

SOCIAL & EMOTIONAL LEARNING AS CRUCIAL COMPONENT OF EDUCATION

Social and Emotional Learning (SEL) forms an integral dimension of holistic education by enabling students to develop self-awareness, empathy, ethical responsibility, and interpersonal competencies essential for personal and professional success. In alignment with AICTE's emphasis on value-based and experiential learning, the institution actively promotes SEL through structured community engagement initiatives. These initiatives are designed to sensitize students to societal realities, strengthen emotional intelligence, and foster civic consciousness by engaging them directly with diverse social contexts. Through sustained interaction, reflection, and service-oriented learning, students acquire critical life skills such as teamwork, leadership, adaptability, compassion, and social responsibility, thereby reinforcing the role of education in nurturing socially responsible and emotionally resilient individuals.

Course Title	SOCIAL IMMERSION PROGRAMME
Term/Year	I

I. INTRODUCTION

Each student should undertake the social immersion programme immediately after the first semester examination for the duration of two weeks and submit a hard bound copy of the report before commencement of 2nd semester. The immersion programme will be under the guidance of internal faculty of the institution.

The main objective of the Social Immersion project is to sensitize students on civic and community issues, to enhance their interpersonal skills and to understand the problems of Rural/Urban/NGOs/Government or any other social issues of the society and enhance their status through capacity building. Social Immersion Programme also helps students to be better citizens by knowing, understanding and finding sustainable solutions for pressing community needs. They also learn and practice their management skills for building a better community.

The student has to work for two weeks in an NGO/ Government Organisation/ Government Agencies/ Panchayat Raj Institutions on different issues or undertake a freelancing study based on their interest. This could involve a desk study / data analysis / extension work / field work or exploration of an idea or its implementation.

II. SOCIAL IMMERSION PROGRAMME FRAMEWORK

1. Phase 1: Pre Departure Preparation

- Introduction to Social Immersion Programme [SIP]
- Sensitization towards social problems
- Identification of immersion organisation

2. Phase 2: Field Immersion

- Two Week Field immersion in collaboration with social-sector organizations across India
- Mentor - Student Meeting
- Student review meetings

3. Phase 3: Post-Immersion Reflections

- Presentation to partner organizations
- Interim report submission to partner organizations

4. Phase 4: Report Submission & Evaluations

- Submission of field report
- Maintenance of diaries

Course Outcomes:

