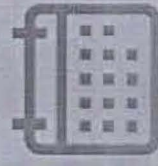


10:00 AM - 11:00 AM

STUDENT DEVELOPMENT PROGRAM
MAKE IT OR BREAK IT



Sri Vishnuduta Dasa
YOUTH GUIDE OF
YOUTH EMPOWERMENT CLUB,
ISKCON BANGALORE



30th July 2020



10:00 AM - 11:00 AM

Setback to Comeback

NAME	Relevance and usefulness of the Session	Expertise, command over the subject and communication skills of the Resource Person	Method(hands on activity based etc.)used and duration of the Session	Content and delivery of the Session	Overall rating of the Session
Pranav Pramod Kumar	4	4	4	4	4
Mahesha. S	5	5	5	5	5
Akash Rosario	4	3	3	3	4
RAKSHITH PS	5	5	5	5	5
Narahari	4	4	5	5	4
Pooja Billava.L	5	5	5	4	5
Abhishek Jagadish Josh	5	4	5	5	5
Kuberanand N	5	5	5	5	5
Prajeeth A Goutham	5	5	5	5	5
Manoj katti	4	4	4	4	4
K R Akshay	4	4	3	4	4
Aishwarya	4	4	5	4	4
Prithvi Shankaranarayan	4	4	4	4	4
Nithin Varma M	5	5	5	5	5
Priyanka Murthy	4	5	5	5	5
R N ROHIT	3	4	3	3	3
Samarth.m	5	4	4	3	4
Rahul nair H	5	5	4	4	4
Ramya R	4	4	4	4	4
Chaitra Hiregowdara	5	5	5	5	5
Akshatha Bopaiah M	5	4	4	4	4
N B Gowtami	4	3	3	3	3
Lavanya h	5	5	4	5	5
Salman pasha	4	5	5	5	4
Lalitha	5	5	5	5	5
Ayushi Anand	4	4	4	4	4
Satish Reddy Y	5	4	4	5	5
Prajna Pramanik	5	5	5	5	5
Mohd Zeeshan Athani	5	5	5	4	4
Nikhil K	5	5	5	5	5
Nithin Shashindran	5	4	3	4	5
Bharath Gowda M R	4	4	2	3	3
Sahana S Gaonkar	5	5	5	5	5
Sandesh Shridhar Shet	5	4	5	4	5
Mohan R	5	5	4	4	4
Pooja	4	4	3	4	4
Akshatha M L	4	4	2	3	4
Bhumika sj	5	5	4	4	5
Keerti	4	4	4	4	4
Nikita L	4	4	4	3	4
Leelavati B Thite	5	5	5	5	5
Priyanka Murthy	4	5	5	5	5
Lingraj Patil	5	5	4	4	5
Nikita M	4	4	5	5	4
Poornima Patil	5	5	5	4	5

Rashmi	3	3	2	3	3
Keerthan Kamath	4	4	4	4	4
B.Vasavi	5	5	5	5	5
Mohan R	5	5	4	4	4
Akshatha k m	2	2	2	1	2
Nikita L	5	5	5	4	4
Muzammil Rihan	4	3	4	4	4
Deeksha. G	5	5	5	5	5
Aakankaha B.S Rao	4	4	4	4	4
Keshav Aditya	5	5	4	4	4
Bindu Priya	5	5	4	4	4
Karan SK	3	4	4	3	3
Bhargavi	4	4	4	4	4
Pooja Billava.L	5	5	4	5	5
Deeksha K	4	4	4	4	4
Amarnath	4	4	4	4	4
Lavanya.h	4	5	4	5	4
Bharath Kiran D V	5	4	4	4	4
BALAJI RAJ V T	4	4	3	3	3
Ashwathi S	5	5	5	5	5
Akash Rosario	3	3	3	3	3
Satish Reddy Y	5	4	3	4	4
Amogh N	4	5	4	4	4
Prathiksha Pawar. C	4	4	4	4	3
Bharath Kiran D V	5	4	4	4	4
UdayaRaviKanth KV	5	5	5	4	5
Deena k	5	5	5	5	5
Pooja mp	3	4	4	4	4
Chandhan s	5	4	5	4	5

Make it or Break it					
NAME	Relevance and usefulness of the Session	Expertise, command over the subject and communication skills of the Resource Person	Method(hands on activity based etc.)used and duration of the Session	Content and delivery of the Session	Overall rating of the Session
Shreya Satish Deshpande	3	3	3	3	3
Srivalli N Guptha	2	2	3	2	3
Leelavati B Thite	5	5	5	5	5
Aakanksha	4	4	4	4	4
Bharath.P	3	4	3	4	4
Vignesh V Kamath	3	4	3	4	4
UdayaRaviKanth KV	5	4	5	5	4
Lokesh MG	3	4	4	4	4
Sushmitha D.R	4	4	4	4	4
Sheela	4	4	4	4	4
Nikita L	4	4	4	4	4
B.Vasavi	4	4	4	4	4
Chiraag. M	1	1	1	1	1
Shreya Shahapurkar	5	4	4	4	3
Pooja Billava.L	5	5	5	5	5
Mahesha. S	4	4	5	5	4
Rahul nair H	4	5	4	5	4
Tahsin Hadalge	5	4	4	4	4
Mohd Zeeshan Athani	5	5	5	4	5
Tharaga	5	5	5	5	5
Manoj katti	4	4	4	4	4
Kambham Harshitha	4	4	4	4	4
Nikhil K	4	5	5	4	4
Muzammil Rihan	4	2	4	4	2
N B Gowtami	3	3	3	3	3
Tauheed Ahamed	5	5	5	5	5
Shashank BT	4	3	4	4	4
Sumanth O R	4	4	4	4	4
Suprita Chatni	4	4	4	4	4
Akshatha M L	4	5	4	4	4
Sneha.M	4	4	4	4	4
Abhishek Jagadish Joshi	4	4	3	3	3
Bhargavi	2	2	2	2	2
Akash Rosario	3	3	4	2	3
Deeksha K	3	3	3	4	4
Mamatha bhaskar gaonkar	5	5	5	5	5
Namrata kotur	4	4	4	4	4
Lavanya h	4	4	4	4	4
Akshatha Bopaiah M	5	5	5	5	5
Bindu Priya	5	5	4	4	4
Lathashree S	3	3	3	3	4

