RV Institute of Management®
CA 17, 36th Cross Rd, 26th Main, 4th T Block East, Jayanagar, Bengaluru - 560041, Karnataka, India

Autonomous Institution Affiliated to Bengaluru City University

Approved by AICTE, New Delhi. Accredited by NAAC with A+ Grade
OS Ministry Diamond Rated

contact.rvim@rvei.edu.in
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Tel: 080 42540300
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RASHTREEYA SIKSHANA SAMITHI TRUST
No: 5436
Date: 29/10/25

Ref No: 327/RVIM/MBA/2025-26

Date: 24.10.2025

To
The Director
R V Institute of Management
Bangalore, Karnataka

Regarding: Proposal for onboarding student assistant for yoga and IT Skills tutoring on minimum stipend of Rs. 500 per session of two hours.

Respected Sir,

This letter is to request you for considering the proposal of onboarding of students mentioned below as student assistant on a minimum stipend basis for yoga sessions under 2 credit course of Health & Wellness as well as for IT Skills sessions (under 4 credit course of IT Skills for Managers), scheduled for 1st year students (MBA batch 2025-27).

The student assistant will be assisting in delivering yoga and IT skills sessions to the A/B/C sections of batch 2025-27.

Health & Wellness			
S.No.	**Registration No.**	**Name**	**Sessions Planned**
1	P18FW24M015007	Aishwarya	12 sessions a month
2	P18FW24M015047	Kavya	12 sessions a month
3	P18FW24M015036	Gomathi	12 sessions a month
4	P18FW24M015109	Suhuruth	12 sessions a month
5	P18FW24M015156	Punith	12 sessions a month
6	P18FW24M015117	Varsha V S	12 sessions a month
IT Skills			
S.No.	**Registration No.**	**Name**	**Sessions Planned**
1	P18FW24M015088	Rakshitha K M	24 sessions a month
2	P18FW24M01504	Jhansi	24 sessions a month
3	P18FW24M015026	Chandan	24 sessions a month
4	P18FW24M015085	Ravi Kumar	24 sessions a month
5	P18FW24M015131	Rahul	24 sessions a month
6	P18FW24M015066	Nithin	24 sessions a month
Technical Assistant (Health & Wellness)			
S.No.	**Employee Id**	**Name**	**Sessions Planned**
1	5179	MANJUNATH N	12 sessions a month

Kindly approve a stipend of ₹500 per session for students for their service as student assistant (Health & Wellness / IT Skills) and Rs.750 per session to technical assistant (Health & Wellness only) who will drive the course along with the facilitator and Rs.250 per session to office executive (Health & Wellness only), who will make all the arrangements for every session for delivering Health & Wellness and IT skills course, in recognition of their valuable contribution to the institution.

Below mentioned students are proposed as back up. Students under back up will only be taking care of sessions if any regular student assistant is not available for the session due to some emergencies.

Health & Wellness		
S.No.	**Registration No.**	**Name**
1	P18FW24M015126	Vivek
2	P18FW24M015171	Disha
IT Skills		

29/10/25

A/c + Kokila + AO
AO Roll out the offer letter of student tutors & Kokila - call them & give
31/10

(PTO)

Forwarded to Honorary Secy Sir, RSST

Like in last 3 years, we want to use the services of interested and skilled students as "Student Assistants" while delivering "Health and Wellness" and "IT Lab" courses.

We seek nominations from interested students and then select the best available from the II year MBA group. We pay nominal honorarium of Rs. 500/- per session of 2 Hrs. L/y we spent around Rs. 224750/- towards the same. This is also being recognized as one of the best practices at RVIM.

Simillarly we would like to continue the usage of services of Mr. Manjunath N (Technical Assistant) who is coordinating all the activities of "Health and Wellness" course. We were paying Rs. 750/- per session of 2 Hrs. as an Honorarium.

L/y approval note is enclosed herewith for your kind reference.

For your kind consideration & approval.

Approved
28/10/24

Lottam.
28/10/2024

RASHTREEYA SIKSHANA SAMITHI TRUST
No: 6706
Date: 29/10/25

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S.No.	Registration No.	Name
1	P18FW24M015177	Arun
2	P18FW24M015144	Nagashree

Attached along with this letter is the previous year's approval letter for student assistants who helped with health & wellness sessions in the first year MBA yoga classes for the batch 2024-26. This is for the information that the total payment made to all the students under Health & Wellness is amounted to Rs. 1,77,750/- for 76 sessions of 2 hours each and total payment made to all the students under IT related subjects is amounted to Rs. 47,000/- for 94 sessions of 2 hours each, between the period of Feb-24 to Sept-24.

Thanks, and Regards

Kokila Kulkarni
Assistant Professor
HR Department
RVIM, Bengaluru
Contact: 8884735656

RV Institute of Management®

Ref No: RVIM/MBA/2024-25

Date - 14.12.2024

To
The Director
R V Institute of Management
Bangalore, Karnataka

Regarding: Proposal for onboarding student assistant, technical assistant and Office executive for delivering yoga and IT Skills course in a professional manner.

Respected Sir,

This letter is to request you for considering the proposal of onboarding of students mentioned below as student assistant on a minimum stipend basis for yoga sessions under 2 credit course of Health & Wellness as well as for IT Skills sessions (under 4 credit course of IT Skills for Managers), scheduled for 1st year students (MBA batch 2024-26).

The student assistant will be assisting in delivering yoga and IT skills sessions to the A/B/C sections of batch 2024-26.

