dignitaries were invited to light the lamp to marks the celebration of 'Valmiki Jayanthi. Soon after this the resource person started with his address to the gathering on this occasion.

In the initial introduction to the topic "Ramayana and Management"

Dr. 5 Ranganath spoke about the brief background of Valmiki's life and adressed on few Management lessons from Ramayana with anecdotes which include:

- Clarity in Speech
- Enthusiasm
- Time Management
- Patience and persistence
- Humanity
- Focus and Concentration
- Eyes are index of Face and Face reflects personality

The students enjoyed the session. They also posed question to the resource person which were answered appropriately. Dr. 5 Ranganath was very happy with the discussion session with the students and suggested to have one complete session only on interaction with the students and concluded his session by saying that he is learner and beliefs in continuous learning and likes to share knowledge with students. At the end of the session Mr. A Chandran, Faculty, Department of General Management proposed the vote of thanks.

TE OF

Bangalore

Report Submitted by:

Dr. Noor Firdoos Jahan

19/10/14

10.14

# Rashtreeya Sikshana Samithi Trust R V Institute of Management

### **Department of General Management**

## A Brief Report on

# A Talk by Param Pujya Swami Anubhavanandaji on 'Holistic Education'

31st October, 2014

Time

: 12.00 -1.30 pm

Venue

: Seminar Hall, 3rd Floor

A talk by Param Pujya Swami Anubhavanandaji on 'Holistic Education' was organized for the students of I semester MBA. The programme was conducted with an objective of creating awareness and enhancing the knowledge amid student community in the area of Holistic Education. The Programme started with the Invocation song by Mr. Vikram Mansabdar, 3<sup>rd</sup> semester student. With blessings of the God. Mr. N Suresh, Faculty, Department of General Management welcomed everyone for the programme and requested Dr. T V Raju, Director, R V Institute of Management to hand over the bouquet and welcomed Swamiji for the session. After welcoming the guests, the dignitaries were invited to light the lamp. Soon after this Dr. Thimappa Hegde, Director, Narayana Institute of Neurosciences, Bangalore introduced Swamiji Anubhavanandaji and invited him to address the gathering.

Swamiji started his session with his definition on management and said that, according to him Management is Man, Materials and Methodology and challenge for the manager lies with managing people and method used for the same.

Some of the very important Tips given by Swammiji include:

- Importance of attention, focus and self confidence for the individuals was explained by him very well through some illustrations.
- WWW makes people more incompetent, fit for nothing; hence students should be careful in using the internet.
- Methodology can be standardized.
- Man is most inconsistent variable hence the real challenge for the manager is managing people.
- Manager needs to work under a lot of challenges, still one have to be peace,
   calm and cheerful.
- Management lies with oneself not outside.
- Manager must have simplicity, ability to appreciate the work of others and avoid criticizing
- Always prepare perfectly
- Never mixed issues in life.
- Happiness is catalyst agent in our system, happiness is a creative force and not a destructive force. Hence one should always try to be happy and cheerful. Be unreasonably happy and achieve success
- Swamiji referred HR as Happy Relations

Swamiji concluded his session by saying that "Be happy without any reason" and invited question from the students. The students enjoyed the session. They also posed question to the Swamiji which were answered appropriately. At the end of the session Swamiji requested one girl and one boy to come forward and share

their learning from this session. Two students came forward voluntarily and share their views. At the end of the session Mr. A Chandran, Faculty, Department of General Management proposed the vote of thanks.

Report Submitted by:

Dr. Noor Findoos Jahan



## Swami Anubhavananda ji's Brief Profile:



#### A Talk by Pujya Swami Anubhavananda ji

Swami Anubhavananda is a guiding force of the current explosive information age. Suave, witty, Master of Vedanta, erudite, favorite of children, teens and adults

alike, he simplifies the stratospheric teachings of Vedanta, to down-to-earth language. His joke-a-minute style keeps the audience laughing, and before you know it, you imbibe the lofty Vedantic values and enjoy the process as well! He has been giving discourses on the Bhagavad Gita, Upanishads, and Patanjali Yogasutras and is one of the most sought after speakers on Vedanta today. A spiritual apostle with his heart open to the whole humanity, Swamiji communicates the truth in his witty and infectious style as if the truth of JUST BEING is the simplest thing on earth

## Photo gallery

