Title : International Yoga Day (IDY) Celebration	
Date: 20 June 2025	**Venue: Auroveda, Edamadu, Bengaluru**
Time: 8 am to 4 pm	**Event: International Yoga Day (IDY) Celebration**
No. of Participants: 400	**Event Coordinators: Prof Ankita & Dr. Kokila**

1. **Objectives of the event:**

- To commemorate International Yoga Day by encouraging the practice of yoga as a way of life.
- To create awareness about the importance of physical, mental, and environmental well-being.
- To instill social responsibility and environmental consciousness among students.
- To promote teamwork and experiential learning through outdoor activities.

2. **Event Details**

The programme commenced in the early morning with the participation of MBA students, faculty members, and staff. The day's activities were designed around the theme of **"Physical and Environmental Well-being."**
The celebration included:

- Yoga Trek promoting physical fitness and endurance.
- Guided yoga and wellness activities encouraging mindfulness and healthy living.
- Clean-Up Drive aimed at preserving the natural surroundings.
- Pond cleaning activity emphasizing water conservation.
- Plantation drive to promote environmental sustainability and biodiversity.

Students actively participated in every activity with enthusiasm and demonstrated a strong sense of environmental stewardship and community engagement.

a. Brief Description of the Event

The Department of MBA, RV Institute of Management, organized the International Yoga Day (IDY) Celebration **on** 20 June 2025 **at** Auroveda, Edamadu, Bengaluru, to promote holistic health and environmental sustainability. The event was conducted with the participation of first and second-year MBA students, faculty members, and staff. Distinguished guests, including **Prof. B. Mahadevan**, Former Dean, IIM Bangalore, and Dr. Subramanian, Secretary, Indian Yoga Association (IYA), Karnataka, graced the occasion. The celebration featured a **Yoga Trek**, **Clean-Up Drive**, **Pond Cleaning**, and **Plantation Drive**, highlighting the theme of **Physical and Environmental Well-being**. Through these activities, participants experienced the importance of yoga as a way of life while contributing towards environmental conservation and community service. The event successfully fostered physical fitness, mindfulness, teamwork, social responsibility, and environmental awareness among the participants.

b. Brief Profile of the Resource Person/s

Prof. B. Mahadevan, Former Dean of the Indian Institute of Management Bangalore, is a renowned management educator and thought leader with extensive expertise in Operations Management, Leadership, and Indian Knowledge Systems. **Dr. Subramanian**, Secretary of the Indian Yoga Association, is an eminent yoga practitioner and wellness advocate dedicated to promoting yoga as a holistic approach to health and well-being. Together, they have made

significant contributions to management education, yoga, and the integration of Indian knowledge systems for personal, professional, and societal development.

a. Brochure/Flyer

N/A

a. Circular

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Ref No: 14-B /RVIM/MBA/CIR 2025-26 Date: 19/06/2025

CIRCULAR

This is to inform all the 1st and 2nd year MBA students, we are organizing the International Yoga Day (IDY) celebration at Ayurveda Edamadu, Bengaluru, on 20th June 2025 i.e.Friday from 07:00 am onwards. This event is being organized in line with the in principle approval granted by the competent authority of the Morarji Desai National Institute of Yoga (MDNIY) Prof. B. Mahadevan, Former Dean, IIMB and Dr. Subramanian – Secretary, IYA Karnataka will be gracing the occasion

The theme of this year's celebration will focus on both physical and environmental well-being, which will be highlighted through a Yoga Trek and Clean Up Drive, including pond cleaning and plantation activities. All the Students have to attend without fail. Attendance is compulsory and will be mapped to respective subjects of 20 Hrs /2025
Come in comfortable clothing, shoes, hat and bring your own yoga mat, water bottle, and napkin (Medicines if required).

Note: Breakfast will be provided to all. Provide consent letter to the co-ordinators [Prof. Ankita/Mr. Manjunath N/ Prof. Kokila Kulkarni]

