

RVIM UBA Achievements in Teleconsultation- A Report

May/June 2020-2021

RVIM has Adopted 5 Villages in Hosakote and 1 Village in Doddaballapura

Under Unnat Bharat Abhiyan initiated through National Coordinating Institute IIT Delhi.

RVIM organized Dental Camps in all its villages including Dental Treatments in Mobile Van with the support of DAPM RV DENTAL COLLEGE

Around 1000 beneficiaries through Dental Camps

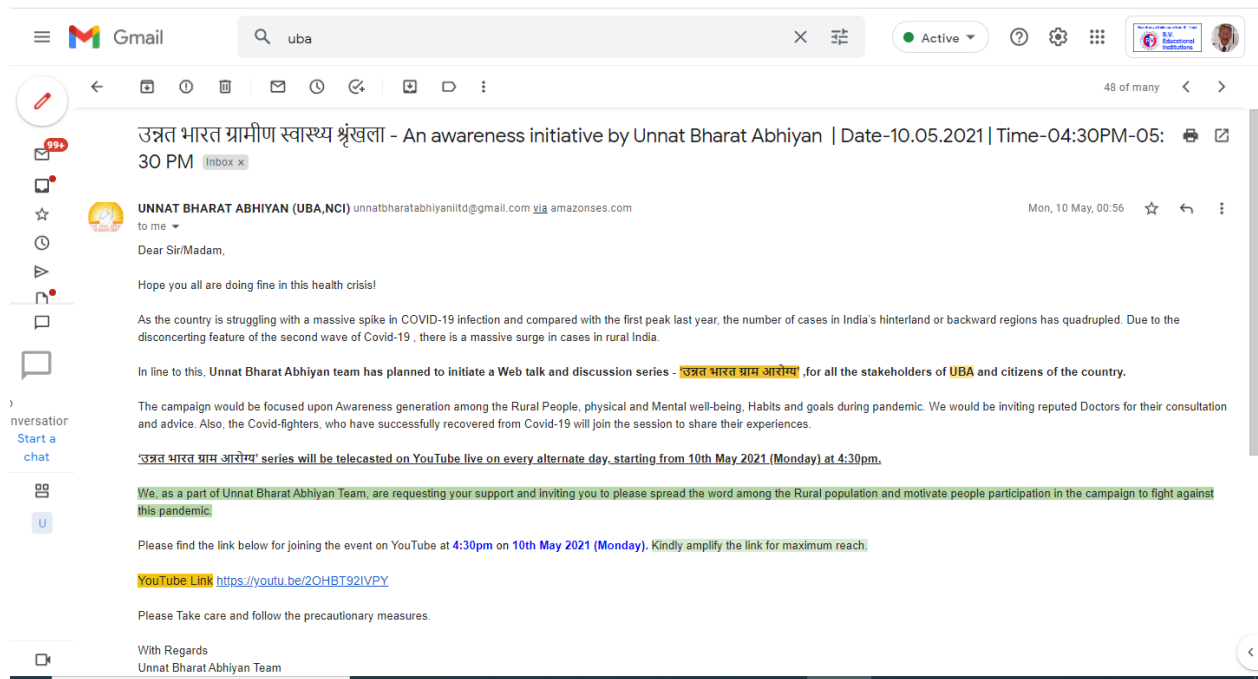
Pioneers in Tele consultation support during Lockdown .RVIM Team reached 300 beneficiaries through direct contact and 2000 through Tele consultation Awareness Sessions during First Wave in March 2020 and in 2021.

Now RVIM team is working to reach all the villages in Karnataka by digital awareness programmes to DEMONSTRATE USE OF GOVERNMENT OF INDIA E SANJEEVANI OPD (In this session Student Sahana explains the app usage)

Unnat Bharat Abhiyan initiated a web series and Youtube Live Telecast during lockdown to support village residents to reach to medical support during lockdown.

By then RVIM-CSR had developed a primitive teleconsultation model to reach doctor support by using Whatsapp for smart phone users and telephone for others along with podcast. This model was recognised by UBA and the RVIM team made a presentation to the National network of UBA Participating institutions to share the knowledge and challenges during initial stages of teleconsultation as they were the initial steps during lockdown.