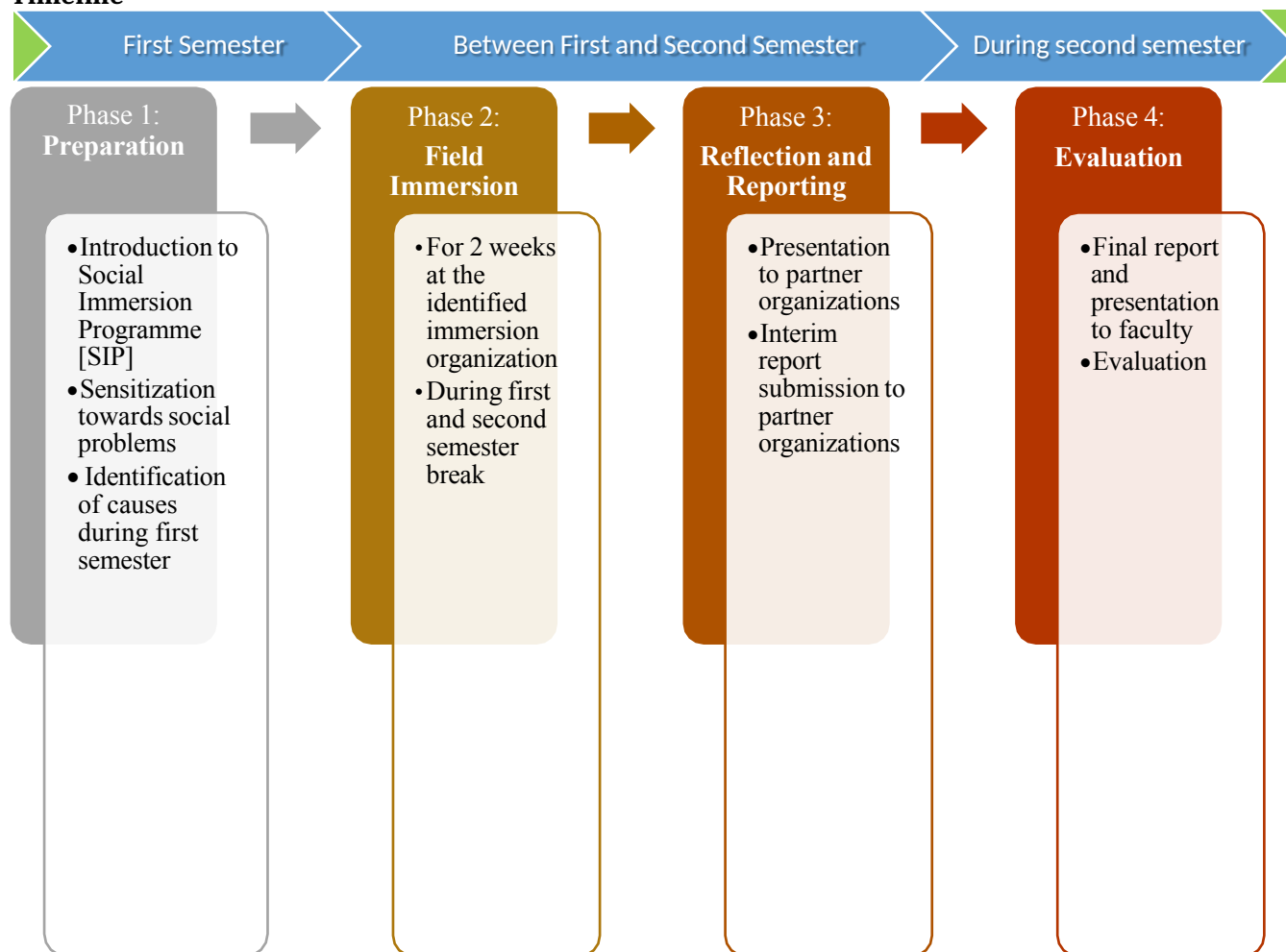
After successful completion of this course, the student will be able to: C01:

Develop sustainable solutions for problems and issues faced by NGOs/

Community/Society

C02: Build social responsibility and contribute to the community for inclusive growth and sustainable development of society.

Timeline



IMMERSION METHODOLOGY

Primary method used for collecting sociological data will be ethnographic field research, of which field diaries are an important component. The base line survey, field survey, observation of the process, interaction with community members can be adopted for data collection.

Students are required to follow the guidelines indicated below; GUIDELINES

1. Under this program, the student is required to undertake a Social Immersion individually for a period of two weeks between I and II semester. It would be carried under the guidance of internal faculty member from the Institution and external mentor.
2. Students should identify the place of study (organization) before the completion of I semester and finalize the scope of the study in consultation with the Institute Guide.
3. Students are allotted to respective Internal Faculty Guide based on the area of interest.
4. The Social Immersion program must be a study on live social problem or social issues and work on solving a problem. This could be in the nature of desk study or a field study or extension work or preparation of detailed report of a problem or exploration of a solution to the problem or implementation of an idea or a project or of any other study which reflects the spirit of the regulations. The immersion may include research work or a case study.

5. The word organization includes the following
 - a. Educational Institutions in rural areas
 - b. Government Department
 - c. NGO/ CSO/ Voluntary Organization/CSR department of an Organization
 - d. Research Body or Development Agency
 - e. Panchayat Raj Institution/s
 - f. Local Municipal Body, Legislature, Court, Etc.
6. On the completion of Social Immersion Program, the student is required to submit a report to faculty guide and external mentor or company within the specified timeline.
7. Satisfactory completion of Social Immersion Program and obtaining 50% of the marks allotted is an essential requirement for completing Immersion Programme.
8. Any interested faculty, Part Time or Guest Faculty or Social Activist are eligible to guide the immersion programme. Head of the institution has to certify the eligibility of such guides.
9. Every guide will be allotted the maximum of fifteen (15) students.
10. The Social Immersion report has to be as per report guidelines
11. One hard and one soft copy (in CD) have to be submitted to their respective guides.