Health & Wellness

S.No.	Registration No.	Name	Sessions Planned
1	P18FW23M015043	HRITHIK N	12 sessions a month
2	P18FW23M015039	HARSHITH G	12 sessions a month
3	P18FW23M015127	SHILPA R	12 sessions a month
4	P18FW23M015027	C BHARGAVI	12 sessions a month

IT Skills

S.No.	Registration No.	Name	Sessions Planned
1.	P18FW23M015013	AKSHAYKUMAR SUNIL POL	24 sessions a month
2.	P18FW23M015015	AMRUTHA B G	24 sessions a month
3	P18FW23M015168	CHAITRA M S	24 sessions a month
4	P18FW23M015103	RAKSHITHA P	24 sessions a month

Technical Assistant & Office Executive (Health & Wellness)

S.No.	Employee Id	Name	Sessions Planned
1.	5179	MANJUNATH N (Technical Assistant)	12 sessions a month
2.	5189	MANJUNATH L (Office Executive)	12 sessions a month

Kindly approve a stipend of Rs. 500 per session to students for their service as student assistant (Health & Wellness / IT Skills) and Rs. 750 per session to technical assistant (Health & Wellness only) who will drive the course along with the facilitator and Rs. 250 per session to office executive (Health & Wellness only), who will make all the arrangements for every session for delivering Health & Wellness and IT skills course, in recognition of their valuable contribution to the institution.

Below mentioned students are proposed as back up. Students under back up will only be taking care of sessions if any regular student assistant is not available for the session due to some emergencies.

Health & Wellness			IT Skills		
S.No.	Registration No.	Name	S.No.	Registration No.	Name
1	P18FW23M015046	KARTHIK G R	1.	P18FW23M015038	HARSHAD NARAYANA M S
2	P18FW23M015106	RESHMI S	2.	P18FW23M015163	YASHWANTH GOWDA B A

Attached along with this letter is the previous year's approval letter for student assistants who helped with health & wellness sessions in the first year MBA yoga classes for the batch 2023-25. This is for the information that the total payment made to all the students under Health & Wellness is amounted to Rs. 87,000/- for 46 sessions of 2 hours each and total payment made to all the students under IT related subjects is amounted to Rs. 22,250/- for 36 sessions of 2 hours each, between the period of Feb 24 to Sept-24.

Thanks and Regards

Ankita Shrivastava
Assistant Professor
Finance Department
RVIM Bengaluru
Contact: 7045354073

Forwarded to Honorary Secy Sir, RSST

Like last 2 years we want to use the student Assistants for Health & Wellness and IT Skills courses. We select the last students for I year completion and use their services as student Assistants. We pay nominal honorarium of Rs. 500/- per session of 2 hrs. copy of the approval note for last 2 years is enclosed for your reference.

The Technical Assistant Mr. Manjunath N, who is helping the course facilitator in delivering the Health & Wellness course, we would like to propose the honorarium from 500/- to 750/- for a 2 hr session and to Rs. 250/- per session honorarium to Mr. Manjunath L office

Can be approved

JUNE - 2025

7

Haithik. N (Health & Wellness P18FW23M01S013)

S/No	Date	Sec	Topic covered	Duration	In	out	Sign
1)	3/6/25	A	Practise class overall	2 hrs	7.30 am	9.30 am	
2)	4/6/25	B	Pratise class overall	2 hrs	7.30 am	9.30 am	
3)	5/6/25	C	Pratise class overall	2 hrs	7.30 am	9.30 am	
4)	10/6/25	A	Pranayama class	2 hrs	7.30 am	9.30 am	
5)	11/6/25	B	Pranayama class	2 hrs	7.30 am	9.30	
6)	12/6/25	C	Pranyama class	2 hrs	7.30	9.30	
7)	17/6/25	A	Yoga Group	2 hrs	7.30	9.30	
8)	18/6/25	B	Yoga Group	2 hrs	7.30	9.30	
9)	24/6/25	C	Yoga Group	2 hrs	7.30 a	9.30	
10)	25/6/25	A	Yoga GD	2 hrs	7.30 am	9.30	

Total number of session : 10 Session

Co-ordinator Name & Sign : Prof. Ankita Shrivastva

Co-ordinator Name & : Prof. Ankita Shrivastva

Sign : Ankit

C. Bhargavi (Health & Wellness) P18FW23M015027

Sl.No.	Date	Sec	Topic covered	Duration	In	out	Sign
1)	3/6/25	A	Practice class	2hrs 7:30	7:30	9:00	C.Bh
2)	4/6/25	B	Practice class	2hrs	7:30	9:30	C.Bh
3)	5/6/25	C	Practice class	2hrs	7:30	9:30	C.Bh
4)	6/6/25	A	Pranayama	2hrs	7:30	9:30	C.Bh
5)	11/6/25	B	Pranayam	2hrs	7:30	9:30	C.Bh
6)	12/6/25	C	pranayam	2hrs	7:30	9:30	C.Bh
7)	17/6/25	A	Practice & Yogagap	2hrs	7:30	9:30	C.Bh
8)	18/6/25	B	Yoga group	hrs	7:30	9:30	C.Bh
9)	25/6/25	A	Yoga demonstratio	2hrs	7:30	9:30	C.Bh

Total number of Session - 9 Sessions

Co-Ordinator Name : Prof. Ankita Shrivastva.

Sign : Ankit

JUNE - 2025

Harshith. G

Sl No	Date	Sec	Topic covered	Duration	In	out	Sign
1	3/6/25	A	Revision	2hrs	7:30	9:30	Harshith
2	4/6/25	B	Revision	2hrs	7:30	9:30	Harshith
3.	5/6/25	C	Revision	2hrs	7:30	9:30	Harshith
4.	10/6/25	A	Pranayama	2hrs	7:30	9:30	Harshith
5.	11/6/25	B	Pranayama	2hrs	7:30	9:30	Harshith
6.	12/6/25	C	Pranayama	2hrs	7:30	9:30	Harshith
7.	17/6/25	A	Yoga group	2hrs	7:30	9:30	Harshith
8.	18/6/25	B	Yoga group	2hrs	7:30	9:30	Harshith
9.	24/6/25	C	Yoga group	2hrs	7:30	9:30	Harshith
10.	25/6/25	A	Yoga demonstration	2hrs	7:30	9:30	Harshith

Total number of hour's : 10 Session.