Director

b. Attendance with signatures

RVIM Staff List

Sl.No.	Name	Signature
1	Dr. Noor Firdous Jahan	
2	Dr. Anupama K Malagi	
3	Dr. Tamizharasi D	
4	Dr. Srikanth. P	
5	Mr. C.S. Venkatesh	
6	Dr Santhosh. M	
7	Dr. Jahnavi. M	
8	Dr. Kruthika. J	
9	Dr. Sumera Aluru	
10	Dr. Rashmi Shetty	
11	Dr. Vinay KS	
12	Dr. Swaraj S Bharti	
13	Dr. Sunitha P	
14	Mrs. Anitha. B M D'Silva	
15	Mr. Nagasubba Reddy	
16	Mrs. Sowmya. D. S	
17	Mr. S.K. Manjunath	
18	Mrs. Uma Sharma	
19	Mrs. Ankita Shrivastva	
20	Mrs. Pooja Ravindra Tikaikar	
21	Ms. Kokila Kulkarni	
22	Mr. Mithun DJ	
23	Mrs. Anupama S M	
24	Mr. Chethan Kumar. B	
25	Mr. Subbarayappa	
26	Mr. Sudhara. H.R	
27	Mr. Manjunath. L	
28	Mr. Shivakumar H C	
29	Mrs. Kavyashree. S	
30	Mr. Sujan Paul	
31	Mrs. Kiran Kumari K	
32	Mrs. Lakshmi.R	
33	Mrs. Laksmi. A	
34	Mr. Kusuma. S.C	
35	Mr. Manjunath N	
36	Mr. Ashok Kumar Reddy. B	
37	Mr. Kumar S. T	
38	Parasuraju A.J	
39	Borashetty	
40	Geetha	
41	Suvarnamma	
42	Ravi Kumar	
43	Mamatha.L	
44	Kajarana	
45	Shankar Gowda	
46	Devi	
47	Dr. Deepika Prasad	

28	P18FW24M015103	SIDDAGANGA SHREE MS	
29	P18FW24M015104	SIDHANT ZANVAR	
30	P18FW24M015106	SOMSHEKAR BOCHARE	
31	P18FW24M015113	SUSHMITA DEY	
32	P18FW24M015115	THANDA VEONA	
33	P18FW24M015117	VARSHA V S	
34	P18FW24M015121	VIDYASHREE G	
35	P18FW24M015124	VINAYAK MANAPPA TOTAD	
36	P18FW24M015125	VINUTHA MERLIN.G	
37	P18FW24M015127	VIVEK SN	
38	P18FW24M015133	K P GURU SATWICK	
39	P18FW24M015136	SURAKSHITH S SALIAN	
40	P18FW24M015139	SINCHANA	
41	P18FW24M015140	RYAN JOSHUA DSOUZA	
42	P18FW24M015143	BHAVISH SHETTY	
43	P18FW24M015144	NAGASHREE G S	Nagashree. G.S
44	P18FW24M015146	T VARSHA	
45	P18FW24M015149	SHRINIDHI	
46	P18FW24M015150	TANVI K	
47	P18FW24M015152	YASHASWINI DESAI	
48	P18FW24M015153	UJWAL SHETTY	
49	P18FW24M015154	CHAITRA G V	
50	P18FW24M015155	ASHWIN R MADHYASTHA	
51	P18FW24M015156	PUNITH R	
52	P18FW24M015158	VINAYAK SUHAS	
53	P18FW24M015159	SOMANATH	
54	P18FW24M015160	PRANAM SHETTY M	
55	P18FW24M015162	DHANUSH G K	

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contact.rvim@rvei.edu.in
www.rvim.edu.in
Tel: 080 42540300
080 26547048

INTERNATIONAL DAY OF YOGA 2025 HARIT YOGA

	Sl. No	Name	Phone No	Sign
A *	1.	Harshith. G	7019733415	Harshith
B *	2.	Hrithik	9964806736	[illegible]
C	3.	Vinay R Gowda	7676035311	[illegible]
C	4.	Likith	8310221585	[illegible]
B	5.	Lakshmi	7338333434	[illegible]
B *	6.	Shilpa	9353496938	Shilpa
A	7.	Roshan	8728388112	[illegible]
C	8.	Sowjanya	8088735023	[illegible]
A	9.	Hrishikesh	8436027764	[illegible]
A	10	Apeksha	8867689936	[illegible]
A	11.	Vishal	7019983936	[illegible]
A	12.	Prathui	8660219761	[illegible]
A	13.	Vindhya	9483605955	Vindhya
A	14.	Medha	8073743107	Medha
A	15.	Supritha	7899947033	[illegible]
A	16	Pooja	7760926692	[illegible]
A	17.	Neha Prasad	8431472240	[illegible]
A	18	Anjali	7542097866	[illegible]
A	19	Sadiya	8123855527	[illegible]
	~~20~~	~~Anjali~~		
B	21	Chaitanya	9686023263	[illegible]
A	22	Adhui	8197463527	[illegible]
A	23	Steffi	9731394843	Steffi
B *	24	Bhargavi	8897659102	C.Bh
A	25.	Veda	8985166303	[illegible]
C	26	Nandhisha	8748887415	[illegible]
B	27.	Sujay G.N	8660970700	Sujay G.N
C	28	Keerthi Saboo	9739746905	[illegible]
C	29.	Bhagyalakshmi	8431314334	[illegible]
C	30	Manjulam	9880623546	Manjulam