Uniformity and Size of Type

- ♦ The body of the text must be prepared from a clear and readable font style at the same size throughout the document.
- ♦ Twelve-point font is the generally accepted font size.
- ♦ However, different point sizes can be used for tables, figures, or captions, as long as usage is consistent and conforms to the appropriate style manual.
- ♦ Choose the font carefully depending on your final distribution plans. Serif fonts (e.g. Times New Roman) are easier to read on paper.
- ♦ The use of bold, italic, capitalization, or any other writing convention should be consistent throughout the document and should follow the appropriate style manual.
- ♦ Alignment of text should be consistent (including no justified alignment).
- ♦ The body of the document must be spaced with 1.5"
- ♦ All page numbers must appear centered or right side in the bottom margin
- ♦ Header with "A Report on Social Immersion Programme at.....(NGO name) – Left side
- ♦ Footer [R.V. Institute of Management (Left side) with page number (right side)]
- ♦ The report has to be printed on single side in Executive Bond Sheet.
- ♦ The hard copy should be hardbound with WHITE color cover page.

FORMAT OF THE REPORT

- Cover Page with Title and other details
- Student Declaration
- Certificate by Head of the Institution (College will issue)
- Completion Certificate by the NGO
- Acknowledgements
- Table of Contents
- List of Tables
- List of Figures
- Report [12 point Times Roman New Font size, 1.5-line spacing]
- Bibliography (Use APA 6th Edition format)
- Annexure – Work done diary Summary Format – Week 1 & 2, Work done diary reports, Appreciation Letter, Photographs [Geo-tagged photos], Social Media Posts, URL,

Social Immersion Program

Contents of the Report

CHAPTER – 1 (Length of the chapter 5 – 6 pages)

1 A - INTRODUCTION TO NON-GOVERNMENT ORGANISATION [NGO]

- Introduction to the NGO
- List of Promoters / Trustees
- Vision, Mission, Objectives, NGO Structure, Target Beneficiaries, Source of Funding, Geographic Coverage of NGO's services
- Recognition and Achievements of the NGO
- Partnering Corporates / Institutions / Organisations
- Major Activities of the NGO

1 B – SPECIFIC CAUSE IDENTIFIED IN THE NGO

Discussed with the External &

Internal Mentor Explain
the Identified Issue or
Problem

i. For Example: Cause Identified: *Malnutrition in Rural Areas*

The specific problem identified under this cause is “*Malnutrition of kids below the age of 5 years in a Rural Household*”.

ii. For Example: Cause Identified: *Solid Waste Management in Urban Area*

The specific problem identified under this cause can be “*Waste Segregation at source in a locality in Bangalore*”.

CHAPTER 2 – PLAN OF ACTION (Length of the chapter 1-2 pages)

How the NGO is currently addressing these problems/issues has to be explained. Briefly explain the activities for the problem selected that the student is going to work for two weeks. List the scheduled dates and location of the activity, mention the number of volunteers, duration of the activity, and nature of the activity planned.

CHAPTER 3 – IMPLEMENTATION REPORT (Length of the chapter 5 pages)

The students have to write down the solution or the actual charity service offered by the student to the beneficiaries for addressing the cause identified.

For Example: Cause identified is “*Challenges of Farmers*”, then the problem identified can be *Farmers challenges overcome by creating awareness about usage of Agro-based Apps*. So the implementation report should consist of the methods used in convincing the farmers to use the Agro-based apps.

CHAPTER 4 - LEARNING OUTCOMES FROM SIP (Length of the chapter 1 – 2 pages)

Explain the learning outcomes from the SIP. Other supplementary evidences to support the learning outcomes should be enclosed in the Annexure. [Such as photos, social media post links, Audio/Video Links etc.].

Note: The number of pages of the report should be minimum 10 pages and not exceed 16 pages.