Co-ordinator name & : Prof. Ankita

Sign : Ankita

Shilpa. R.

Sl No	Date	Sec	Topic covered	Duration	In	out
1.	3/6/25	A.	practice class	2 hrs	7:30	9:30
2.	4/6/25	B	practice class	2 hrs	7:30	9:30
3.	5/6/25	C	practice class	2 hrs	7:30	9:30
4.	10/6/25	A.	pranayama	2 hrs	7:30	9:30
5.	11/6/25	B	pranayama	2 hrs	7:30	9:30
6	12/6/25	C	pranayama	2 hrs	7:30	9:30
7.	17/6/25	A	yoga group	2 hrs	7:30	9:30
8.	18/6/25	B	yoga group	2 hrs	7:30	9:30
9.	24/6/25	C	yoga group	2 hrs	7:30	9:30
10.	25/6/25	A.	yoga demonstration	2 hrs	7:30	9:30

Total number of hour's: 10 Hrs

Co-ordinator name: Prof. Ankita

Sign:

IT skills.

Rakshitha. P - P18FW23M015103.

10 JUNE - 2025

Sl No	Date	Sec	Topic covered	Duration	In	out	Sign
1.	04/06/2025	B	Data structures	1 hour	10:30	11:30	
2	06/06/2025	B	If statements	1 hour	2:30	3:30	
3.	09/6/25	A	Logical operations	1 hour	9:00	10:00	
4.	09/6/25	C	Data structures, functions	2 hour	2:30	4:30	
5.	11/6/25	B	Factorial, writing/ Reading	1 hour	10:30	11:30	
6.	13/6/25	B	Revision	1 hour	12:40	1:40	
7.	16/6/25	A	Crisp DM - theory	1 hour	9:00	10:00	
8.	16/6/25	B	Outliers, Descriptive Stats	2 hour	10:30	12:40	
9.	16/6/25	C	Theory	2 hour	2:30	4:30	
10.	23/6/25	A	Revision	1 hour	9:00	10:00	
11.	23/6/25	B	Descriptive Stats & Correlation	2 hour	10:30	12:30	
12.	23/6/25	C	Dataframe, Dictionary	2 hour	2:30	4:30	
13.	25/6/25	B	Graphs.	1 hour	10:30	11:30	

18 hrs

Total number of Session (per session 2 hrs) - 9 sessions

Co-ordinator name & : Prof - Reddy

Sign : N N Sy

IT Skills

Chaitra. M.S - P18FW23M015168

June - 2025

11

Sl.No	Date	Sec	Topic covered	Duration	In	out	Sign
1.	04/06/2025	B	Data structures	1 hour	10:30	11:30	
2.	09/06/2025	A	Logical operations	1 hour	9:00	10:00	
3	09/06/2025	C	Data structures functions	2 hour	2:30	4:30	
4	11/6/2025	B	Factorial / Read & Write file	1 hr	10:30	11:30	
5	13/6/2025	B	Revision	1 hr	12:40	1:40	
6.	16/6/2025	A	Cnsp DM - theory	1 hr	9:00	10:00	
7	16/6/2025	B	Outliers, data cleaning, Descriptive	2 hr	10:30	12:40	
8.	16/6/2025	C	Theory	2 hr	2:30	4:30	
9.	25/6/2025	B	Graphs	1 hr	10:30	11:30	

Total number of ~~Hours~~ Session (Per session 2hrs) - 06 sessions

Coordinator name: Prof. Reddy

Sign:

I T - Skills

HARSHAD NARAYANA M.S - P18FW23M0150

12 JUNE - 2025

Sl No	Date	Sec	Topic covered	Duration	En	
1	04/06/25	A	Pytho theory	2h	10.30	1
2	04/06/25	C	Date structure	2hrs	2.30	
3	05/06/25	A	Python Intelligution	2hrs	2.30	
4	06/06/25	C	libriary, def function	1hr	2.30	
5	12/06/25	A	Python Basics	2hrs	2.30	
6	18/06/25	C	Slicing & dicing	2hrs	2.30	
7	18/06/25	A	Python theory	2hrs	10:30	
8	25/06/25	A	14 escercise revision	2h	10.30	
			Total number of session [per Session - 2 hrs] -			
			Co-ordinator Name: Prof. Nagasubba			
			Sign NNRaj			
9	25/06/25	C	Descriptive stats	2h	2.30	

17 hrs

IT - Skills

YASHWANTH GOWDA B.A - P18FW23M015163

June - 2025

13

S/No	Date	Sec	Topic covered	Duration	In	out	Sign
1	04/06/25	A	Python theory	2 hrs	10:30	12:30	[signature]
2	04/06/25	C	Data Structures.	2 hrs	2:30	4:30	[signature]
3	05/06/25	A	Python Intilization.	2 hrs.	2:30	4:30	[signature]
4	06/06/25	C	Library def function.	1 hrs	2:30	3:30	[signature]
5	12/06/25	A	Python Basics	2 hrs	2:30	4:30	[signature]
6.	25/06/25	A	14 exercise revision.	2 hrs	2:30	4:30	[signature]

Total number of session (Per session 2 hrs] 5 1/2 sessions

Co-ordinator Name : Prof. Reddy.