INTERNATIONAL DAY OF YOGA 2025 HARIT YOGA

Sl. No	Name	Phone No	Sign
31.	Shivanand Medar	9686150802	
32.	Shivaraj Jagapur	8073753659	
33.	Indresh N.	9164657897	
34.	Ismail	9515034599	
35	Vinay Reddy	9008646393	
36	Mayur	7338020822	
37.	Rakshitha R.	8971388061	
38	Usman	9513819665	
39.	Charupriya	9972276507	
40.	Neha Chougale	8762909227	
41.	Shivshankar	8123318415	
42.	Vaishnavi	9148861116	
43.	Tahir	9663181935	
44.	Namitha	9686547275	
45.	Karthik Kamath	7892703621	
~~46~~	~~Neha Chougale~~		
~~46~~	~~Nithya~~		
~~47~~	~~Vinay R~~		
48	Harshith P		
49	Karthik H.N	9483193569	
50	Anoop G		
51	Abhishek Shetti		
52	Tejashree G.P		
53	Umesh S.A		

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57	P18FW24M015164	PRATEEKSHA SADANANDA HEBBAR	
58	P18FW24M015172	GURURAJA UDUPA BAIKADY	
59	P18FW24M015179	ARPAN KUMAR SAH	
60	P18FW24M015180	MURALI KRISHNA Y	

RVIM - INTERNATIONAL DAY OF YOGA 2025 HARIT YOGA (Section B)

SL No	USN No.	Name	Sign
1	P18FW24M015001	A. APOORVA. JAIN	
2	P18FW24M015003	ABHINAV YADAV	
3	P18FW24M015009	AKSHATA	
4	P18FW24M015010	AKSHAYKUMAR C V	
5	P18FW24M015015	AMULYA N U	
6	P18FW24M015018	ANANYA BHAT	
7	P18FW24M015019	ANIL YOGAPPA HANJI	
8	P18FW24M015022	ARADHYA SHREE	
9	P18FW24M015024	ASMITA KUMARI	
10	P18FW24M015025	CHAITHRA	
11	P18FW24M015026	CHANDAN M	
12	P18FW24M015027	CHANNABASAVA S	
13	P18FW24M015029	DARSHAN DK	
14	P18FW24M015030	DARSHAN S	
15	P18FW24M015032	DEEPAK G ROKHADE	
16	P18FW24M015039	IRANNA KONIN	
17	P18FW24M015042	K A SHARAN	
18	P18FW24M015043	K NEELA SREYA	
19	P18FW24M015045	KARISHMA JAIN	
20	P18FW24M015049	KESHAV KULKARNI	
21	P18FW24M015052	MADHUMATI.B.V	
22	P18FW24M015055	MEGHANA B R	
23	P18FW24M015057	MONICA P K	
24	P18FW24M015058	MUCCHALA CHAITANYA KUMAR REDDY	
25	P18FW24M015060	NANDAN SATYANARAYAN BHAT	
26	P18FW24M015066	NITHIN SHANKAR S	

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SL No	USN No.	Name	Sign
1	P18FW24M015002	ABDUL AZEEZ YASIR	
2	P18FW24M015012	AMIT	
3	P18FW24M015014	AMOGHA RAO DUDALE K	
4	P18FW24M015016	AMULYA S MAHINDRAKAR	
5	P18FW24M015023	ARPITA SUBRAY BHAT	
6	P18FW24M015028	CHINMAYA S	
7	P18FW24M015033	DISHA BHARAT PATIL	
8	P18FW24M015034	G C MANOJA	
9	P18FW24M015036	GOMATHI P	
10	P18FW24M015044	K SHYAM SUNDHAR REDDY	
11	P18FW24M015046	KAUSHIKI SINHA	
12	P18FW24M015047	KAVYA	
13	P18FW24M015048	KEERTHIRAJ E	
14	P18FW24M015054	MEGHA	
15	P18FW24M015061	NAVEEN RAMESH ANNIGERI	
16	P18FW24M015063	NIHARIKA REDDY H	
17	P18FW24M015064	NIKITA ROTTI	
18	P18FW24M015068	P CHETHAN	
19	P18FW24M015069	PANCHAM VIJAYKUMAR SHETTY	
20	P18FW24M015074	POOJA C S	
21	P18FW24M015075	PRAJWAL GOWDA B R	
22	P18FW24M015076	PRAJWAL KUMAR K N	
23	P18FW24M015080	PURIDI BHARATH	
24	P18FW24M015082	RAHUL SIDAMALLAPPA INGLESHWAR	
25	P18FW24M015089	S JAYADITHYA	
26	P18FW24M015094	SANJANA.A	

