



**Workshop Organized by RVIM**  
on  
**General First Aid for (MBA Batch 2022-24)**  
By  
**Team from RV College of Nursing**  
**Bengaluru**

Date: 04 <sup>th</sup> Sept. 2023	Venue: Seminar Hall (RV Institute of Management)
Time: 08:15 am to 10.00 am	Event : Workshop
No. of Participants: 165	Event Coordinator: Asst. Professor Ankita Shrivastava
Section: A, B and C (MBA Batch 2022-24)	

**Objectives**

- To impart knowledge on First Aid to Saves Lives in the early hours of requirement.
- To make participants aware about accurately assessing the situation, act appropriately, and be more conscious of safety in their own home, workplace, or community.
- To impart enough knowledge on health and safety to make students aware of their lifestyle habits and choices to avoid the risk of developing problems.

**The flow of the Event**

- Introduction and information on necessity of having knowledge of Basic care and Life support.
- Different types of emergencies and dos and don'ts to be taken care on such situations.

**Outcome Achieved:**

The team started with a quick overview of what is constituted as medical emergency, what is meant by cardiac resuscitation, including safe use of defibrillator and how to save a patient with an obstructed airway.

Following were the learning objectives as dealt by the team in their presentation:

- To know what is medical emergency.
- Learn to apply critical thinking in an emergency situation.
- Learn problem solving and communication skills.
- To work as a team and also to be a team leader.

The workshop was comprised of four sessions including, common emergencies, ensuring scene safety and primary assessment, cardiac arrest and relieving airway obstruction due to choking.

The team described the spectrum of emergency care as on-site care, care during transit and care in the hospital.

The team demonstrated how to recognize common emergencies, manage COVID - 19 safeties in community and how to understand simple interventions that can stabilize the patient.

The workshop included imparting of knowledge on various common emergencies including heart attack, snake

bite, stroke, infections e.g., COVID – 19, diabetic collapse, fits and fractures, wounds, burns and life threatening bleeding.

The team further explained the importance of personal and scene safety in an emergency, steps to be taken to prevent further damage including infection control, using others in ensuring scene safety and performing primary assessment.

The workshop included thorough discussion on understanding what is Cardiac Arrest, the importance of calling for help and learning the correct steps to follow in such situation.

The session also included imparting knowledge on being able to recognize a choking victim, be able to demonstrate proper technique to relieve choking in all age groups and know how to help yourself if you choke and have airway obstruction.

Feedback & Coordinator Comment:

The resource team had a rich expertise in teaching and imparting knowledge on Basic care and Life support. The workshop was excellent, and the resource team was very good and well versed in their knowledge on the topic. It was a great program including demonstration of the scenarios using props and the resource team has delivered in a very simple manner, the participants have got a great insight on overall wellbeing.

Event Coordinators



Prof. Ankita Shrivastava



Director

Annexure 1	Mail communication
Annexure 2	Brief profile of the speaker
Annexure 3	Attendees list
Annexure 4	Photo Gallery

**All Students (Section A+B+C) kind attention.**

As a part of Health and Wellness curriculum, a **workshop** on "General First Aid" with Team from RV College of Nursing as resource persons, has been organised for 2nd Semester students.

 **Date: 04.09.2023 (Monday)**

 **Time: 08:15 am to 10:00 am**

 **Venue: Seminar Hall, 3rd Floor RVIM**

Attendance is compulsory and a quiz will be conducted the basis of the information imparted during session.

Attendance marks and quiz marks will be included in IA marks.

All are advised to take a note of the schedule and be present in Seminar hall 3rd floor accordingly.

Thanks  
Ankita Shrivastava

13.48 ✓✓

## Annexure 2

### Brief Profile of the Resources Team

The Resource Team included:

- Mrs. Mamata N (HOD – Dept. of Medical Surgical Nursing)
- Mrs. Sheela (HOD – Dept. of Obstetrics and Gynaecology).
- Mr. Chethan Kumar (HOD – Dept. of community Health Nursing).
- Mrs. Navitha (HOD – Dept. Psychiatry Nursing).
- Mrs. Gauthami (HOD – Dept. of Child Health Nursing).