Sign: [signature]

Monthly Summary - June - 2025

S/No	Visiting faculty name	Duration	Co-ordinator Name	Signature
1.	Mr. Mathias. SA	19 days	Ms. Anupama S.M	[signature]
2.	Ms. Lalitha	21 days	Mr. Mithun. DJ	[signature]
3.	Mr. Manjunatha. L	10 Sessions	Prof. Ankita Shrivastva	[signature]
4.	Mr. Manjunath. N	10 Sessions	Prof. Ankita Shrivastva	[signature]
5.	Mr. Hrithik. N	10 Sessions	Prof. Ankita Shrivastva	[signature]
6.	Ms. C. Bhargavi	9 Sessions	Prof. Ankita	[signature]
7.	Mr. Harshith. G	10 Sessions	Prof. Ankita	[signature]
8.	Ms. Shilpa. R	10 Sessions	Prof. Ankita	[signature]
13	Mr. Yashwanth Gowda. BA	5 1/2 sessions (5 1/2)	Prof. Reddy	[signature]
9.	Dr. Deepika Rawal	20 hrs -	Prof. Ankita	[signature]
10.	Ms. Rakshitha. P	9 sessions	Prof. Reddy	[signature]
11.	Ms. Chaitra. M.S	06 sessions	Prof. Reddy	[signature]
12.	Mr. Harshad Narayana. Ms.	8 1/2 sessions	Prof. Reddy.	

Signature of Direct

Health & Wellness July 2025 Shilpa.R. 17

Sl.No	Date	Sec	Topic covered	Duration	In	out	Sign
1.	26/6/25	B.	Yoga demonstration.	2hrs	7:30	9:30	
2.	27/6/25	C.	Yoga demonstration	2hrs	7:30	9:30	
3	2/7/25	B	Yoga demonstrat	2hrs	7:30	9:30	
4.	3/7/25	C	Yoga demonstrat	2hrs	7:30	9:30	
5.	8/7/25	A	Yoga demonstration	2hrs	7:30	9:30	
6	9/7/25	B	Yoga demonstration	2hrs	7:30	9:30	
7	10/7/25	C	Yoga demonstration	2hrs	7:30	9:30	
8.	15/7/25	A	Computation.	2hrs	7:30	9:30	

Total number of Session - 8 session

Co-ordinator name & Sign: Dr. Kokila Kulkarni

C. Bhaagari

Health & wellness

Sl.No	Date	Sec	Topic covered	Duration	In	out	Sign
1)	26/6/25	B	Yoga Demonstrati	2hrs	7:30	9:30	C. Bhaagari
2)	27/6/25	C	Yoga Demonstrati	2hrs	7:30	9:30	C. Bhaagari
3)	8/07/25	A	Yoga demonstrati	2hrs	7:30	9:30	C. Bhaagari

Total number of Session - 8 session

Co-ordinator name & Sign: Dr. Kokila Kulkarni

18 July-2025 Health & wellness

Harithik N

Sl No	Date	Sec	Topic covered	Duration	In	out	Sign
1)	26/6/25	B	Yoga GD	2hrs	7:30	9:30	
2)	27/6/25	C	Yoga GD	2hrs	7:30	9:30	
3)	01/7/25	A	Yoga GD	2hrs	7:30	9:30	
4)	02/7/25	B	Yoga GD	2hrs	7:30	9:30	
5)	03/7/25	C	Yoga GD	2hrs	7:30	9:30	
6)	08/7/25	A	Yoga GD	2hrs	7:30	9:30	
7)	09/7/25	B	Yoga GD	2hrs	7:30	9:30	
8)	10/7/25	C	Yoga GD	2hrs	7:30	9:30	
9)	15/7/25	A	Yoga GD (Challenge)	2hrs	7:30	9:30	
10)	16/7/25	B	Yoga GD (Challenge)	2hrs	7:30	9:30	
11)	17/7/25	C	Yoga GD (Challenge)	2hrs	7:30	9:30	
12)	18/7/25	Combined	Yoga Finals	2hrs	8:00	10:30	
13)	22/7/25	A	Yoga GD	2hrs	7:30	9:30	
14)	23/7/25	B	Yoga GD	2hrs	7:30	9:30	
15)	24/7/25	C	Yoga GD	2hrs	7:30	9:30	

Total number of session - 15

Health & wellness co-ordinator name & sign - Harshith.G

Sl No	Date	Sec	Topic covered	Duration	In	out	Sign
1)	26/6/25	B	Yoga GD	2hrs	7:30	9:30	
2)	27/6/25	C	Yoga GD	2hrs	7:30	9:30	
3)	3/7/25	C	Yoga GD	2hrs	7:30	9:30	
4)	8/7/25	A	Yoga GD	2hrs	7:30	9:30	
5)	9/7/25	B	Yoga GD	2hrs	7:30	9:30	
6)	10/7/25	C	Yoga GD	2hrs	7:30	9:30	
7)	15/7/25	A	Yoga challenge	2hrs	7:30	9:30	
8)	16/7/25	B	Yoga challenge	2hrs	7:30	9:30	
9)	17/7/25	C	Yoga challenge	2hrs	7:30	9:30	
10)	18/7/25	combine	yoga finals	2hrs	7:30	9:30	
11)	22/7/25	A	Yoga GD	2hrs	7:30	9:30	
12)	23/7/25	B	Yoga GD	2hrs	7:30	9:30	
13)	24/7/25	C	Yoga GD	2hrs	7:30	9:30	

Total number of Session - 13 Session

GOWDA B.A
P18FW23MO15163

IT Skills

July-2025

Sl No	Date	Sec	Topic Covered	Duration	Time In	Time Out	Sign
1.	26/06/2025	A	Tablvea. Intro.	2hrs	2:30	4:30	
2.	27/06/2025	C	Python, data loding, Pandas	1 hrs	2:30	3:30	
3.	11/07/2025	C	Python, If statement	1 hrs	2:30	3:30	
4.	24/07/2025	A	Tableau charts	2hrs	2:30	4:30	

Total number of session (2 hrs = 1 session) - 03 Morning

Co-ordinator name & : Prof. NNS Reddy

Sign : NNSReddy

HARSHAD NARAYANA M.S
P18FW23MO15038

IT Skills

Sl No	Date	Sec	Topic Covered	Duration	In	out	Sign
1	26/06/25	A	Tableau Intro	2 hr	2.30	4.30	
2	27/06/25	C	data loading, Pandas	1 hr	2.30	3.30	
3	09/7/25	C	linear regression	2 hr	2.30	4.30	
4	11/7/25	C	Python if statement	1 hr	2.30	3.30	
5	17/7/25	A	Def function, If stati	1 hr	2.30	3.30	
6	23/7/25	C	Tableau	2 hr	2.30	4.30	
7	23/7/25	A	Tableau	2 hr	10.30	12.30	
8	24/7/25	A	Tableau charts	2 hr	2.30	4.30	

Total number of session (2 hrs = 1 session) - 07 6½ Morn

Co-ordinator name & : NNS Reddy.