Following the briefing RVIM-CSR organised awareness programmes to reach rural residents in particular and others in need of teleconsultation support through Podcasts, phone network during lockdown.



The screenshot shows an email from UNNAT BHARAT ABHIYAN (UBA, NCI) with the subject "उन्नत भारत ग्रामीण स्वास्थ्य श्रृंखला - An awareness initiative by Unnat Bharat Abhiyan | Date-10.05.2021 | Time-04:30PM-05:30 PM". The email content is in Hindi and English, discussing the COVID-19 situation in rural India and announcing a series of web talks and discussions. It includes a YouTube link for the event on May 10, 2021, at 4:30 PM.

उन्नत भारत ग्रामीण स्वास्थ्य श्रृंखला - An awareness initiative by Unnat Bharat Abhiyan | Date-10.05.2021 | Time-04:30PM-05:30 PM

UNNAT BHARAT ABHIYAN (UBA, NCI) unnatbharatabhiyanitd@gmail.com via amazonses.com

Dear Sir/Madam,

Hope you all are doing fine in this health crisis!

As the country is struggling with a massive spike in COVID-19 infection and compared with the first peak last year, the number of cases in India's hinterland or backward regions has quadrupled. Due to the disconcerting feature of the second wave of Covid-19, there is a massive surge in cases in rural India.

In line to this, Unnat Bharat Abhiyan team has planned to initiate a Web talk and discussion series - **उन्नत भारत ग्राम आरोग्य**, for all the stakeholders of UBA and citizens of the country.

The campaign would be focused upon Awareness generation among the Rural People, physical and Mental well-being, Habits and goals during pandemic. We would be inviting reputed Doctors for their consultation and advice. Also, the Covid-fighters, who have successfully recovered from Covid-19 will join the session to share their experiences.

उन्नत भारत ग्राम आरोग्य series will be telecasted on YouTube live on every alternate day, starting from 10th May 2021 (Monday) at 4:30pm.

We, as a part of Unnat Bharat Abhiyan Team, are requesting your support and inviting you to please spread the word among the Rural population and motivate people participation in the campaign to fight against this pandemic.

Please find the link below for joining the event on YouTube at 4:30pm on 10th May 2021 (Monday). Kindly amplify the link for maximum reach.

YouTube Link <https://youtu.be/2OHBt92IVPY>

Please Take care and follow the precautionary measures.

With Regards
Unnat Bharat Abhiyan Team

Invitation to RVIM from UBA

RVIM organized four online programmes under Unnat Bharat Abhiyan Gram Arogya Series. RVIM Faculty and Students supported Multilanguage interactions. Dr. Padmalinini Singh (Hindi) Prof. Rashmi Shetty (Tulu) and student Ms. Sahana (Kannada) interacted in different languages to reach a wider audience.

mail.google.com/mail/u/0/?tab=rm&ogbl#search/dR.cHANDRASHEKHAR+NIMHANS/FMfcgzGkZkQRxDjLjQZjdLmxVz...

UNNAT BHARAT GRAM AAROGYA SERIES
 उन्नत भारत ग्राम आरोग्य शृंखला

VIRTUAL SESSION REPORT

RCI Name	RV Institute of Management, Bangalore
Date & Day	3.6.2021 / Thursday
Time	04:00 pm to 05:00 pm
Language	Hindi, Kannada, Konkani
Expert's Bytes	1. Expert name and description of information they share in session. Dr. C R Chandrashekar, Retd. Professor of Psychiatry, NIMHANS, Bengaluru shared the knowledge regarding the diet, physical and mental health and lifestyle to be maintained during covid and how contactless Teleconsultation can be done by keeping oneself safe during covid.
	2. Expert name and description of information they share in session. Dr. Ravindra Y, Ayurveda Practitioner & President AYUSH Federation of India, Dharward District explained about e-Sanjeevani OPD.