SIP DETAILS – May 2025

Name of the Student	Name of the NGO	Name of the Student	Name of the NGO
Surakshith S Salian	Scead Foundation	Pavan B Samaga	Visiting Angels
A.Apoorva.Jain	Adhvaya Trust	Pavani Nagaraj	CHILD DEVELOPMENT AND WOMEN EMPOWERMENT
Abdul Azeez Yasir	Sacred trust	Penmetsa Likhita Naga Sai	Asha kirana seva trust
Abhinav yadav	Amma foundation	Pooja CS	Rashtrottana Parishat
Abhirama Bhat M	Rashtrotthana Parishat	Poornima Ganapati Hegde	ABALASHRAMA
Abhishek Dangi	SUKANKSHA CHARITABLE TRUST	PRAJWAL GOWDA B R	Sri Mahalakshmi Old Age Home
Adarsh Hebbale	Voice of needy	Prajwal kumar k n	Helping hero
aditi vinod hadli	PRAANA ANIMAL FOUNDATION	Prakruthi v	Advaya trust
Aishwarya Laxmi Poojary	Praana Animal Foundation	Pranam Shetty M	Abhyudaya Jnanagiri
Ajay .A. Avadhany	Jnanajyothi Rehabilitation Society for Disabled	Prasanna Kumar C S	Ishanya India foundation
Akshata	Vatsalyapuram	Prateeksha Sadananda Hebbar	Reap benefits
AKSHAYKUMAR C V	C4EC Foundation	Preethi	Gramina Abyuday Seva Samsthe
Akshitha Prasad B K	Women and Child Development Department	Pujitha Vegiseti	StandUp India Foundation
Amit	M/S COLORS FOUNDATION	Punith R	Becky's Bow Wow House
Amita	Astha Shakti	Puridi Sudheer	Suprabha educational and charitable trust
Amogha Rao Dudale k	Mithra jyothi	Puridi.Bharath	Talaash Association
Amritha R Samaga	Rishika charitable trust	Rahul Giraddi	Sikshana Foundation
Amulya N U	E-Cure	Rahul Sidamallappa Ingleshwar	Need base India
Amulya S Mahindrakar	Feel At Home	Rakshith Hipparagi	Way For Life
Anand Anil	Indro Foundation	Rakshith Kumar Y J	Charlie animal rescue center
Ananya bhat	Indian cancer society , 9th main road,	Rakshitha K M	People for Animals
ANIL YOGAPPA HANJI	SAVE INDIAN FAMILY FOUNDATION(SIFF)	Rakshitha MR	PfA Wildlife Rescue & Conservation Centre
Anushree Balike	Tss- Taranya Shikshana Sewa Samiti	Ramyasri G	Preemanjali Foundation
Apoorva V Manur	Premanjali Foundation	Ravi Kumar	Sangachadwam Trust
Aradhya shree	Mathrubhumi organization	Robinson. A	Ankur swayam sava sangha
Arpita Subray Bhat	Adhiksha foundation	Roshan Rane	Mathrubhoomi Organisation
Arun Lonari	Vinyasa Trust	Ryan D'Souza	Visiting Angels
Ashwin R Madhyastha	Yuva Niyoga	S JAYADITHYA	Sacred Trust (I Support Farmer)
Asmita Kumari	Chaitanya old age home	S N Rajabhakshar Ali	Spoorthy old age home
B. Sanjay	Deenabandhu Social Service Organization	S Niithin Shankar	Youth for seva
Bhavish Shetty	Vijayee bhava Charitable trust Nagasandra	SAGAR S INACHI	Sangachadwam Trust
Chaithra	Kalparaksha educational and charitable trust	Sakshi.n	Bharavase
Chaitra G V	Upkrithi NGO	Samarth salunke	Sri Chaithanya Old Age Home
CHANDAN M	Dignity Foundation	Samartha B S	Yuva Niyoga
Channabasava s	Pranav Foundation	Sanath A N	Sri Sai Subramanya Educational Trust
CHINMAYA S	NEED BASED INDIA	Sanjana A	Sri sri rural development program skill center
Chirag M Shetty	SKDRDP	Sharan	Sri Mahalakshmi Senior citizen
D.K.SAI PRASAD	Abalasharma	Sharath Kumar	Suprabha educational and charitable trust
Darshan DK	Rohi foundation	Shobhika K S	TSS
Darshan S	United efforts foundation	SHOBITH R NAYAK	Bhoomee Agri Foundation (Sacred Trust)
Dasha	Vishwaneedam trust Ashram	Shreya	Way for life
Deepak G Rokhade	Youth For Seva	Shreya	SRI SRI RURAL DEVELOPMENT SKILL CENTRE
Dhanush Gk	Yuvaka Sangha	SHREYAS B R	VENTURE