Sign : NNSReddy

IT SKILLS

July

RAKSHITHA.P. PI8FW23M015103 21

Sl No	Date	Sec	Topic covered	Duration	Time In	Time out	Sign.
01.	27/6/25	B	Linear & Multiple Regression	~~2 hours~~ 1 hours	12:40	1:40	
0.2	27/6/25	B	Linear & Multiple Regression	1 hour	2:30	3:30	
03.	14/7/25	B	Introduction of Tableau	2 hours	10:30	12:30	
04.	18/7/25	B	Tableau	2 hours	12:40	3:30	
05.	21/7/25	B	Tableau	2 hours	10:30	12:30	
06.	21/7/25	C	Tableau	2 hours	2:30	4:30	
07.	25/7/25	B	Tableau - Heirarchy	1 hour	10:30	11:30	

Total number of Session (1 session - 2 hrs) - 5 1/2

Co-ordinator name - Prof. NNS Reddy.

Sign : N N Reddy

P18FW23M0[illegible] Harshith. G 29

August - 2025

S/No	Date	Sec	Topic covered	Duration	Time In	Time out	Sign
1	12/8/25	A	Yoga class	2hrs	7:30	9:30	Harshith
2	13/8/25	B	Yoga class	2hrs	7:30	9:30	Harshith
3	14/8/25	C	Yoga class	2hrs	7:30	9:30	Harshith
4	19/8/25	A	Yoga GD.	2hrs	7:30	9:30	Harshith
5	20/8/25	B	Yoga GD	2hrs	7:30	9:30	Harshith
6.	21/8/25	C	Yoga GD	2hrs	7:30	9:30	Harshith
7	24/8/25	A	Yoga GD	2hrs	7:30	9:30	Harshith
8.	25/8/25	B	Yoga GD	2hrs	7:30	9:30	Harshith

Total number of Sessions:- 8

Co-ordinator Sign: Ankit

Name: Prof. Ankita

8 sessions of 2hrs each

P18FW23M015043 ~~Rush~~ Hritwie. N

S/No	Date	Sec	Topic covered	Duration	Time In	Time out	Sign
1	12/8/25	A	YogaGD (raise)	2hrs	7:30	9:30	[signature]
2	13/8/25	B	YogaGD (raise)	2hrs	7:30	9:30	[signature]
3	14/8/25	C	YogaGD (raise)	2hrs	7:30	9:30	[signature]
4	19/8/25	A	YogaGD	2hrs	7:30	9:30	[signature]
5	20/8/25	B	YogaGD	2hrs	7:30	9:30	[signature]
6	21/8/25	C	YogaGD	2hrs	7:30	9:30	[signature]
7	24/8/25	A	YogaGD	2hrs	7:30	9:30	[signature]

Total number of Sessions - 7

Co-ordinator :- Ankit

Name : Ankita

7 sessions

Health & wellness

November 2025

40 Ms. Varsha. V. S PI8FW24MO1S117

S.No	Date	Sec	Topic covered	Duration	Time In	Time out	Sign
1	4/11/25	A	Introduction	2hrs	7:30	9:30	V
2	6/11/25	C	- " -	2hrs	7:30	9:30	V
3	7/11/25	B	- " -	2hrs	7:30	9:30	V
4	11/11/25	A	Astanga Yoga	2hrs	7:30	9:30	V
5.	12/11/25	B	- " -	2hrs	7:30	9:30	V
6.	13/11/25	C	- " -	2hrs	7:30	9:30	V
7.	18/11/25	A	P. K Dance	2hrs	7:30	9:30	V
8.	19/11/25	B	- " -	2hrs	7:30	9:30	V
9	20/11/25	C	- " -	2hrs	7:30	9:30	V
10.	25/11/25	A	standing Asanas	2hrs	7:30	9:30	V

Total number of session : 10

Co-ordinator name & Sign : Varsha. V.S

~~11 26/11/25 B standing Asanas 2hrs 7:30 9:30~~

Ms. Aishwaeya. PI8FW24MO1S007

S.No	Date	Sec	Topic Covered	Duration	Time In	Time out	Sign
1	4/11/25	A	Introduction	2hr	7:30	9:30	
2	6/11/25	C	"	2hr	7:30	9:30	
3	7/11/25	B	"	2hr	7:30	9:30	
4	11/11/25	A	Astanga Yoga	2hr	7:30	9:30	
5	12/11/25	B	"	2hr	7:30	9:30	
6	13/11/25	C	"	2hr	7:30	9:30	
7	18/11/25	A	PK dance	2hr	7:30	9:30	
8	19/11/25	B	"	2hr	7:30	9:30	
9	20/11/25	C	"	2hr	7:30	9:30	
10	25/11/25	A	Standing Asana	2hr	7:30	9:30	

Total number of session : 10

Co-ordinator name & Sign : Aishwarya

[Dr] Kokila Kulkarni

Mr. Suhruth P18FW24M015109

Health & wellness

Sl No	Date	Sec	Topic covered	Duration	In	out	Sign
1	4/11/25	A	Introduction	2 hrs	7:30	9:30	[signature]
2	6/11/25	C	"	2 hrs	7:30	9:30	[signature]
3	7/11/25	B	"	2 hrs	7:30	9:30	[signature]
4	11/11/25	A	Ashtanga Yoga	2 hrs	7:30	9:30	[signature]
5	12/11/25	B	"	2 hrs	7:30	9:30	[signature]
6	13/11/25	C	"	2 hrs	7:30	9:30	[signature]
7	18/11/25	A	PK Dance	2 hrs	7:30	9:30	[signature]
8	19/11/25	B	"	2 hrs	7:30	9:30	[signature]
9	20/11/25	C	"	2 hrs	7:30	9:30	[signature]
10	25/11/25	A	Standing Asanas	2 hrs	7:30	9:30	[signature]
~~11~~	~~26/11/25~~	B	"	"	"	"	[signature]