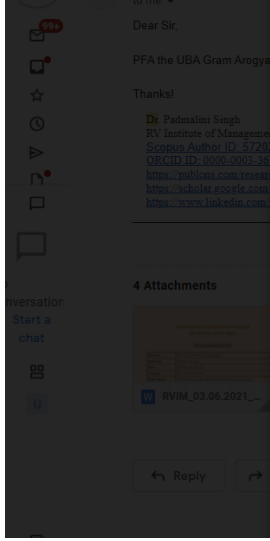
With Dr. C.R.Chandrashekar,Retd .Professor ,NIMHANS

UNNAT BHARAT GRAM AAROGYA SERIES
 उन्नत भारत ग्राम आरोग्य शृंखला

VIRTUAL SESSION REPORT

RCI Name	RV Institute of Management, Bangalore
Date & Day	8.7.2021 / Thursday
Time	03:00 pm to 04:00 pm
Language	Kannada, Hindi
Expert's Bytes	1. Expert name and description of information they share in session. Dr. Niranjana Rao, Dean, PG & PhD Studies, SDM College of Ayurveda and Hospital, Kuthpady, Udipi explained about Panchkarma Management for covid.
	2. Expert name and description of information they share in session. Dr. Pavana, HOD, Community Physiotherapy Associate Professor, RV College of Physiotherapy, Bengaluru explained about general physiotherapy at home during covid.

With Dr.Niranjana Rao, Dean, SDM College,Udupi and Dr.Pavana , HOD, Community Physiotherapy, R.V. College of physiotherapy

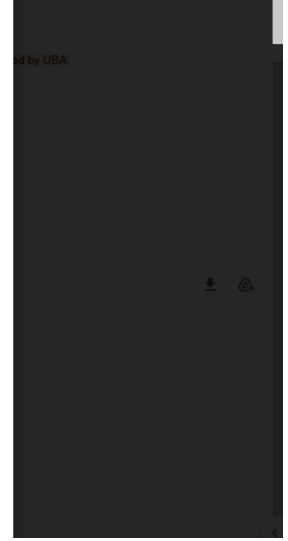


UNNAT BHARAT GRAM AAROGYA SERIES

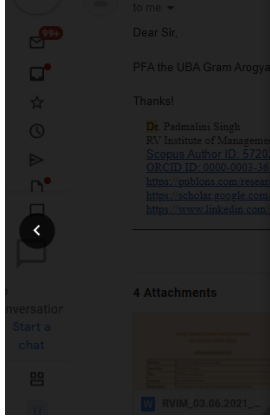
उन्नत भारत ग्राम आरोग्य शृंखला

VIRTUAL SESSION REPORT

RCI Name	RV Institute of Management, Bangalore
Date & Day	7.6.2021 / Monday
Time	04:00 pm to 05:00 pm
Language	Kannada, Hindi
Expert's Bytes	<p>1. Expert name and description of information they share in session.</p> <p>Dr. Asha lyengar, Principal, DAPMRV Dental College shared the knowledge about the necessary precautions to be taken during covid.</p> <p>2. Expert name and description of information they share in session.</p> <p>Dr Harikiran AG, Prof and Head Dept of Public Health Dentistry, DAPMRV Dental College moderated the entire session and extended knowledge about dental health care during covid.</p> <p>3. Expert name and description of information they share in session.</p> <p>Dr. BV Subhash, Department of Oral Medicine and Radiology, Bangalore explained Oral Health and COVID19.</p> <p>4. Expert name and description of information they share in session.</p> <p>Dr. Deepthi explained about COVID appropriate behaviour</p>



With Dr.Asha lyengar ,Principal, DAPM RVDC and their Team



UNNAT BHARAT GRAM AAROGYA SERIES

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VIRTUAL SESSION REPORT

RCI Name	RV Institute of Management, Bangalore
Date & Day	29.6.2021 / Tuesday
Time	03:00 pm to 04:00 pm
Language	Kannada, Hindi
Expert's Bytes	<p>1. Expert name and description of information they share in session.</p> <p>Dr. Shashikala NV, Primary Health Center, Sulibelle, Hoskote shared knowledge about family support of comorbid patient in prevention of covid19.</p> <p>2. Expert name and description of information they share in session.</p> <p>Dr. Chandrashekar Patil, Associate Professor and Nutrition Expert, Jain AGM Ayurvedic Medical College and Hospital, Hubli expounded about the ayurvedic nutritional consumption for prevention of covid19.</p>