57	P18FW24M015145	SANATH A N	
58	P18FW24M015148	NAMAN C SHETTY	
59	P18FW24M015161	SIYAN ABDULREHMAN SHAIKH	
60	P18FW24M015176	NANDITA GOKAK	

59	P18FW24M015177	ARUN RAMESH LONARI	
60	P18FW24M015178	SANKETHA KANI	

28	P18FW24M015070	PATHIRICKAL SUNIL ABHIJITH	
29	P18FW24M015071	PAVAN B SAMAGA	
30	P18FW24M015073	PENMETSA LIKHITA NAGA SAI	
31	P18FW24M015079	PUJITHA VEGISETTI	
32	P18FW24M015081	PURIDI SUDHEER	
33	P18FW24M015087	ROSHAN R RANE	
34	P18FW24M015088	RAKSHITHA K M	
35	P18FW24M015090	S N RAJABHAKSHAR ALI	
36	P18FW24M015091	SAKSHI N	
37	P18FW24M015092	SAMARTH T SALUNKE	
38	P18FW24M015095	SHARATH KUMAR V DODDAMANI	
39	P18FW24M015098	SHREYA	
40	P18FW24M015099	SHREYA US	
41	P18FW24M015101	SHUBHAM KOTHARI	
42	P18FW24M015102	SHWETHA N	
43	P18FW24M015105	SOHAN KOTARI	
44	P18FW24M015109	SUHRUTH R	
45	P18FW24M015110	SUKESH K N	
46	P18FW24M015112	SUSHIL KUMAR	
47	P18FW24M015116	TUSHAR RAGHAVENDRA MALLUR	
48	P18FW24M015120	VENKATESH	
49	P18FW24M015122	VIJAYASHREE S G	
50	P18FW24M015123	VIKAS N GOWDA	
51	P18FW24M015128	VUYYURI KIRAN KUMAR	
52	P18FW24M015130	RAKSHITHA M R	
53	P18FW24M015131	RAHUL GIRADDI	
54	P18FW24M015132	SYEDA SANIYA H	
55	P18FW24M015138	PRAKRUTHI V	

29	P18FW24M015085	RAVI KUMAR	
30	P18FW24M015086	ROBINSON.A	
31	P18FW24M015093	SAMARTHA B S	
32	P18FW24M015096	SHOBHIKA K S	
33	P18FW24M015100	SHREYAS B R	
34	P18FW24M015107	SRUJAN SM	
35	P18FW24M015108	SUDAY SURESH DODWAD	
36	P18FW24M015111	SUMANTH HOLLA K N	
37	P18FW24M015114	SUSHMITHA T K	
38	P18FW24M015118	VARSHITHA	
39	P18FW24M015119	VEDIKA NIDHI REDDY	
40	P18FW24M015126	VIVEK SANWAL	
41	P18FW24M015129	ZAMEER JAVEED AHMED JAHAGIRDAR	
42	P18FW24M015134	NIKHEEL BHUMANNA SHIRSHYAD	
43	P18FW24M015135	D.K.SAI PRASAD	
44	P18FW24M015137	MADHUKAR SUDHAKAR POOJARI	
45	P18FW24M015142	ABHISHEK SHRISHAIL DANGI	
46	P18FW24M015147	SWASTHIK SHETTY	
47	P18FW24M015151	PREETHI BOMALE	
48	P18FW24M015157	POORNIMA GANAPATI HEGDE	
49	P18FW24M015165	RAKSHITH KUMAR Y J	
50	P18FW24M015166	SPOORTHY C	
51	P18FW24M015167	H.N.TILAK	
52	P18FW24M015168	SHUBHANGI D KADAM	
53	P18FW24M015169	P V SREENIDHI	
54	P18FW24M015170	SAGAR S INACHI	
55	P18FW24M015171	DISHA DECHAMMA MP	
56	P18FW24M015173	NACHIKET VIJAY HIREDESAI	
57	P18FW24M015174	CHIRAG M SHETTY	

c. Feedback form
N/A

d. Outcome attained

The programme successfully:

- Enhanced awareness regarding the benefits of yoga for physical and mental health.
- Encouraged students to adopt healthier lifestyles through regular yoga practice.
- Fostered environmental responsibility through practical conservation activities.
- Strengthened teamwork, leadership, and community participation among students.
- Reinforced the message that individual well-being and environmental sustainability are closely interconnected.

e. Photo gallery (selected 4 to 5 photos with relevant captions)









Event Co-ordinator

Director

Round seal in all the pages