10 recieved

Total number of Session : 10

Co-ordinator name & [Dr] - Kokila Kulkarni

Sign: SUHRUTH.R

[signature]

Health & wellness Mr. Punith P18FW24M015156

Sl No	Date	Sec	Topic covered	Duration	In	out	Sign
1	4/11/25	A	Introduction	2 hrs	7:30	9:30	Punith.R
2	6/11/25	C	"	2 hrs	7:30	9:30	Punith.R
3	7/11/25	B	"	2 hrs	7:30	9:30	Punith.R
4	11/11/25	A	Astanga Yoga.	2 hrs	7:30	9:30	Punith.R
5	12/11/25	B	"	2 hrs	7:30	9:30	Punith.R
6	13/11/25	C	"	2 hrs	7:30	9:30	Punith.R
7	18/11/25	A	PK dance	2 hrs	7:30	9:30	Punith.R
8	19/11/25	B	"	2 hrs	7:30	9:30	Punith.R
9	20/11/25	C	"	2 hrs	7:30	9:30	Punith.R
10	25/11/25	A	Standing asana	2 hrs	7:30	9:30	Punith.R

Total ~~no~~ number of Session = 10 (10)

Co-ordinator name & Sign : = PUNITH R

Punith.R

10 recieved

[signature]

Health & wellness

December - 2025

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Ms. Varsha · VS · Ms. Varsha P18FW24M015117

Sl	Date	Sec	Topic covered	Duration	Time In	Time out	Sign
1	26/11/25	B	standing Asanas	2hr 7:30	9:30		V
2	27/11/25	C	— " —	2hr 7:30	9:30		V
3.	2/12/25	A	meditation theory cls	2hr 7:30	9:30		V
4.	9/12/25	A	sitting Asanas	2hrs 7:30	9:30		V
5	10/12/25	B	sitting Asanas	2hrs 7:30	9:30		V
6.	11/12/25	C	sitting Asanas	2hrs	7:30	9:30	V
7.	16/12/25	A	standing Asanas.	2hrs	7:30	9:30	V
8.	17/12/25	B	— " —	2hrs	7:30	9:30	V
9	22/12/25	C	sitting & standing	2hrs	7:30	9:30	V
10.	24/12/25	B	— " —	2hrs	7:30	9:30	V

Total number of Session - 10 (10)

co-ordinator name & (Dr) Kokila Kulkarni

Sign

December Ms. Aishwarya P18FW24M015007

Sl	Date	Sec	Topic covered	Duration	In	out	Sign
1	26/12/25	B	Standing Asanas	2hr ~~7:30~~	7:30	9:30	[signature]
2	27/12/25	C	standing Asanas	2hr	7:30	9:30	[signature]
3	03/12/25	B	Meditation theory	2hr	7:30	9:30	[signature]
4	09/12/25	A	Sitting Asanas	2hr	7:30	9:30	[signature]
5	10/12/25	B	Sitting Asanas	2hr	7:30	9:30	[signature]
6	11/12/25	C	Sitting Asanas	2hr	7:30	9:30	[signature]
7	22/12/25	C	Sitting & standing	2hr	7:30	9:30	[signature]
8	23/12/25	A	Sitting & standing	2hr	7:30	9:30	[signature]
9	24/12/25	B	Sitting & standing	2hr	7:30	9:30	[signature]

Total number of session - (9)

co-ordinator name & (Dr) Kokila Kulkarni

Sign - (9)

9 session

Health & wellness

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December - 2025

Mr. Punith P13FW24M015

Sl No	Date	Sec	Topic covered	Duration	Time In	Time out
1	26/11/25	B	Standing Asana	2 hrs	7:30	9:30
2	27/11/25	C	"	2 hrs	7:30	9:30
3	2/12/25	A	Gunas	2 hrs	7:30	9:30
4	9/12/25	A	Sitting Asana	2 hrs	7:30	9:30
5	10/12/25	B	Sitting Asana	2 hrs	7:30	9:30
6	11/12/25	C	"	2 hrs	7:30	9:30
7	16/12/25	A	Extra Standing Asana	2 hrs	7:30	9:30
8	17/12/25	B	"	2 hrs	7:30	9:30
9	22/12/25	C	"	2 hrs	7:30	9:30
10	23/12/25	A	Sitting asanas	2 hrs	7:30	9:30
11	24/12/25	B	"	2 hrs	7:30	9:30

Total number of Session - 11

Co-ordinator name & (Dr). Kokila Kulkar

Sign

Health & wellness Ms. KAVYA Ms. Kavya P13FW24M0

Sl No	Date	Sec	Topic covered	Duration	In	Out
1	26/11/25	B	standing Asana	2 hrs	7:30	9:30
2	27/11/25	C	"	2 hrs	7:30	9:30
3	4/12/25	C	Gunas	2 hrs	7:30	9:30
4	9/12/25	A	sitting asanas	2 hrs	7:30	9:30
5	10/12/25	B	"	2 hrs	7:30	9:30
6	16/12/25	A	standing asana	2 hrs	7:30	9:30
7	17/12/25	B	"	2 hrs	7:30	9:30
8	22/12/25	C	sitting & standing	2 hrs	7:30	9:30
9	23/12/25	A	sitting & standing	2 hrs	7:30	9:30
10	24/12/25	B	"	2 hrs	7:30	9:30

Total number of session: 10

December 2025 — Health & Wellness

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Ms. Gorvathi — P18FW24M015036