With Dr.Shashikala , PHC, Sulibelle and Dr.Chandrashekar Patil, Jain Ayurvedic Medical College,Hubli



UNNAT BHARAT GRAM AROGYA SERIES

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A Tribute to

Late. Prof. Rajendra Prasad
(Founding pillar of UBA Program)

A virtual learning initiative on COVID-19

Jointly organized by
NCI-IIT Delhi
&
RV Institute of Management, Bengaluru

Topic

Physiotherapy and Panchakarma Management for Covid 19

DATE: 08.07.2021

TIME: 3:00 PM to 4:00 PM

LIVE: RVIM YOUTUBE CHANNEL

Link: https://www.youtube.com/results?search_query=rvi+m+youtube+channel&sp=mAEB

EXPERTS



Dr. Niranjan Rao, Dean,
PG & Phd Studies S.D.M. College of
Ayurveda and Hospital, Kuthpady Udupi



Dr. Pavana, HOD, Community
Physiotherapy Associate Professor,
RV College of Physiotherapy, Bengaluru

STOP THE SPREAD



Invitation

Poster

ಉಚಿತ ವೈದ್ಯಕೀಯ ಆರೋಗ್ಯ ಸೇವೆ.
ಮನೆಯಲ್ಲಿಯೇ ಕುಳಿತು ವೈದ್ಯರನ್ನು ಸಂಪರ್ಕಿಸಿ.

SeSanjeevani OPD
STAY HOME OPD

FREE

स्वस्थ भारत

AWARENESS PROGRAMME * MOVING FROM VILLAGE TO VILLAGES * RVIM-CSR STUDENT VOLUNTEERS

www.rvim.edu.in

Screen

Unnat Bharat Abhiyan Health Series RCI

Press Esc to exit full screen

RVM

Dr. Padmalini Singh

A Chandran

PAVANA

sahana shetty

Dr Niranjan Rao

zoom

0:33 / 1:04:05

Link of Virtual Interactions

The image shows a Zoom meeting interface. In the top right corner, a video feed of a woman named Sahana Shetty is visible. The main content is a presentation slide titled "Unnat Bharat Abhiyan Health Series RCI". The slide features a screenshot of the "National TeleConsultation Service" website. The website header includes the Ministry of Health & Family Welfare, Government of India, and navigation links for Patient Registration, Patient Login, and Doctor Login. Key statistics displayed on the website include: Total Consultation Hours (171974hrs 07mins), Doctors Attending at Present (244), Average Consultation Duration (02mins 39secs), and Avg. Patient Wait Time (07mins 29secs). A "Follow these steps to consult doctor" section lists: 1. Verify your mobile number, 2. Generate token after registering, 3. Login upon getting notification, and 4. Wait for your turn & consult doctor. Below the website screenshot is a flowchart titled "Registration & Token Generation" and "Waiting Room" leading to "Login" and "Consultation". The flowchart steps are: 1. Registration & Token Generation (Verify mobile no. using OTP, Fill Patient Registration Form, Request Token, Upload health records, if any, Receive Patient ID & Token through SMS), 2. Login (Wait for SMS notification to login, Login with Patient ID), 3. Waiting Room (Enter waiting room, CALL NOW button will get activated in sometime, Initiate VIDEO CALL), and 4. Consultation (Doctor will show up, Consult Doctor, Get instant ePrescription).

Unnat Bharat Abhiyan Health Series RCI

Student Volunteer Sahana Explaining the procedure to use E Sanjeevani

Video Links

<https://youtu.be/VhmsQIeXTeY>

Programme Impact:

Teleconsultation evolved during lockdown as this approach enabled patients to reach for doctor consultation during mobility restriction and quarantine. To prevent the spread of Covid 19 in the beginning of April 2020 many of the patients had to postpone the doctor consultations to treat diseases like BP, Diabetes, and Tooth decay and many such problems. This programme helped them to consult doctor from their homes at all times through phone and video call .

As multilingual approach were practice it was very helpful for people to understand the procedures and instructions to be followed in their known language.

The programme has been successful in taking away the fears and panic due to staying at home for a long period of time and people undergoing mental stress due to job loss and other financial problems developed during the lockdown.