Disha Dechamma MP	OM AASHRAM TRUST	Shreyas M B	Vijayee Bhava Charitable trust (VBCT)
G C Manoja	Samprapti foundation (old age home)	Shrinidhi	Surya kirana Foundation
Gomathi p	Sri Chaitanya old age home	Shubham Kothari	Sri Chaitanya old age home
Goutam mane	Rashtrorhna	Shubhangi Kadam	Suriya foundation
Gururaja Udupa Baikady	Orkla india pvt ltd, Digi Transformation & Sustaina	Shwetha N	Vidyagokula Charitable Trust
H.N.Tilak	Surya Kirana foundation	Siddaganga Shree MS	Superintendent Duff and Dum school
Insha Rahman	One million one billion (1M1B)	Sidhant zanvar	surya foundation
Iranna konin	SAVE INDIAN FAMILY FOUNDATION	Sinchana	Vidyagokula charitable trust
Jansi Varalakshmi R	United efforts foundation	Siyan Shaikh	Love India Regional Institute
Jinesh G Kabbin	Shri Mahalakshmi Senior Citizen	Sohan Kotari	Sri Sai Subramanya Educational Trust (R)
K Neela sreya	Need base india	Somanath Dakulgi	Helping hero
K P Guru Satwick	Aditya Birla Fashion and Retail	Somshekar Bocharé	Access Life
K SHYAM SUNDHAR RE	CAMPUS TO COMMUNITY	Spoorthy C	Samarthanam Trust for Disabled
Kaushiki Sinha	Feel home	Srujan S M	Bless Society
Kavya	Adamya Chetana	Suday Dodwad	Omashram Trust
Keerthiraj E	Voice of needy	Suhruth R	Aahwahan
Keshav	Pranav foundation	Sukesh K N	Vara foundation
Kiran Kumar Vuyyuri	Campus 2 Community	Sumanth Holla K N	Ishanya India Foundation
Laxmi Jakkappanavar	Vinyasa trust	Sushil Kumar	Sikshana Foundation
Likhita Naga Sai Penmets	Need Base India Organization	Sushmitha T K	Sparsha Trust
MADHUKAR POOJARI	Reap Benefits Bangalore	Swasthik Shetty	Bless Society
Madhumati.B.V	Astha Shakti	Syeda Saniya H	Vatsalayaapuram NGO
Mailarappa H Nimbannav	Helping hands foundation	T Varsha	Yuvaka Sanga
Megha	Stand-up india foundation	Tanvi	Becky's Bow Wow House
Meghana B R	Upkriti ngo	Thanda Veona	Rishika Charitable Trust
Mohammed sameer	Dignity foundation	Tushar R Mallur	LOVE INDIA REGIONAL INSTITUTE
Monica P K	Sri Rama Oldage Home	Ujwal Shetty	SCEAD Foundation
Mucchala Chaitanya Kum	Vara foundation	Varsha V S	Adamya Chetana foundation
MURALI KRISHNA Y	ABHYUDAYA	Varshitha	Bharavase
Murgesh Angadi	Helping hands	Vedika Nidhi Reddy	Abalashrama
Nachiket Vijay Hireesai	The Indian Institute for World Culture	Vidya Shree K B	Indian Institute of World Culture
Nagashree G S	Government school for deaf and dumb	Vidyashree G	Venture
Naman C shetty	Samprapti Foundation	Vijayashree S G	Shree Ramana Maharishi Academy for the Blind
Nandan Satyanarayan Bh	Indian Cancer Society	Vikas N Gowda	Aahwahan foundation
Naveen Ramesh Annigeri	Mitra Jyoti	Vinayak Manappa Totad	M/s, Colors Foundation
Navyashree M	GRAMINA ABHYUDAYA SEVA SAMSTHE	Vinayak Suhas	Leap Years,Adiksha Foundation
Niharika Reddy H	Akhil karnataka prani daya sangh(Regd.)Goushala	Vinutha Merlin.G	Sri Rama Oldage Home
Nikheel Bhumanna Shirsh	Sukanksha Charitable Trust	Vivek S N	Snehalaya children's care
Nikita Rotti	Akhil Karnataka Prani Daya Sangh Gaushala	Vivek sanwal	Vishwaneedam trust ashram
Nirupadi	Sri Mahalakshmi old age home	Yashaswini Desai	Shree Ramana Maharishi Academy for the Blind
Nithin	SRI CHARANA ELDERS HOME	Zameer Jahagirdar	One million one billion (1M1B)
Niyata Bhat	E- cure	Pancham Shetty	Snehalaya Foundation
P Chethan	Abalashrama	Pathirickal Sunil Abhijith	Indro Foundation
P V SREENIDHI	TALAASH		