SINO	Date	Sec	Topic covered	Duration	In	out	Sign
1	26/11/25	B	Standing asana	2hrs	7:30	9:30	
2	27/11/25	C	"	2hrs	7:30	9:30	
3	[4/11/25]	C	Gunas	2hrs	7:30	9:30	
4	9/12/25	A	Sitting asana	2hrs	7:30	9:30	
5	10/12/25	B	"	2hrs	7:30	9:30	
6	11/12/25	C	"	2hrs	7:30	9:30	
7	16/12/25	A	Standing asana	2hrs	7:30	9:30	
8	17/12/25	B	"	2hrs	7:30	9:30	
9	23/12/25	A	Sitting & Standing	2hrs	7:30	9:30	
10	24/12/25	B	Sitting & Standing	2hrs	7:30	9:30	

Total number of session - (10)

Co-ordinator name & (Dr). Kokila Kulkarni

Sign

Mr. Subaruth — P18FW24M015109

SINO	Date	Sec	Topic covered	Duration	In	out	Sign
1	26/11/25	B	standing Asana	2 hr	7:30	9:30	
2	27/11/25	C	"	2 hr	7:30	9:30	
3	3/12/25	B	Meditation Theory	2 hr	7:30	9:30	

Total number of session - (3)

Co-ordinator name & Sign : (Dr). Kokila Kulkarni

Ms. Varsha. VS P18FW24M015117

SINo	Date	Sec	Topic covered	Duration	In	out	Sign
1.	30/12/2025	A	work shop	2hrs	7:30	9:30	
2.	6/1/2026	A	sitting	2hrs	7:30	9:30	
3	7/1/2026	B	— " —	2hrs	7:30	9:30	
4.	8/1/26	C	— " —	2hrs	7:30	9:30	
5	20/1/26	A	Spine Asanas	2hrs	7:30	9:30	
6	21/1/26	B	Spine Asanas	2hrs	7:30	9:30	
7	22/1/26	C	Spine Asanas	2hrs	7:30	9:30	
8.	27/1/26	A	Surya namaskar challenge	2hrs	7:30	9:30	

Total numbers of Session ~~(per session 2hrs)~~ - 7

Co-ordinator name : (Dr.) Kokila Kulkarni

" " Sign :

Ms. Aishwarya P18FW24M015007

SINo	Date	Se	Topic covered	Duration	In	out	Sign
1	30/12/2025	A	Work Shop	2hrs	7:30	9:30	
2	2/01/2026	C	work Shop	2hrs	7:30	9:30	
3	6/01/2026	A	Sitting Asanas	2hrs	7:30	9:30	
4	7/01/2026	B	Sitting Asanas	2hrs	7:30	9:30	
5	8/01/2026	C	Sitting Asanas	2hrs	7:30	9:30	
6	20/1/26	A	Supine Asanas	2hrs	7:30	9:30	
7	21/1/26	B	Supine Asanas	2hrs	7:30	9:30	
8	22/1/26	C	Supine Asanas	2hrs	7:30	9:30	

Total number of Session : 08

Co-ordinator name : (Dr.) Kokila Kulkarni

" Sign :

PIBFW24M015156 Ms Punith Health & wellness

SINO	Date	Sec	Topic covered	Duration	In	out	Sign
1	2/1/26	'C'	Human Anatomy	2hr	7:30	9:00	Punith.R
2	6/1/26	'A'	Sitting Asanas	2 hr	7:30	9:30	Punith.R
3	7/1/26	'B'	"	2 hr	7:30	9:30	Punith.R
~~4~~	~~8/1/26~~	~~'C'~~	~~"~~	~~2 hr~~	~~7:30~~	~~9:30~~	
4	8/1/26	'C'	"	2 hr	7:30	9:30	Punith.R
5	20/1/26	'A'	Spine Asana	2 hr	7:30	9:30	Punith.R
6	21/1/26	'B'	"	2 hr	7:30	9:30	Punith.R
7	22/1/26	'C'	"	2 hr	7:30	9:30	Punith.R

Total number of session :- 07
Co-ordinator name : (Dr) Kokila Kulkarni
" Sign :

PIBFW24M015047 Ms. Kavya Health & wellness.

SINO	Date	Sec	Topic Covered	Duration	In	out	Sign
1	31/12/25	B	Human Anatomy	2 hrs	7:30	9:30	
2	6/1/26	A	sitting asana	2hrs	7:30	9:30	
3	7/01/26	B	—"—	2hrs	7:30	9:30	
4	8/01/26	C	—"—	2hrs	7:30	9:30	
5	20/1/26	A	Supine Asana	2hrs	7:30	9:30	
6	21/1/26	B	—"—	2hrs	7:30	9:30	
7	22/1/26	C	—"—	2hrs	7:30	9:30	
8	27/1/26	A	challenges	2hrs	9:30	9:30	

Total number of session: 07
Co-ordinator name : (Dr) Kokila Kulkarni
" Sign :

January 2026

IT Skills

58

Ms. Rakshitha. R. M

SI No	Date	Sec	Topic covered	Duration	In Time	out	Sign
1	26/12/25	B	Conditional formatting	1:30 hr	3:30	5	Rakshi
2	5/01/26	B	Excel.	2:00hr	3:25	5:30	Raksh.
3	6/01/26	C	Excel	2:00hr	3:30	5:40	Raksh.
4.	7/01/26	A	Excel	1:00hr	3:35	4:35	Raksh
5	19/01/26	B	macros, VBA	2:00hr	3:30	5:30	Raksh.

Total number of session (Per session 2 hrs] = 04

= 04

Co-ordinator name: N. Nagasubba Reddy

" Sign: N Nagasubba Reddy

Ms. Jansi Vasalakshmi. R IT Skills.