Deena k	4	4	4	4	4
Sushma Bhat	4	4	4	4	4
Lalitha TV	4	4	4	4	4
Subashini D	4	4	4	4	4
Yashaswini H.K	4	4	4	4	4
Prajeeth A					
Goutham	5	5	4	5	5
Mallikarjun J	4	4	4	4	4
Shruthi B	5	4	5	4	4
Pranav Pramod					
Kumar	5	5	5	5	5
Sravanthi T	4	4	4	4	4
Sushmitha P	4	4	4	4	4
Harsha N Das	5	5	5	5	5
Tanzeel Ahmed	5	3	4	3	4
Shashank Kharvi	4	3	5	4	3
SUNITHA S	5	4	5	5	5
Suraj Muthu	4	4	4	4	4
Balaji Raj V T	4	4	3	4	3
Thejasvi	4	3	4	4	4
Pooja m p	4	4	4	3	3
Abhay Pai	5	4	4	5	4
Tejashree Bhat	4	4	4	4	4
C Ravi Kumar	5	4	4	4	5
Nagashree Umesh.					
K	4	3	4	4	4
Clinton Joyan					
Roche	5	4	5	5	4
Karan SK	3	4	3	2	3
Ranjith MN	3	4	4	4	3
Akshatha k m	2	3	3	3	3
Vidya V T	4	4	4	4	4
Prajna Shetty	3	3	2	3	3
Shreya.S	5	4	4	4	4
Bharath Gowda M					
R	4	3	3	4	3
Swetha T R	4	4	4	4	4
Keerti	4	4	4	4	4
Ramya R	4	3	5	3	5
C Ravi Kumar	5	4	4	5	4
Swati	5	5	5	5	5
GURUPRASAD R	4	4	4	4	4
Deepika M	4	3	3	3	3
Samarth.m	4	4	4	4	4
Priyashree.s	4	4	3	4	5
Bharath Kiran D V	4	4	4	5	4
Prajna Pramanik	4	4	4	4	4
Alok Hegde	3	4	4	4	3
Shahista Parveen	4	4	4	4	4
S Rajashri	5	5	5	5	5
Keerthan Kamath	4	4	3	3	4
Tadavarthy Raga					
Hanisha	4	5	5	4	5
Prathiksha					
Pawar.C	4	3	4	3	4
Ayushi Anand	2	3	3	3	2
Salman pasha	5	5	4	4	4
Satish Reddy Y	5	4	3	4	4

vasavi.v	5	5	5	5	5
Mamatha bhaskar gaonkar	5	5	5	5	5
Leena parik	4	4	4	4	4
Sandesh Shridhar Shet	5	4	5	4	4
Deeksha G	5	4	4	4	4
S Pavan Kumar	4	4	4	4	4
Krishnaprasad	4	4	4	4	4
Mamatha Acharya	3	3	3	3	3
Divyashree R	2	2	2	2	2
Smeeta Patil	5	5	4	4	4
Aishwarya	4	4	4	3	4
Leelavati B Thite	5	5	5	5	5
Lingraj kumar patil	4	4	4	4	4
Sugsn G R	3	3	3	3	3
Varshini.S	4	4	4	4	4
Karthik N D	4	4	4	4	4
Karthik AV	3	3	2	2	3
Amarnath	4	4	4	4	4
Arun Bhat	4	4	3	4	3
Poornima	5	5	5	5	5
Chetan	5	5	5	5	5
Sindhu Hegde	4	5	4	5	4
Tejashwini S	4	5	4	5	4
Sandeshsavak S	4	4	4	4	4
Gowtham S M	4	4	4	4	4
RAKSHITH P S	5	5	5	5	4
Prithvi Shankaranarayana Hegde	4	4	4	4	4
MOHAN R	5	4	5	4	5
Chaitra Hiregowdara	4	5	5	5	5
Deepak Desai	4	4	4	4	4
Nithin Varma	5	5	5	5	5
Bhumika sj	4	4	4	5	5
Shravya Shetty	4	5	3	4	4
Shubham basavaraj beesanakoppa	3	3	2	4	3
Kriti Shukla	4	4	4	4	4
Shashinaga.C	4	4	4	4	4
Ganapati Bhat	4	3	3	3	3
Keshav Aditya	4	4	4	4	4
cherukuri triveni	4	4	4	4	4
Vandana Beejadi Venkatesha	5	5	5	5	5
Sushma kamath	3	4	3	3	4
Sahana s Gaonkar	5	4	5	5	4
Akshay kumar	3	3	3	3	3