# Annexure 3

## Attendees list

### Workshop on General First Aid

S No	Section A Name of the Student	Section B Name of the Student	Section C Name of the Student
1	CHETHAN K N	GURU PRASAD	MAHANA T T
2	SANTHOSH J	CHANDAN J A K R	KEERTI B M V V A
3	PRINYANKA M S	SUSHIMITHA	SRSREE VARESHA
4	PRINYANKA MALLYA U	MYTHIRI R	JAGRAJITH S
5	NIKITHA RAJIN	PRATHARAJAN R	ETAN R J M T A M A N T S
6	ADITHYAN KONA	VINAY KUMAR	ETYCELE IVAN S
7	SUPRIYA PRKASHI	MANOJ D	MAHESH K S H C E R
8	BHAVISHYA	GIRASAN GOUDA	SAHANAPATHI
9	HARSHITHA SL	AKSHAY SRAIKAR	TEJASVI SURESH CHAONKAR
10	TEJAS C	DHANUSHREE K T	SHREYANACESE
11	ANITHA SHETTY	RAKSHITHAN R	RAJESH K R
12	NAVEEN SKUMBAR	ADITHYAN SHREEMATHI	ETRAJAJANAKT
13	SATYAK ADAK	PRASHANT KUMAR	ABHIRAM K N
14	NEELAPPA YALAVATTI	B J MANOJ	VISHA S I A T K A R N A I A Y A N B H A T
15	SAGANESH VENKATESH	VIKRAM K R K A R	ETRAJAJAN VINOD K A M A N I
16	S I A S I W A T H B P	HIRSHI K R S H	S I A S I W A T H M N
17	PRATHAN B H A T	VENUKUMAR G M	SURESH V A N I T H Y U S H A
18	K S R A K S H I T A	PAVAN KUMAR J	U S H A M A N T H
19	SATJAN C S	M R S J A Y A S H E E	J A Y A J E K
20	SHARANYA	SURESH K O B I L	SANJAYAM
21	RASHIMI M	MANITH N S H E T T Y	DEEPAK M R S
22	PRANAY P A T I	CHATHAN S H E T T Y	ETRAJAJAN L I I Y A T
23	PURJITHA I I E C C O U L A R	ANJULI A V A C A N N A T I A N A I K	ANAND C A M A C C
24	SHASHANK KALLESH CHOMIRYKS	KARTHIK C A V A N A K U T I M A N I	V A S T I N A M A N T A I L U
25	SUMUKHA H C	DEEPAK SURESH CHAONKAR	J A G R A J I T H Y
26	PRAVEN SRAJ	PRATHIMRAJ GOVIA P	SURESH I A M E R S
27	ABHISHEK HEGDE	RANJITH K	DHANUSHA S
28	GAURAV	SURYAK	HARICHANDANAS MAREMALLA
29	NIKHIL HEGDE	GUNJAN RAJ CHAUDHARI	ASHISH M
30	SACHIN V N	SATHI M K N A R A S M I H A S H A S T R	KIRAN D S H I R A H A T T I
31	A J A Y B H A S K A R H E G D E	RYOJESH	N S K A R T H I K E Y A
32	DIVYPRASAD Y	DEEPAK S H E T T Y	K A V Y A N A N I K U M A R K A T T I K A P
33	CHIRANJEEVI RAMI PARANANDH	ARMANDEE J A N I Y A S T A W A R	ETRAJAJAN L I I Y A T
34	PRAVEN PRAJAKARTI HEGDE	ARUN I A N A A T I E C C I	N I I A N A T H A
35	ABHILASH K	KRISHAN KUMAR	H A V I T N K U M A R S
36	S I A S I W A T H S H E T T Y	SUMANTH K O U S I K R V	S A J A I J I R A I M A N
37	DINESH G	AKHILA KULKARNI	BHARATH
38	SALAN SOOMDA	AYUSHI	R A H U L R A E N D R A J A V A L I
39	NAVEEN KUMARA KA	SUJASKS	R A A T H K L
40	ANUSHRUTH D	DEEPAK DALAI	A M A L N A T H P K
41	RAJESH	KOUSHIK KUMARAR	S A T H I L C D
42	KRISHAN P K E E T H I K A	CHIRANMAYAN ACHIANI K A N A Y A K	E T R A J A J A N M A R
43	LAXMI PRASAD KARTHIKS	KAVITA J I M A N I	E T A L A N T A V I G B
44	RAJESH TA	MAYUR D H A K	A P A R I M T
45	BHUVAN C V A N I K A R	CHIRAN A A D I T Y A	K R A T H I R A N A N I A T S
46	RAJ KUMAR T	RISHI S A C A R T H K	N A V A J E T H S
47	SVISHAL	ABHINAV PRKASHI	M A N O H A R A N C M
48	NAGBHUSHAN SURESH SHIRAIKAR	ADITHYAN P	B I R A D A R A N I P A M A B A S A V A R A I
49	CHINTHAN BK	KARTHIK G B H A R A D W A I	E T A T H M S
50	DISHANTH	THARUN MADHAV G P	R A H I L M
51	BHARAV	V A S U N N	A M I S T A K S I I I A S M A N I K A R
52	AKSHATHA ANANTH SHET	ADITHYAN M S	A K S H A Y K U M A R A V A L I
53	PRAMOD NADAGER	P A L L A V	K R I S H A N T H I R A V A C E
54	CHILAMACHIBELA VAJRESH	VAMSEKUTAKRIMAN	A K S H I K K P A I A C E T R
55			K A V Y A B H U K A R N I
56			A A R T H G O E S
57			S H A S H A N K A S H E T T Y
58			
59			
60			

Annexure 4

Photo Gallery