SI No	Date	Sec	Topic Covered	Duration	In	out	Sign
1	5.01.26	B	Excel pivot table	2 hours	3:30	5:30	Jansi

Total number of session (Per session 2 hrs] = 01

=

Co-ordinator name: N. Nagasubba Reddy

" Sign: N Nagasubba Reddy

01

Health & Wellness

February - 2026

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Ms. Varsha P18FW24M015117

S/No	Date	Sec	Topic Covered	Duration	In	Out	Sign.
1	27/1/25	A	Surya Namaskar challenge	2hr	7:30	9:30	
2	28/1/25	B	— " —	2hr	7:30	9:30	
3	29/1/25	C	— " —	2hr	7:30	9:30	
4.	4/2/26	B	Supine	2hr	7:30	9:30	
5.	5/2/26	C	— " —	2hr	7:30	9:30	
6	11/2/26	A.B.C	Yogo. challenge	2hr	7:30	10:30	
7.	17/2/26	A	Pranayama	2hr	7:30	9:30	
8	18/2/26	B	Pranayama	2hr	7:30	9:30	
9	19/2/26	C	Pranayama	2hr	7:30	9:30	

Total number of Session: 9

Co-ordinator Name & Sign

Total number of session : 9

Co-ordinator Name & Sign

Health & wellness — Ms. Aishwarya . P18FW24M015007

Sl No	Date	Sec	Topic covered	Duration	In	out	Sign
1	27/1/26	A	Surya Nam Challenge	2hr	7:30	9:30	
2	28/1/26	B	" " challenge	2hr	7:30	9:30	
3	29/1/26	C	" " challenge	2hr	7:30	9:30	
4	4/2/26	B	Supine & Prone Asana	2hr	9:30	9:30	
5	5/2/26	C	Supine & Prone Asana	2hr	7:30	9:30	
6	11/2/26	A.B.C	Yoga challeng	2hr	7:30	10:30	
7	17/2/26	A	Prone, lateral pranayama	2hr	7:30	9:30	
8	18/2/26	B	"	2hr	7:30	9:30	
9	19/2/26	C		2hr	7:30	9:30	

Total number of session : 9

Co-ordinator Name & Sign

23

64 February-2026

Mr. Punith PIBFW24MO1S156

Sl No	Date	Sec	Topic covered	Duration	In	out	Sign
1	27/1/26	A	challenge	2 hrs	7:30	9:30	Punith.R
2	28/1/26	B	"	2 hrs	"	"	Punith.R
3	29/1/26	C	"	2 hrs	"	"	Punith.R
4	4/2/26	B	Spine & Prone	2 hrs	"	"	Punith.R
5	5/2/26	C	"	2 hrs	"	"	Punith.R
6	11/2/26	A,B,C	Yoga Challenge	2 hrs	7:30	10:30	Punith.R
7	17/2/26	A	Prone, Lateral, Pranayama	2 hrs	7:30	9:30	Punith.R
8	18/2/26	B	"	2 hrs	7:30	9:30	Punith.R
9	19/2/26	C	"	2 hrs	7:30	9:30	Punith.R

Total number of Session - 9

Co-ordinator name & Sign

Health & wellness Ms. Kavya PIBFW24MO1SOUT

Sl No	Date	sec	Topic covered	Duration	In	out	Sign
1	27/1/26	A	challenge	2hrs	7:30	9:30	
2.	28/1/26	B	challenge	2hrs	7:30	9:30	
3	29/1/26	C	"	2hrs	7:30	9:30	
4	4/2/26	B	Supine	2hrs	7:30	9:30	
5	5/2/26	C	"	2hrs	7:30	9:30	
6.	11/2/26	A.B.C	Yoga challenge	2hrs	7:30	9:30	
7.	17/2/26	A	Pranayama	2hrs	7:30	9:30	
8	18/2/26	B	"	2hrs	7:30	9:30	
9.	19/2/26	C	"	2hrs	7:30	9:30	

Total number of Session - 9

Co-ordinator name & Sign:

Health & wellness

February-2026

Ms. Gomathi

65

P18FW24M015036

Sign	S.No	Date	Sec	Topic covered	Duration	In	out	Sign
...ith.R	1	27/1/26	A	Challenge	2 hrs	7:30	9:30	[signature]
...ith.R	2	28/1/26	B	"	2 hrs	7:30	9:30	[signature]
...ith.R	3	29/1/26	C	"	2 hrs	7:30	9:30	[signature]
...ith.R	4	4/2/26	B	Spine, Prone	2 hrs	7:30	9:30	[signature]
...ith.R	5	5/2/26	C	Spine, Prone	2 hrs	7:30	9:30	[signature]
...ith.R	6	11/2/26	A,B,C	Yoga challenge	2 hrs	7:30	10:30	[signature]
...ith.R	7	17/2/26	A	Prone, Pranayam	2 hrs	7:30	9:30	[signature]
...th.R	8	18/2/26	B	"	2 hrs	7:30	9:30	[signature]
...th.R	9	19/2/26	C	"	2 hrs	7:30	9:30	[signature]

Total number of session 9

Co-ordinator name & Sign [signature]

Health & wellness

Mr. Subruth

P18FW24M015019

S.No	Date	Sec	Topic covered	Duration	In	out	Sign
1	27/1/26	A	Challenge	2 hrs	7:30	9:30	[signature]
2	28/1/26	B	"	2 hrs	7:30	9:30	[signature]
3	29/1/26	C	"	2 hrs	7:30	9:30	[signature]
4.	04/2/26	B	supine + prone asanas	2 hrs	7:30	9:30	[signature]
5	05/2/26	C	—"—	2 hrs	7:30	9:30	[signature]
6.	11/2/26	A,B,C	Yog Challenge	2 hrs	7:30	9:30	[signature]
7.	17/2/26	A	Prone Asanas	2 hrs	7:30	9:30	[signature]
8.	18/2/26	B	—"—	2 hrs	7:30	9:30	[signature]
9.	19/2/26	C	—"—	2 hrs	7:30	9:30	[signature]

Total number of session 9

Co-ordinator name & Sign. [signature]